

# **RUCKSACK EVENT FOR THE UKRAINIAN COMMUNITY ON THE ISLE OF MAN**

**(WITH DI REDMOND, WRITER  
OF BOB THE BUILDER AND  
FIREMAN SAM, AND 3  
RENOWNED UKRAINIAN  
PSYCHOLOGISTS SPECIALISED  
IN WAR AND CHILDHOOD  
TRAUMA)**

**Sunday 30th April, 3-4pm**

**Promenade Methodist  
Chuch, Douglas, IM1 2LY**

**We invite children aged 5 - 10 with their  
parents to read and discuss the  
Rucksack book. Each participant  
receives a book as a gift.**

**Event program: book reading with the  
author and illustrator. The children's book  
is accompanied by a booklet with  
exercises and advice for parents.**

**For parents: a session with psychologists  
specialising in children and war trauma.  
Q&A with experts from Children and War  
UK, alongside the Rucksack team.**



**@therucksackproject**



**www.rucksackproject.co.uk**

