

## **IN THE KNOW: Keeping Staff Informed**

**Volume 18 (4) January 2023**

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## **IN THE SPOTLIGHT**

[Associations between trajectories of obesity prevalence in English primary school children and the UK soft drinks industry levy: An interrupted time series analysis of surveillance data](#)

[Association between healthy lifestyle and memory decline in older adults: 10 year, population based, prospective cohort study](#)

## **STAFF HEALTH & WELLBEING**

[The relationship between chronotype, dispositional mindfulness and suicidal ideation among medical students: mediating role of anxiety, insomnia and social dysfunction](#)

[Office of Cyber-Security: Don't be embarrassed to report cyber attacks](#)

[Effects of Wearable Fitness Trackers and Activity Adequacy Mindsets on Affect, Behavior, and Health: Longitudinal Randomized Controlled Trial](#)

[Do you actually need to shower every day?](#)

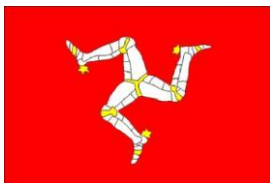
## **Useful links**

[\*\*Patient.co.uk\*\*](#)

[\*\*NHS Website\*\*](#)

[\*\*Mental Health Foundation\*\*](#)

[\*\*World Health Organisation\*\*](#)



## **MANX SKEET**

[Health Minister assures local GP practices are 'safe'](#)

[Manx dentist warns against clear braces ordered online](#)

[Issues with hygiene and cleanliness will be 'prioritised' at GP surgeries](#)

[Hospice at Home celebrates 25 years](#)

[Manx charity raises funds to get children treated earlier](#)

[Search begins for new Director of Public Health](#)

[Figure highlights why suicide prevention strategy needed, says MHK](#)

["There's a lot of hope", says Anti-Cancer Association](#)

[Less than 40% of clinically vulnerable Manx residents receive Covid booster](#)

[More IoM residents could consider statins, says Manx Care director](#)

[Work ongoing to develop wheelchair-adapted tram on Snaefell Mountain Railway](#)

[People using someone else's Blue Badge 'a daily occurrence', says disabled resident](#)

[Clampdown on parking violations at Noble's Hospital](#)

## HOT OFF THE PRESS: BBC News

[Dad's warning after girl, 14, dies from inhaling deodorant](#)

[This nurse uses humour to highlight serious challenges](#)

[Physiotherapists, 'the quiet NHS miracle workers', walk out](#)

[Inside the new children's ambulance for Northern Ireland](#)

[Bill Turnbull's daughter running London Marathon in his memory](#)

[Smear tests: GP waiting times putting women off cervical screening](#)

[Paramedics say people are getting ill because their homes are so cold](#)

[Dreaded Covid-flu twindemic cost NHS this winter](#)

[What is the menopause and what are the signs?](#)

[IVF: Woman's anger at fertility changes after £30k spend](#)

['Menopause leave' trial rejected by ministers](#)

[Priory and Springhill GP surgeries to be taken over by health trust](#)

[Wig-wearing pupils support Chorley teacher with breast cancer](#)

[Africa Eye: Filmmaker Noella Luka documents her battle with bipolar disorder](#)

[Ambulance Strikes: Births suspended at Frome Birthing Centre](#)

['Alexithymia means I can't explain how I'm feeling'](#)

[Ambulance staff on strike in England and Wales](#)

[Technology can help the NHS, says AstraZeneca boss](#)

[Harlow hospital suspends gas and air over nitrous oxide levels](#)

[Motion capture tech from Avatar films used in disease research](#)

[Mental health: NHS crisis lines failing to answer suicide calls](#)

[NHS England boss: Repeated strikes make workload more challenging](#)

['I've been given a do not resuscitate order but I want to live'](#)

[NHS pressures: Staff leave social care for more money](#)

[Thousands of treatments lost during nurse strikes](#)

[David Nash inquest: Student 'likely to have lived' if seen in-person by GP](#)

[Pandemic drinking: Alcohol misuse treatment up 10%](#)

[England school defibrillator rollout after dad's campaign](#)

[Bharat Biotech: India launches its first nasal Covid vaccine](#)

[Shopping purchases may help spot ovarian cancer](#)

[Covid: No new hospital admissions in Wales as flu levels fall](#)

[Nitrous oxide: Ban on use and sale of laughing gas considered](#)

[Bangor University: Medical school to tackle doctor shortage](#)

[Parkinson's: 'Exercise has left me symptom free'](#)

## Useful Health Links

[NHS Website: A-Z of health conditions](#)

[NHS Website](#)

[Check NHS standards near you](#)

[Cancer Help UK](#)

[British Heart Foundation](#)

[Health and Care Professions Council](#)

[Mental Health Foundation](#)

[General Medical Council](#)

[Nursing and Midwifery Council](#)

[Care Quality Commission](#)

[NICE](#)

[NHS Scotland](#)

[Health in Wales](#)

[NI Direct](#)

[Clinical trials information](#)

[Diabetes UK](#)

[British Lung Foundation](#)

[National Obesity Forum](#)

## Critical Thinking

Do you believe everything you read? Is there truth behind the headlines? Why does false information spread so fast on social media? What can you do to make sure you don't get taken in? Start by looking up the stories on websites such as the ones below:

Full fact <https://fullfact.org/>

Ferret Fact Service <https://theferret.scot/ferret-fact-service/>

BBC Reality Check [https://www.bbc.co.uk/news/reality\\_check](https://www.bbc.co.uk/news/reality_check)

## Misinformation

Do you keep a look out for misinformation circulating online? Do you know the impact it could have on patients? How do you counter it?

[Analyzing User-Generated Web-Based Posts of Adolescents' Emotional, Behavioral, and Symptom Responses to Beliefs About Depression: Qualitative Thematic Analysis](#)

[COVID-19 misinformation caused more Canadian deaths](#)

## Bulletins

**(click to open)**

[Bulletin for clinical commissioning groups \(CCGs\)](#)

[Chief Nursing Bulletin](#)

[Chief Scientific Officer Bulletin](#)

[Compassion in Practice strategy and 6Cs Live!](#)

[Liaison and Diversion Bulletin](#)

[Pharmacy and Medicines Bulletin](#)

[Primary Care Bulletin](#)

[Specialised Commissioning Stakeholder Bulletin](#)

[Revalidation Matters](#)

[Liaison and Diversion Bulletin](#)

[Specialised Commissioning Stakeholder Bulletin](#)



## **PUBLIC HEALTH**

### **Health e-News Bulletin/NLH Public Health Newsletter**

#### **Adult Protection & Safeguarding Domestic Violence**

[Tools for Assessing Healthcare Providers' Readiness to Respond to Intimate Partner Violence: A Systematic Review](#)

[Gender Differences in Social Support and Posttraumatic Growth for Survivors of Intimate Partner Violence](#)

#### **Addiction**

[How should policy makers regulate the tetrahydrocannabinol content of cannabis products in a legal market?](#)

[The predictive validity of the Alcohol Smoking and Substance Involvement Screening Test \(ASSIST\) for moderate-to-high risk cannabis, methamphetamine and opioid use after release from prison](#)



#### **Allergies**

[Sex-specific differences in immune response to SARS-CoV-2 vaccination vanish with age](#)

[Getting Teenagers with Food Allergy to Carry their Epinephrine Auto-Injectors: Do Financial Incentives Pay Off?](#)



## **Cardiovascular Disease**

[When Heart Beats Differently in Depression: Review of Nonlinear Heart Rate Variability Measures](#)

[Salt Replacement in the SSaSS Trial](#)

[Physicians in the era of technology-enabled diagnostics](#)



## **Complementary Medicine/Alternative Medicine**

[Efficacy and Safety of East Asian Herbal Medicine for Brain Metastases in Non-small Cell Lung Cancer: A Systematic Review and Meta-analysis Protocol to Identify Specific Herbs](#)

[Mayang fruit juice innovation for rheumatism medicine and non-dairy source of calcium](#)

## **Critical Care**

[Early restrictive with liberal fluid management in sepsis-induced hypotension.](#)

[Mean arterial pressure targets in critically ill adults](#)

[Cardiogenic shock](#)



## **Dental**



[Eccentric exercise is more effective than other exercises in the treatment of mid-portion Achilles tendinopathy: systematic review and meta-analysis](#)

[Dental professionals' perception of their role in the practice of oral health promotion: a qualitative interview study](#)

[Study protocol of an investigation of attention and prediction error as mechanisms of action for latent inhibition of dental fear in humans](#)

[Are patient direct aligners a safety issue?](#)

## **Dementia**

[Markers of olfactory dysfunction and progression to dementia: A 12-year population-based study](#)

[Insomnia and risk of dementia in a large population-based study with 11-year follow-up: The HUNT study](#)

[A novel histological staging of hippocampal sclerosis that is evident in gray matter loss in vivo](#)

## **Diabetes**

[Thiazolidinedione use is associated with reduced risk of dementia in patients with type 2 diabetes mellitus: A retrospective cohort study](#)

[Fasting and refeeding triggers specific changes in bile acid profiles and gut microbiota](#)

[Noninsulin-based antihyperglycemic medications in patients with diabetes and COVID-19: A systematic review and meta-analysis](#)



## **Diet, Nutrition and Obesity**

[Grassroots participation in sport and physical activity](#)

[mHealth Apps Targeting Obesity and Overweight in Young People: App Review and Analysis](#)

[Behavior Change Effectiveness Using Nutrition Apps in People With Chronic Diseases: Scoping Review](#)



## **Digital Health Technology**

[Social Support and Technology Use and Their Association With Mental and Physical Health During the COVID-19 Pandemic Among Asian Americans: The COMPASS Cross-sectional Study](#)

[Can a Single Variable Predict Early Dropout From Digital Health Interventions? Comparison of Predictive Models From Two Large Randomized Trials](#)

[Implementation of Virtual Reality in Health Professions Education: Scoping Review](#)



## **End of Life Care**

[Improving End of Life for All Research Conference 2023](#)

[Applying the community readiness model to identify and address inequity in end-of-life care in South Asian communities](#)

[Terminally ill LGBT+ people should feel comfortable being themselves at the end](#)



## **Immunisation and Infection**

[The safety and immunogenicity of two Zika virus mRNA vaccine candidates in healthy flavivirus baseline seropositive and seronegative adults: the results of two randomised, placebo-controlled, dose-ranging, phase 1 clinical trials](#)

[Breakthrough treatments for Ebola virus disease, but no access—what went wrong, and how can we do better?](#)

[Promising efforts to develop an mRNA vaccine against Zika](#)

[Effectiveness of mHealth on Adherence to Antiretroviral Therapy in Patients Living With HIV: Meta-analysis of Randomized Controlled Trials](#)

## **Inequality**

[Leave no one behind: the state of health and health inequalities in Scotland](#)

[Tackling health inequalities: delivering accessible pharmaceutical care for everyone](#)

[Tackling structural racism in suicide prevention: a conceptual framework](#)

## **Learning Disability**

[Colour-cued paragraph writing instruction for students with learning disabilities](#)

[Reading and spelling profiles of adult poor readers: Phonological, orthographic and morphological considerations](#)



### **Men's Health**

[Neuronal molecule makes prostate cancer more aggressive](#)



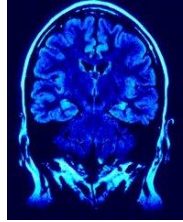
### **Mental Health**

[Creating positive experiences of involvement in mental health research](#)

[The Feasibility of Implementing Remote Measurement Technologies in Psychological Treatment for Depression: Mixed Methods Study on Engagement](#)

[Digital Phenotyping for Differential Diagnosis of Major Depressive Episode: Narrative Review](#)

[The Influence of Social Media Interactions and Behaviors on Depressive Symptoms Among Sexual and Gender Minority Young Adults in the United States: Protocol for a Mixed Methods Longitudinal Study](#)



## **Neurology**

[Virtual Reality Therapy for People With Epilepsy and Related Anxiety: Protocol for a 3-Phase Pilot Clinical Trial](#)

[Diagnosis of myelin oligodendrocyte glycoprotein antibody-associated disease: International MOGAD Panel proposed criteria](#)

[MOGAD comes of age with new criteria](#)

## **Obstetrics**

[Prototyping of a Digital Life Course Care Platform for Preconception and Pregnancy Care: Pilot Feasibility and Acceptability Study](#)

[Risk of De Novo Hypertensive Disorders of Pregnancy After Exposure to PM1 and PM2.5 During the Period From Preconception to Delivery: Birth Cohort Study](#)



## **Oncology**

[Radiotherapy and paclitaxel plus pazopanib or placebo in anaplastic thyroid cancer \(NRG/RTOG 0912\): a randomised, double-blind, placebo-controlled, multicentre, phase 2 trial](#)

[Mutational analysis of microsatellite-stable gastrointestinal cancer with high tumour mutational burden: a retrospective cohort study](#)

[Firefighters at increased risk of cancer diagnosis](#)

## **Ophthalmology**

[Keratoconus management: Lessons learned from an unusual time](#)

[Trefoil Therapeutics: First patient dosed in phase 1 study for corneal epithelial defects](#)

[Investigators take key step toward new treatment for hereditary blindness](#)

## **Orthopaedics**

[Minimally invasive K-wire fixation of displaced intraarticular calcaneal fractures through a minimal sinus tarsi approach](#)

[Patient outcomes and return to play after arthroscopic rotator cuff repair in overhead athletes: a systematic review](#)



## **Paediatrics**

[Comparing Smartphone Virtual Reality Exposure Preparation to Care as Usual in Children Aged 6 to 14 Years Undergoing Magnetic Resonance Imaging: Protocol for a Multicenter, Observer-Blinded, Randomized Controlled Trial](#)

## **Pain Medicine**

[Long-term opioid therapy and mental health comorbidity in chronic pain patients](#)

[Inter-rater reliability of MRI superior articular process angle measurement for use in the modified approach to cervical transforaminal epidural steroid injections](#)

[Comparison of the feasibility and safety of infrazygomatic and suprazygomatic approaches to pterygopalatine fossa using virtual reality](#)

## **Patient Experience**

[Complex Patient Navigation by Veteran Patients in the Veterans Health Administration \(VHA\) for Chronic Headache Disease: A Qualitative Study](#)

[Patient experience and satisfaction with different temporomandibular joint treatments: A retrospective study](#)

[Mothers' accounts of the impact of being in nature on postnatal wellbeing: a focus group study](#)



## **Pharmacology**

[Risk minimisation materials: Colobreathe \(colistimethate\) inhalation powder, Hard Capsules](#)

[Safety and efficacy of leriglitzone for preventing disease progression in men with adrenomyeloneuropathy \(ADVANCE\): a randomised, double-blind, multi-centre, placebo-controlled phase 2–3 trial](#)

[Supply and/or administration of subcutaneous medroxyprogesterone acetate \(SC-DMPA\) injection: PGD template](#)

[Reporting, Monitoring, and Handling of Adverse Drug Reactions in Australia: Scoping Review](#)

## **Primary Care**

[Scheduled and attended pediatric primary care telemedicine appointments during COVID-19](#)

[A Case of Statin-Associated Autoimmune Myopathy: Management and Treatment](#)



## **Seniors and Aging**

[Healthy lifestyle linked to slower memory decline in older adults](#)

[Study shows pandemic put duties of employers on those directing own in-home care](#)

[Scientists identify drug that could extend lifespan](#)

[Can mandatory cognitive testing for older drivers help prevent car crashes?](#)



## **Sexual Health**

[Effect of Participative Web-Based Educational Modules on HIV and Sexually Transmitted Infection Prevention Competency Among Medical Students: Single-Arm Interventional Study](#)

[Going the last mile in the USA](#)

[Predicting Risky Sexual Behavior Among College Students Through Machine Learning Approaches: Cross-sectional Analysis of Individual Data From 1264 Universities in 31 Provinces in China](#)



## **Sleep Medicine**

[Influence and implications of the renin–angiotensin–aldosterone system in obstructive sleep apnea: An updated systematic review and meta-analysis](#)

[Electric field aspects in hypoglossal nerve stimulation for obstructive sleep apnea: A bilateral electrophysiological evaluation of unilateral electrode configuration changes](#)

[Quality of life in patients with obstructive sleep apnea: Results from the study of health in Pomerania](#)



## **Sports Medicine/Fitness**

[Year-round longitudinal health surveillance in UK Olympic Summer Sport Athletes 2016–2019](#)

## **Surgery**

[Long-term Outcome of Patients with Peripheral Ground Glass Opacity Dominant Lung Cancer after Sublobar Resections](#)

[Does Valve size Impact Hemodynamic, Left Ventricular Mass Regression and Prosthetic Valve Deterioration with a Sutureless Aortic Valve?](#)

[Norwood Operation Versus Comprehensive Stage II After Bilateral Pulmonary Artery Banding Palliation for Infants with Critical Left Heart Obstruction](#)

## **Vaping/Smoking**



[Smoke without fire: a new vision for vaping policy in the UK](#)

[Evaluation of Youtube content regarding Varenicline and smoking cessation](#)

[The effect of smoking on response to methotrexate in rheumatoid arthritis patients: A systematic review and meta-analysis](#)



## **Women's Health**

[A Comprehensive Treatment Protocol for Endometriosis Patients Decreases Pain and Improves Function](#)

[Symptom patterns and health service use of women in early adulthood: a latent class analysis from the Australian Longitudinal Study on Women's Health](#)

## **World Health Organisation**

[Message for World Leprosy Day 2023](#)

[WHO urges action to protect children from contaminated medicines](#)

[Five billion people unprotected from trans fat leading to heart disease](#)

[WHO launches funding appeal to help a record number of people in complex, intersecting health emergencies](#)

## **Wound Management**

[How accurate is computer-assisted mandible gunshot wound management by patient-specific distraction device? Preoperative planning versus postoperative outcomes](#)

[A self-powered multifunctional dressing for active infection prevention and accelerated wound healing](#)

[Antimicrobials cetylpyridinium-chloride and miramistin demonstrate non-inferiority and no "protein-error" compared to established wound care antiseptics in vitro](#)

[Acellular dermal matrix for one-stage treatment of lower extremity full-thickness skin defect: a case series](#)

## **SOCIAL AND COMMUNITY CARE**

[Social work in prisons: 'it's not what you think'](#)

[Mental health patient safety review launched in wake of abuse reports](#)

['Why do we do social work, when it takes us away from our own children?'](#)

[200 unaccompanied children still missing after disappearing from Home Office hotels](#)

[Social work diary: 'Why I introduce myself as a social worker, not a manager'](#)

["I want social workers to come back because they will see a different place to the one they left"](#)

[Scrap most community treatment orders, MPs and peers urge government](#)

[Combine social work with scientific methods to boost reliability of age checks, experts advise government](#)

[The draft Mental Health Bill: parliamentary proposals for change](#)

[Feel Lost in the Changing Landscape of Technology Skills for Social Workers? Let's Map Them Out Together!](#)

## Key Resources

[Social Care TV](#)

[e-Learning](#)

[Social Care Online](#)

[Research Register for Social Care](#)

[Social Care Research Ethics Committee](#)

[All SCIE resources](#)

## HEALTH MANAGEMENT

[Healthcare inequalities: access to NHS prescribing and exemption schemes in England](#)

[State of health visiting, UK survey report: a vital safety net under pressure](#)

[Health and place: how levelling up health can keep older workers working](#)

[Importance of indoor air quality in healthcare settings](#)

[Setting up a Governance Framework for Secondary Use of Routine Health Data in Nursing Homes: Development Study Using Qualitative Interviews](#)

[What did we learn from our development work with primary care networks in 2022?](#)

[When will the government and national agencies act to ensure that ethnicity coding in health records is fit for purpose?](#)

[Home is at the heart of inclusion health – here's why](#)

[A view from the front line: the Emergency Department is in need of critical care](#)

[Purple AI: Creating Efficiencies with 'Intelligent Healthcare'](#)

[Teledermatology set to provide relief for overstretched services in England](#)

**BMJ Evidence Updates**

[Splenic abscess caused by Cutibacterium acnes in a patient with multiple tooth extractions](#)

[Prosthetic challenges in rehabilitating maxillomandibular trauma case: a multidisciplinary approach](#)

[Impact of Tourettes syndrome tics on healing following dental trauma](#)

[CMV proctitis: a rare disease presentation in a young and immunocompetent man](#)

[Effect of testosterone therapy on migraine frequency and disability in two transgender patients: a case report](#)

[Hypopharyngeal perforation caused by blunt trauma in buffalo attack](#)

[Endovascular embolisation of a complex mandibular AVM: a hybrid transarterial and transvenous approach](#)

[Amelanotic subungual melanoma and chilblains](#)

[Body mass index, waist circumference and pre-frailty/frailty: the Tromso study 1994-2016](#)

[Changes in consultation mode during different phases of the COVID-19 pandemic in Croatian family medicine: a cross-sectional study](#)

[Financial conflicts of interest among US physician authors of 2020 clinical practice guidelines: a cross-sectional study](#)

[Intraoperative infusion of dexmedetomidine for prevention of postoperative delirium in elderly patients undergoing craniotomy: a protocol of randomised clinical trial](#)

[Study of the medical service efficiency of county-level public general hospitals based on medical quality constraints: a cross-sectional study](#)

[Effects of the COVID-19 pandemic on essential health and nutrition service utilisations in Ghana: interrupted time-series analyses from 2016 to 2020](#)

[Factors that influence the feasibility and implementation of a complex intervention to improve the treatment of peripheral arterial disease in primary and secondary care: a qualitative exploration of patient and provider perspectives](#)

[Influence of letermovir treatment on gut inflammation in people living with HIV on antiretroviral therapy: protocol of the open-label controlled randomised CIAO study](#)

[Model-based estimation of burden of COVID-19 with disability-adjusted life years and value of statistical life in West Bengal, India](#)



**Cochrane**

[Therapeutic donor hypothermia following brain death to improve the quality of transplanted organs](#)

[Drugs to prevent clots after bleeding in the brain](#)

[Are concentrated antibodies from people who have recovered from COVID-19 or animals an effective treatment for people with COVID-19?](#)

[Immunoglobulin treatment for Kawasaki disease](#)

[Interventions to improve sanitation for preventing diarrhoea](#)

[Prognostic models for colorectal cancer incidence and mortality in patients with inflammatory bowel disease](#)

[Remdesivir to treat people with COVID-19](#)

[Surgery or non-surgical treatments: which works better to treat people who have a dislocated knee cap?](#)

[What are the benefits and risks of medication reviews for hospitalised adults?](#)

[What are the benefits and risks of using corticosteroid medicines in the treatment of fatigue related to advanced cancer?](#)

[Predicting a second seizure after a single unprovoked seizure](#)

[Long-term prognosis of low language proficiency in children](#)

[Long-term prognosis of childhood language disorders and difficulties](#)



NICE Clinical Knowledge Summaries provides primary care practitioners with a readily accessible summary of the current evidence base and practical guidance on best practice in respect of over 300 common and/or significant primary care presentations.

The service is being regularly maintained and upgraded as and when significant new evidence emerges and up to 10 new topics will be added each year. You can access the service [here](#).

### **National Institute for Health Research (NIHR) Health Technology Assessment**

[A pause in methotrexate treatment boosted the immune response to the COVID-19 vaccine](#)

[People with severe mental illness need personalised support to manage long-term physical conditions](#)

### **DoH Press Releases/New Publications**

[Corporate report: DHSC annual report and accounts: 2021 to 2022](#)

[Guidance: Overseas NHS visitors: implementing the charging regulations](#)

[Correspondence: Government response to the RHC report on medical devices](#)

[Closed consultation: Mental health and wellbeing plan: discussion paper and call for evidence](#)

[Policy paper: EM on EU regulation 2017/745 \(C\(2022\)8626\)](#)

[Research: Workforce Recruitment and Retention Funds: outcomes and findings](#)

[Independent report: COVID-19 vaccination programme for 2023: JCVI interim advice, 8 November 2022](#)

[Guidance: COVID-19 PPE guide for unpaid carers](#)

[Statutory guidance: Draft guidance on NHS England's protection of patient data](#)

## **LIBRARY "BITS AND PIECES"**

### **Published recently? Completed a research project?**

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[Publication repository](#)

[Research repository](#)

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