

April Top 5 Titles

April Theme: E-Books

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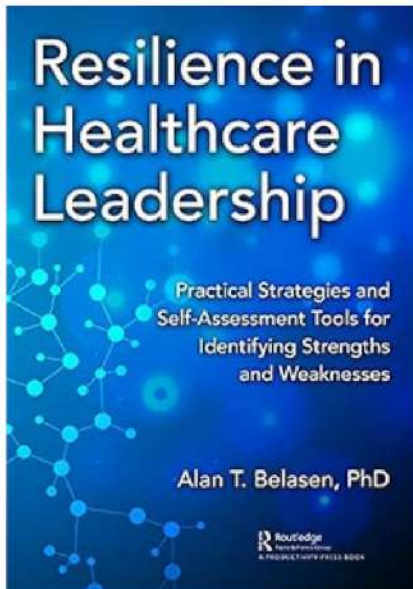
***Drugs in Palliative Care* (3rd ed.)**

OUP Core Collection

Prescribing in palliative care can be extremely complex because the patient may often have comorbidity. The associated polypharmacy further complicates the pharmacological management of symptoms being caused by the palliative condition. Fully revised and updated, this title will appeal to a variety of healthcare professionals involved in the provision of palliative care and medicines information.



April Top 5 Titles



Resilience in Healthcare Leadership: Practical Strategies and Self-Assessment Tools for Identifying Strengths and Weaknesses

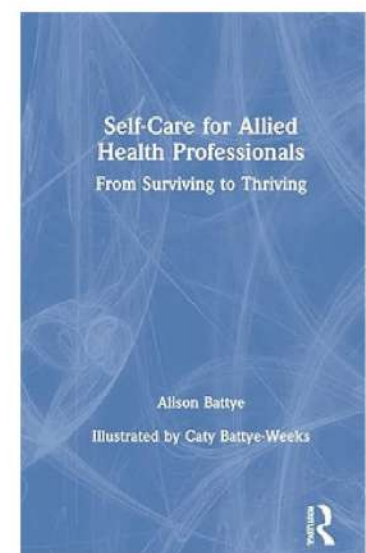
Kortext

Resilient leaders balance logic and emotion, ego, and humility in order to lead through compassionate empathy by focusing on the 'how', not only the 'what'. They use their influence to drive positive change and create an equitable community. This book draws on credible academic sources and governmental and industry data and offers hands-on strategies for building a culture of trust, fostering teamwork, promoting interprofessional cooperation to improve patient outcomes. The book features self-assessment tools for identifying personal strengths and weaknesses, and for distinguishing leadership roles and traits that are associated with resilient leaders and adaptive cultures.

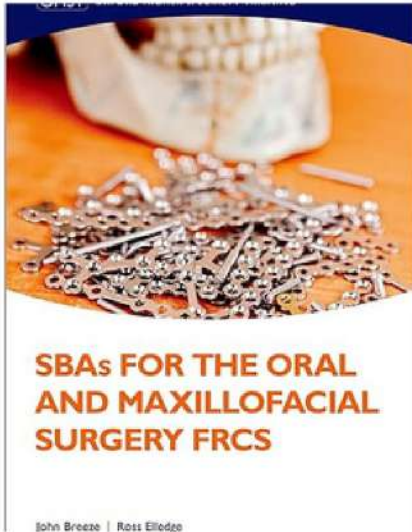
Self-Care for Allied Health Professionals: from Surviving to Thriving

Kortext

This easy-to-read volume brings together allied health professionals' proven self-care strategies. Covering topics such as sleep and food, resilience and meditation, stress, conflict and adversity, the book offers quick response strategies, practices of meditation and mindfulness, and other self-care considerations in the context of pandemics.



April Top 5 Titles



SBAs for the Oral and Maxillofacial Surgery FRCS

OUP Core Collection

The examination leading to the awarding of the specialty Fellowship of the Royal College of Surgeons in Oral & Maxillofacial Surgery comprises two single best answers (SBAs) tests. This book encompasses the entire syllabus, as well as pertinent subjects that are generally not covered in other FRCS revision books, such as ethics, consent, and negligence. This book is also of interest to clinicians in related specialties, such as dermatology, oral surgery, ENT, and plastic surgery.

Oxford Handbook of Sleep Medicine

OUP Core Collection

Sleep medicine is encountered in almost every field of medicine, from general practice to psychiatry, neurology, general medicine and surgical specialties. Despite this, clinical training in sleep medicine is lacking in many programmes. This book provides a comprehensive and practical guide to clinicians of all backgrounds for the diagnosis and treatment of sleep disorders, and their relevance to their own clinical field. It will be useful for those seeking guidance in their day-to-day practice, but will also be helpful for those seeking a starting point for specialist training in clinical sleep medicine.

