

THE IOM EXPERIENCE

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Mrs X's Story


- Age ; mid 40's
- Diagnosis ; progressive neurological condition
- Single mother
- Wants to stay at home
- Has children, youngest is only just in secondary school
- Relies on carers
- Needs assistive technology
- Unable to leave home – no suitable access
- Difficulty providing adequate physio / stretching


Patient details have been anonymised


Timeline

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- Deterioration in condition
 - Unable to increase therapy input- no capacity

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- Off legs- unable to walk. Commode provided by occupational therapy
 - Difficulty getting services quickly

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- Unable to get inpatient rehab for Mrs X as she would have to have a medical admission first.
 - Respite a nursing home, nursed in bed –not a rehabilitation environment

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- At this time Mrs X could still stand and transfer in therapy. Care staff were unable to do this
 - Unable to see due to Covid for 3/12 months

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- Passive movements were taught to carer's- these were not carried out
 - Mrs X lost function in her arm during this period

Patient experiences of our services

“It made me think of things in a different way and I can use this daily when doing tasks at home and out”

“Physiotherapy is marvellous when I can get it- the capacity is the problem”

“The course has given me a good arsenal to try and move forward positively”

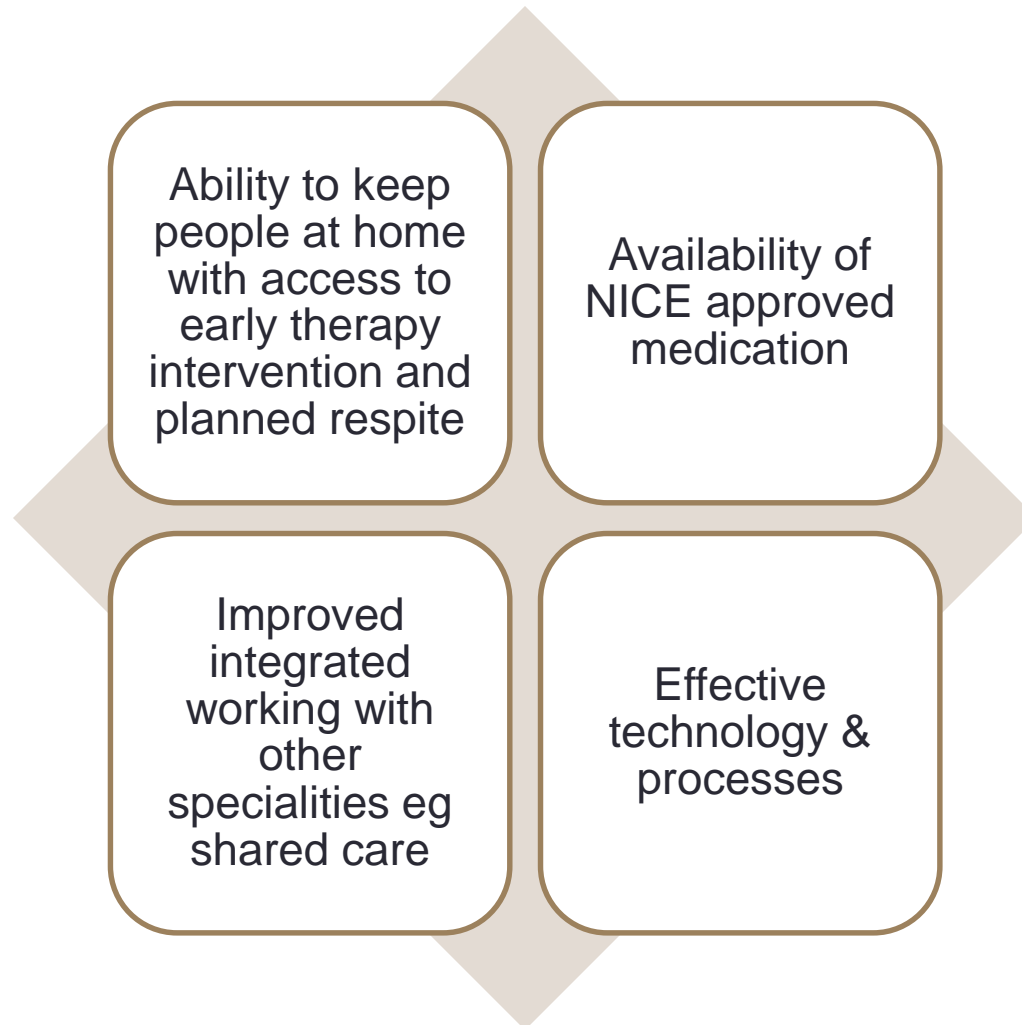
“It will help me in the future going forward”

“Crazy that I had to go to Liverpool for Botox injections given by the consultant who sees me on the Isle of Man”

“There is no on-Island cover when the MS nurse is on holiday. I needed help for a relapse- My GP said it was a hospital matter”

“I feel I get the support I need to maintain a normal life as much as possible. The FES bike keeps my mobility as good as possible and walking without sticks”

In an ideal world.....



References

- 2019 Multiple Sclerosis in Adults – Management <https://www.nice.org.uk/guidance/cg186/resources/multiple-sclerosis-in-adults-management-pdf-35109816059077>
- 2019 Motor Neurone Disease – Assessment & Management <https://www.nice.org.uk/guidance/ng42/resources/motor-neurone-disease-assessment-and-management-pdf-1837449470149>
- 2019 NHS Long Term Plan <https://www.longtermplan.nhs.uk/online-version/overview-and-summary/>