COVID-19: Lateral flow tests should replace PCRs for returning travellers by half-term, says transport secretary
STAFF HEALTH & WELLBEING

Chelsea and Westminster teams up with C-Score to improve staff wellbeing

EXCLUSIVE: Guys and St Thomas’ NHS Foundation Trust increases focus on staff mental health

How to Break a Phone Addiction

Useful links

Patient.co.uk

NHS Website

Mental Health Foundation

World Health Organisation

MANX SKEET

Another two Covid-19 deaths are confirmed

Charity aims to dispel cancer myths

Flu vaccine to be given with Covid-19 booster

Increase in mental health referrals in schools

Visiting restrictions at Noble’s Hospital eased

Ashford: ‘Cutting elective surgery backlog a priority’

Should Manx health service be in special measures?
Historic go-ahead for malaria vaccine to protect African children

GP staff abuse has 'no place in the NHS'

Study reveals why some people get Covid toe condition

School Covid absences rise two-thirds in fortnight

Health funding cut said to threaten levelling up

First new treatment for sickle cell in 20 years

Covid: Novavax jab volunteer's 'regret' over trial approval wait

NHS dentistry access delays: 'I pulled 11 of my own teeth out'

Brain implant may lift most severe depression

Lucy Letby: Nurse denies murdering eight babies

Sense of touch and heat research wins Nobel Prize

Bowel cancer patients fear cost of break in treatment

Portsmouth girl, 15, dies of Covid on day she was due jab

Covid: Care home staff should get the jab or another job - Javid

How healthy are vegan ready meals?

'Running could cause sudden death for people like me'

Covid: Delay of third jabs for most vulnerable criticised

Covid antiviral pill can halve risk of hospitalisation

Pret allergy death: Parents welcome Natasha's allergy law
Useful Health Links

NHS Website: A-Z of health conditions

NHS Website

Check NHS standards near you

Cancer Help UK

British Heart Foundation

Health and Care Professions Council

Mental Health Foundation

General Medical Council

Nursing and Midwifery Council

Care Quality Commission

NICE

NHS Scotland

Health in Wales

NI Direct

Clinical trials information

Diabetes UK

British Lung Foundation

National Obesity Forum
**Critical Thinking**
Do you believe everything you read? Is there truth behind the headlines? Why does false information spread so fast on social media? What can you do to make sure you don’t get taken in? Start by looking up the stories on websites such as the ones below:

Full fact [https://fullfact.org/](https://fullfact.org/)

Ferret Fact Service [https://theferret.scot/ferret-fact-service/](https://theferret.scot/ferret-fact-service/)

BBC Reality Check [https://www.bbc.co.uk/news/reality_check](https://www.bbc.co.uk/news/reality_check)

**Misinformation**
Do you keep a look out for misinformation circulating online? Do you know the impact it could have on patients? How do you counter it?

American agree misinformation is a problem, poll shows

Misinformation is the next public health crisis

**Bulletins**
(click to open)

- Bulletin for clinical commissioning groups (CCGs)
- Chief Nursing Bulletin
- Chief Scientific Officer Bulletin
- Compassion in Practice strategy and 6Cs Live!
- Liaison and Diversion Bulletin
- Pharmacy and Medicines Bulletin

- Primary Care Bulletin
- Specialised Commissioning Stakeholder Bulletin
- Revalidation Matters
- Liaison and Diversion Bulletin
- Specialised Commissioning Stakeholder Bulletin
Adult Protection & Safeguarding Domestic Violence

Surviving the stigma: Men are Domestic Violence Survivors, too

Domestic violence: Scheme stops abusers writing to victims from jail

Comics Against Domestic Violence

Joanne Froggatt's new drama is changing how domestic abuse is depicted on screen

Addiction

Wolverhampton artists beating addiction with painting and drawing

Could Ketamine Help Tackle Gambling Addiction?

US doctors trialling brain surgery to stop opioid addiction
Dry roasting could help trigger peanut allergy

Air Pollution and Allergic Rhinitis: Role in Symptom Exacerbation and Strategies for Management

Fixed-dose combination treatment with aspirin may reduce the risk of cardiovascular disease

Tofacitinib (Xeljanz): new measures to minimise risk of major adverse cardiovascular events and malignancies

Study Suggests Music Therapy May Benefit Migraineurs

Does Your Body Have Energy Channels? Here’s What the Science Says
Critical Care
Surviving COVID-19: a familiar road to recovery?

Dental
NHS dentistry access delays: NHS dental service 'broken'
Black History Month – from the perspective of a dentist
Why do patients switch dentists?

Dementia
Dementia: Signs in your speech and writing which may signal the condition
Depression in Early Life May Up Dementia Risk Later
Hypertension at age 35–44 linked to higher dementia risk

Diabetes
Can dates help with managing diabetes?
Nutritional basis of type 2 diabetes remission
End of Life Care

Effects of Cold Stimulation on Cardiac-Vagal Activation in Healthy Participants: Randomized Controlled Trial

Only 1 in 10 people who need palliative care, receive it: WHO

Palliative Care Principles and Anesthesiology Clinical Practice: Current Perspectives

Immunisation and Infection

Alzheimer's: The heretical and hopeful role of infection

Covid immunity through infection or vaccination: Are they equal?

Learning Disability

The Most Common Types of Learning Disabilities Found in Kids and Adults, According to Experts

Mental health and learning disability statistics in Northern Ireland: financial year ending March 2021

Disability hate crime victim wants to help others
Men’s Health

Why has male life expectancy dropped?
Can ketone supplements improve brain function in obesity?
OH’s role in tackling the ‘male mental health gap’

Mental Health

Depression and its physical symptoms

I lied to my boss about my bipolar disorder. Here’s what happened when I finally told the truth.

Multiple Wounds, Liminality, and Crisis: Exploring Arts-Based Approaches for Trauma, PTSD, and Grief
Neurology

Efficiency of Stroke Networks for Referral of Mechanical thrombectomy: The More the Better?

Identifying brain abnormalities using image processing and CNN models

Beyond electives: Rethinking training in global neurology

Obstetrics

Role of thigh circumference in predicting the fetal weight: Comparison with other ultrasound methods—A prospective observational study

Placental Ingenuity: An Examination of Postpartum Placenta Encapsulation Among 21st-Century American Women

Labor induction in twin pregnancies: Does the perinatal outcome differ according to chorionicity?

Oncology

BRCA1 promoter hypermethylation on circulating tumor DNA correlates with improved survival of patients with ovarian cancer

Concepts and challenges of biosimilars to mitigate the oncology drug expenses

Psychosocial and Functional Predictors of Mental Disorder among Prostate Cancer Survivors: Informing Survivorship Care Programs with Evidence-Based Knowledge
**Ophthalmology**

- Refractive corneal inlay implantation outcomes: a preliminary systematic review
- Adherence With Glaucoma Medications: Barriers to Success and Prospects for Improvement

**Orthopaedics**

- Prospective study of functional outcome of cemented bipolar hemiarthroplasty for fracture of neck of femur in elderly patients
- Stepping toward outpatient total hip arthroplasty with a rapid discharge protocol
- “Shimming a Plate” Technique to Correct the Coronal Malalignment in Metadiaphyseal Distal Femur Fracture: Case Report

**Paediatrics**

- Evaluation of risk factors associated with fragility fractures and recommendations to optimise bone health in children with long-term neurological condition.
- Isolated bulbar palsy and dysphagia in children with respiratory symptoms

**Pain Medicine**

- Continuous Pecto-Intercostal Fascial Block Provides Effective Analgesia in Patients Undergoing Open Cardiac Surgery: A Randomized Controlled Trial
- A Literature Review of Evidence-Based Strategies for Prescribing New Opioid/Narcotic Medication Scripts
- Rising concerns of Mucormycosis (Zygomycosis) among COVID-19 patients; an analysis and review based on case reports in literature
Patient Experience

Damon Tweedy: Stories on being Black, sick, and marginalized

Patient Safety

Nonclinical Safety Evaluation of Therapies for Rare Diseases

Pharmacology

The anti-tumor effect of OP-B on ovarian cancer in vitro and in vivo, and its mechanism: An investigation using network pharmacology-based analysis

Biologically active lipids in the regulation of lymphangiogenesis in disease states

Primary Care

Fifth of over-80s have received COVID-19 booster jabs in England

‘Life-saving’ continuity of care at risk in the UK, GPs warn

Fuel crisis threatens to undermine NHS services, doctors warn
Seniors and Aging

Are sex differences in cognitive impairment reflected in epigenetic age acceleration metrics?
Age-associated changes in cholesterol metabolism cardiovascular risk and exercise effect on lipid profile

Sexual Health

Stage II and stage III periodontitis clinical burdens of HIV-1 undergoing antiretroviral therapy
Clinical performance of four multiplex real-time PCR kits detecting urogenital and sexually transmitted pathogens
Evaluation of Chlamydia trachomatis and HR-HPV infection in women living with HIV: a cross-sectional study

Sleep Medicine

Understanding the association between sleep, shift work and COVID-19 vaccine immune response efficacy: Protocol of the S-CORE study
A Prospective Study of CPAP Therapy in Relation to Cardiovascular Outcome in a Cohort of Romanian Obstructive Sleep Apnea Patients
Sports Medicine/Fitness

Hand and Wrist Injuries in Baseball

The need to screen for anemia in exercising women

Does prevention pay off? Economic aspects of sports injury prevention: a systematic review

Surgery

NHS crisis: 'Human tragedy' of patients waiting for surgery

Surgically confirmed adnexal torsion during pregnancy: Does the trimester make a difference?

Comparison of computer simulations and clinical treatment results of magnetic resonance guided focused ultrasound surgery (MRgFUS) of uterine fibroids

Vaping/Smoking

Is e-cigarette use in non-smoking young adults associated with later smoking? A systematic review and meta-analysis

Trends in use and perceptions of nicotine vaping among US youth from 2017 to 2020
Women’s Health in the Era of Mass Incarceration

Risks and benefits of estrogen plus progestin in healthy postmenopausal women

Health information needs, sources of information, and barriers to accessing health information among pregnant women: a systematic review of research

World Health Organisation

Webinar: "Policies to develop, attract, recruit and retain health workers in rural and remote areas, and promote gender equality for rural women through health workforce policies"

WHO report highlights global shortfall in investment in mental health

WHO, UN set out steps to meet world COVID vaccination targets

The Toolkit for establishing laws to eliminate lead paint

2019 Nobel laureate Michael Kremer emphasizes WASH and deworming benefits

WHO recommends groundbreaking malaria vaccine for children at risk
Wound Management

Advances in gelatin-based hydrogels for wound management

Nanocellulose-based wound dressing for conservative wound management in children with second-degree burns

Acetic acid and the skin: a review of vinegar in dermatology

SOCIAL AND COMMUNITY CARE

Motivational interviewing in social work practice

Diversity, Oppression, & Change: Culturally Grounded Social Work

Social workers’ wellbeing and quality of working life have decreased over course of pandemic, study finds

Social Work England missed standards on fitness to practice referrals, registration speed and diversity data in first year

Government launches landmark review of health and social care leadership

Rate of adult social care failings identified by watchdog continues ‘relentless rise’

Key Resources

Social Care TV

e–Learning

Social Care Online

Research Register for Social Care

Social Care Research Ethics Committee

All SCIE resources
HEALTH MANAGEMENT

What’s happened and what’s next for councils?

Turning the tide: a 10-year healthy weight strategy

Respected valued retained: working together to improve retention in anaesthesia

Comparing nations on timeliness and coordination of health care

Why greater investment in the public health grant should be a priority

What happened to those Brexit medicines shortages?

6 practical lessons for implementing technology in domiciliary care: learning for commissioners and policy makers

Developing the digital skills of the social care workforce: evidence from the Care City test bed

Return on investment of overseas nurse recruitment: lessons for the NHS

PATIENT INFORMATION

Dietary and herbal supplements for weight loss: assessing the quality of patient information online

Impact of patient information behaviours in online health communities on patient compliance and the mediating role of patients' perceived empathy
Association of glaucoma with 10-year mortality in a population-based longitudinal study in urban Southern China: the Liwan Eye Study

Current and possible future role of 3D modelling within oesophagogastric surgery: a scoping review protocol

Effects of an isoenergetic low Glycaemic Index (GI) diet on liver fat accumulation and gut microbiota composition in patients with non-alcoholic fatty liver disease (NAFLD): a study protocol of an efficacy mechanism evaluation

Observational cohort study of the triggers, diagnoses and outcomes of the medical emergency team (MET) response in adult psychiatry inpatients colocated with acute medical services in Australia

Effects of chronic ethnic discrimination in the daily life of Turkish immigrants living in Austria: study protocol of a 30-day ambulatory assessment study

Quality of life and associated factors among university students during the COVID-19 pandemic: a cross-sectional study
Cochrane

Are oral blood thinners safe and effective for people being treated for cancer?

Synthetic human growth hormone for treating X-linked hypophosphatemia (or vitamin D-resistant rickets) in children

Vitamin D supplementation for chronic liver diseases

Healthcare strategies for identifying possible or definite clinical familial hypercholesterolaemia in primary care and other community settings

Prophylactic antibiotics for preventing gram-positive infections associated with long-term central venous catheters in adults and children receiving treatment for cancer

Interventions for preventing weight gain after smoking cessation

NICE Clinical Knowledge Summaries provides primary care practitioners with a readily accessible summary of the current evidence base and practical guidance on best practice in respect of over 300 common and/or significant primary care presentations.

The service is being regularly maintained and upgraded as and when significant new evidence emerges and up to 10 new topics will be added each year. You can access the service here.
National Institute for Health Research (NIHR) Health Technology Assessment

How will you shape ‘Your Path in Research’?

Vaccinating against COVID-19 and influenza at the same time is safe, shows NIHR study

Over a third of COVID-19 patients diagnosed with at least one long COVID symptom

Innovation in healthcare: Why we must be a guiding light to the risk-takers

Reflections on reflecting – how to promote diversity in patient and public involvement

DoH Press Releases/New Publications

Guidance: DHSC non-executive appointments

Press release: New film launched urging public to get flu and COVID-19 vaccines

News story: Travel Update: 47 countries and territories removed from red list

Press release: 40 community diagnostic centres launching across England

Guidance: Child death overview panels: contacts

Press release: Fund to help end cycle of homelessness and hospital readmissions

LIBRARY “BITS AND PIECES”

The above current awareness bulletin has been produced by Keyll Darree Library and Information Service. We aim to produce the bulletin every week. If you need any help locating or accessing any of the items included in this issue, please contact the library staff on 642993/642974.

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