



This patient group direction (PGD) must only be used by registered health professionals who have been named and authorised by their organisation to practice under it. The most recent and in date final signed version of the PGD should be used.

Patient Group Direction (PGD)

For the administration or supply of

Paracetamol
Oral solution, tablets, dispersible tablets, rectal and Intravenous

By registered health care professionals for

Mild to Moderate pain

Throughout the Manx Care and those contracted by the Manx Care where appropriate within practice

PGD NUMBER 56

1. Change history

Version number	Change details	Date
1	Original PGD ratified	June 2021

2. Medicines practice guideline 2: *Patient group directions*

Refer to the relevant sections of NICE medicines practice guideline 2: *Patient group directions* as stated in the blank template notes. For further information about PGD signatories, see the NHS and Manx Care [PGD website FAQs](#)

3. PGD development

Refer to [the NICE PGD competency framework for people developing PGDs](#)

Job Title & organisation	Name	Signature	Date
Author of the PGD			
Member of the PGD working group			

4. PGD authorisation

Refer to the [NICE PGD competency framework for people authorising PGDs](#)

Job Title	Name	Signature	Date
Medical Director			
Chief Pharmacist/ Pharmaceutical Adviser			
Senior Paramedic			
Director of Nursing			
GP Adviser			
Senior Microbiologist (if PGD contains antimicrobials)			

5. PGD adoption by the provider

Refer to the [NICE PGD competency framework for people authorising PGDs](#)

Job title and organisation	Signature	Date	Applicable or not applicable to area

6. Training and competency of registered healthcare professionals, employed or contracted by the Manx Care, GP practice or Hospice

Refer to the [NICE PGD competency framework for health professionals using PGDs](#)

	Requirements of registered Healthcare professionals working under the PGD
Qualifications and professional registration	<ul style="list-style-type: none"> Registered healthcare professionals, working within or contracted by the Manx Care, GP practice or Hospice who are permitted staff groups outlined within the current PGD policy Pharmacists must be practising in Manx Care authorised premises i.e. contracted pharmacy premises
Initial training	<ul style="list-style-type: none"> Knowledge of current guidelines and the administration of the drug specified in this PGD/BNF and of the inclusion and exclusion criteria Training which enables the practitioner to make a clinical assessment to establish the need for the medication covered by this PGD Local training in the use of PGDs
Competency assessment	Staff will be assessed on their knowledge of drugs and clinical assessment as part the competency framework for registered health professionals using PGDs
Ongoing training and competency	The registered health care professionals should make sure they are aware of any changes to the recommendations for this medication; it is the responsibility of the registered health care professionals to keep up to date with continuing professional development. PGD updates will be held every two years

7. Clinical Conditions

Clinical condition or situation to which this PGD applies	Mild to Moderate pain
Inclusion criteria	<ul style="list-style-type: none"> • Patients requiring mild to moderate pain relief • Patients over 3 months of age
Exclusion criteria	<ul style="list-style-type: none"> • Not for use in children under 2 months by mouth • Not for use in children under 3 months by rectum • Intravenous infusion not for use in children and neonates with body-weight under 10 kg • Patients taking medication containing paracetamol, eg, Cold and influenza remedies • Hypersensitivity to paracetamol • Alcohol dependency • Sever hepatic and renal impairment
Cautions (including any relevant action to be taken)	<ul style="list-style-type: none"> • Co-administration of enzyme-inducing antiepileptic medications may increase toxicity; doses should be reduced • Colestyramine may reduce absorption if given one hour before • Metoclopramide and domperidone (to treat nausea and vomiting) accelerates the absorption of paracetamol and enhances its effects • Acute Pancreatitis
Arrangements for referral for medical advice	Patient should be referred to a more experienced clinical practitioner for further assessment
Action to be taken if patient excluded	Patient should be referred to a more experienced clinical practitioner for further assessment
Action to be taken if patient declines treatment	<ul style="list-style-type: none"> • A verbal explanation should be given to the patient on: the need for the medication and any possible effects or potential risks which may occur as a result of refusing treatment • This information must be documented in the patients' health records • Any patient who declines care must have demonstrated capacity to do so • Where appropriate care should be escalated

8. Details of the medicine

Name, form and strength of medicine	<p>Paracetamol</p> <ul style="list-style-type: none"> • Tablets 500mg • Oral suspension 120mg/5mls, 250mg/5mls. • Dispersible tablets 500mg • Rectal suppository 60mg,80mg, 120mg, 125mg, 240mg, 250mg, 500mg, 1g • Intravenous 100mg/10ml solution for infusion, 1g/100ml infusion bottle, 500mg/50mls solution for infusion
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Legal category	GSL, P, POM, Depending on preparation
Indicate any <u>off-label use</u> (if relevant)	None
Route/method of administration	<ul style="list-style-type: none"> • Oral • Intravenous • Rectal
Dose and frequency	<p>By mouth:</p> <ul style="list-style-type: none"> • Child 3–5 months: 60 mg every 4–6 hours • Child 6–23 months: 120 mg every 4–6 hours • Child 2–3 years: 180 mg every 4–6 hours • Child 4–5 years: 240 mg every 4–6 hours • Child 6–7 years: 240–250 mg every 4–6 hours • Child 8–9 years: 360–375 mg every 4–6 hours • Child 10–11 years: 480–500 mg every 4–6 hours • Child 12–15 years: 480–750 mg every 4–6 hours • Child 16–17 years: 0.5–1 g every 4–6 hours • Adult: 0.5–1 g every 4–6 hours <p>By rectum:</p> <ul style="list-style-type: none"> • Child 3–11 months: 60–125 mg every 4–6 hours • Child 1–4 years: 125–250 mg every 4–6 hours • Child 5–11 years: 250–500 mg every 4–6 hours • Child 12–17 years: 500 mg every 4–6 hour • Adult: 0.5–1 g every 4–6 hours <p>By intravenous infusion:</p> <ul style="list-style-type: none"> • Children and Adults (body-weight up to 50 kg): 15 mg/kg every 4–6 hours, dose to be administered over 15 minutes; maximum 60 mg/kg per day. • Adult (body-weight 50 kg and above): 1 g every 4–6 hours, dose to be administered over 15 minutes; maximum 4 g per day.
Quantity to be administered and/or supplied	<p>Administered:</p> <ul style="list-style-type: none"> • Tablets as per dose • Oral suspension as per dose • Dispersible tablets as per dose • Rectal as per dose • Intravenous as per dose <p>Supplied:</p> <ul style="list-style-type: none"> • Tablets 1 original pack (maximum 32 tablets) • Oral suspension 1 original pack (maximum 100ml) • Dispersible tablets 1 original pack (maximum 24 tablets) • Rectal 2 original packs (maximum 20 suppositories)
Maximum or minimum treatment period	Maximum administration 48 hours treatment

	Maximum supply <ul style="list-style-type: none"> • Tablets 1 original pack (maximum 32 tablets) • Oral suspension 1 original pack (maximum 100ml) • Dispersible tablets 1 original pack (maximum 24 tablets) • Rectal 2 original packs (maximum 20 suppositories)
Storage	Store at Room temperature
Adverse effects	<ul style="list-style-type: none"> • Acute generalised exanthematous pustulosis, • Malaise • Skin reactions • Steven Johnson syndrome • Toxic epidermal necrolysis • Blood disorders • Leucopenia • Neutropenia • Thrombocytopenia
Records to be kept	The administration of any medication given under a PGD must be recorded within the patient's medical records

9. Patient information

Verbal/Written information to be given to patient or carer	<ul style="list-style-type: none"> • Verbal information must be given to patients and or carers for all medication being administered under a PGD • Where medication is being supplied under a PGD, written patient information leaflet must also be supplied • A patient information leaflet is available on request
Follow-up advice to be given to patient or carer	If symptoms do not improve or worsen or you become unwell, seek medical advice immediately

10. Appendix A

References
<ol style="list-style-type: none"> 1. British National Formulary (BNF) available online: https://bnf.nice.org.uk 2. Nursing and Midwifery (2018) "The code" available online: https://www.nmc.org.uk 3. Current Health Care Professions Council standards of practice 4. General Pharmaceutical Council standards 5. The General Optical Council 6. Electronic medicines compendium available online: https://www.medicines.org.uk

11. Appendix B

Health professionals agreed to practice
<ul style="list-style-type: none"> • Each registered healthcare professional will hold their own Competency framework which will be signed and agreed by their mentor • A mentor is defined within the Manx Care policy as any ward/area managers, sisters, senior nurses, GPs, pharmacists or senior paramedics who has completed the PGD training themselves