IN THE KNOW: Keeping Staff Informed

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IN THE SPOTLIGHT

Pingdemic: Bar staff being told to delete NHS Covid-19 app

Covid: University students could be told jabs are required
STAFF HEALTH & WELLBEING

10 ideas to reduce hospital waiting lists and minimise staff burn out using human-first design

Hairstyles, hostility and the prejudice black nurses can face about their locs

Think self-care for life

Useful links

Patient.co.uk

NHS Website

Mental Health Foundation

World Health Organisation
Pharmacies run out of lateral flow testing kits again

Covid-19 Regs Are Passed But 5 MHK’s Still Rebel

Residential care home visits restricted

Medical divisions over border policy

Earlier jabs for 500

Eight Covid-19 patients in hospital in the Isle of Man

100,000 lateral flow tests arrive

Jabs for under-18s

Cut breast cancer wait by travelling to England

Advisory group criticises Isle of Man government over Covid situation and expresses 'disappointment'

Police appeal after health worker attacked

Ministers deny covid vaccines 'make people magnetic'
Whipps Cross Hospital patients evacuated after flooding
Lockdown weight gain averaging half a stone - survey
Flooded London hospitals ask patients to stay away
Coronavirus infections continue to fall in UK
The new surgical tool inspired by a wasp
Covid-19: Health trusts in appeal to off-duty staff
Covid: No quarantine for fully jabbed US and EU travellers to England
Blood inquiry: Former health minister defends blood products advice on Aids
Covid: Deaf woman wins claim over lack of sign language at briefings
Are middle-aged people more unhealthy than ever?
NHS England to appoint first female chief executive
Covid vaccines have prevented 60,000 deaths in England - Jonathan Van-Tam
Drug firm fined for huge price rise that hit NHS

Coronavirus: Four numbers that reveal the real trends
Chronic health issues for third in late 40s - study
Covid: UK cases fall for seventh day in a row
Contaminated-blood inquiry: Former Health Minister Clarke denies responsibility
Covid-19: Irish vaccine programme to include 12-15-year-olds
Michael Gove on vaccine passports at events with big crowds
Covid: Alert over inaccurate thermometers bought in UK
Dad builds robotic exoskeleton to help son walk
Boris Johnson on Covid infection rates falling for six days
Multiple sclerosis: Parkour athlete's loss of mobility 'mortifying'
Brazil: Why are so many pregnant women dying from Covid?
Ian Paterson: Plans for further breast surgeon compensation
Covid vaccines: Tourists head to the US to get vaccinated
Woman died in Cardiff home after waiting 'hours' for ambulance
Useful Health Links

NHS Website: A-Z of health conditions
   NHS Website
   Check NHS standards near you
   Cancer Help UK
   British Heart Foundation
Health and Care Professions Council
   Mental Health Foundation
   General Medical Council
Nursing and Midwifery Council

Care Quality Commission
   NICE
   NHS Scotland
   Health in Wales
   NI Direct
Clinical trials information
   Diabetes UK
   British Lung Foundation
   National Obesity Forum
Critical Thinking
Do you believe everything you read? Is there truth behind the headlines? Why does false information spread so fast on social media? What can you do to make sure you don’t get taken in? Start by looking up the stories on websites such as the ones below:

Full fact https://fullfact.org/
Ferret Fact Service https://theferret.scot/ferret-fact-service/
BBC Reality Check https://www.bbc.co.uk/news/reality_check

Misinformation
Do you keep a look out for misinformation circulating online? Do you know the impact it could have on patients? How do you counter it?

Covid-19: Recent claims about cremations and vaccines fact-checked
The Effect of a Wordless, Animated, Social Media Video Intervention on COVID-19 Prevention: Online Randomized Controlled Trial
Raising awareness of misinformation among children in Poland

Bulletins
(click to open)

Bulletin for clinical commissioning groups (CCGs)
Chief Nursing Bulletin
Chief Scientific Officer Bulletin
Compassion in Practice strategy and 6Cs Live!
Liaison and Diversion Bulletin
Pharmacy and Medicines Bulletin

Primary Care Bulletin
Specialised Commissioning Stakeholder Bulletin
Revalidation Matters
Liaison and Diversion Bulletin
Specialised Commissioning Stakeholder Bulletin
Adult Protection & Safeguarding Domestic Violence

'You'd walk out if your husband hit you - you can't when it's your child'

Addiction

Jail and overdose: assessing the community impact of incarceration on overdose

Efficacy of brief intervention for harmful and hazardous alcohol use: a systematic review and meta-analysis of studies from low middle-income countries

Langer’s Illusion of Control and the Cognitive Model of Disordered Gambling
IRE1 and PERK signaling regulates inflammatory responses in a murine model of contact hypersensitivity

Adverse COVID-19 Outcomes in Immune Deficiencies; Inequality Exists Between Subclasses

One hundred and ten years of Allergen Immunotherapy: A journey from empiric observation to evidence

**Asthma**

The Efficacy of the Dyson Air Purifier in Improving Asthma Control: Protocol for a Single-Center, Investigator-Led, Randomized, Double-Blind, Placebo-Controlled Trial

Incremental shuttle walk test: is it able to detect exercise-induced bronchospasm in young adult asthmatics?

**Cardiovascular Disease**

Cross-sectional analysis of educational inequalities in primary prevention statin use in UK Biobank

Comparison of Long-Term Outcomes in Men versus Women Undergoing Percutaneous Coronary Intervention

Prevalence of Aortic Valve Stenosis in Patients With ST-Segment Elevation Myocardial Infarction and Effect on Long-Term Outcome
**Critical Care**

The effect of higher versus lower protein delivery in critically ill patients: a systematic review and meta-analysis of randomized controlled trials

The Effect of Early Sedation With Dexmedetomidine on Body Temperature in Critically Ill Patients*

Noninvasive ventilation vs. high-flow nasal cannula oxygen for preoxygenation before intubation in patients with obesity: a post hoc analysis of a randomized controlled trial

Treatment of the lung injury of drowning: a systematic review

Emerging SARS-CoV-2 variants of concern and potential intervention approaches

**Dental**

How can dentistry better accommodate patients with disabilities?

Research update: osteoporosis and implants

**Dementia**

Exploring the Role of Web-Based Interventions in the Self-management of Dementia: Systematic Review and Narrative Synthesis

Complementary pre-screening strategies to uncover hidden prodromal and mild Alzheimer's disease: Results from the MOPEAD project

Association of cardiovascular risk burden with risk of dementia and brain pathologies: A population-based cohort study

Aducanumab: Appropriate use recommendations
Diabetes

The association between age at diagnosis of type 2 diabetes and albuminuria in Chinese adults: A nationwide population study

Diabetic hearts lose energy during heart attacks

Diet, Nutrition and Obesity

Measuring the Healthiness of Ready-to-Eat Child-Targeted Cereals: Evaluation of the FoodSwitch Platform in Sweden

Best practices and opportunities for integrating nutrition specific into nutrition sensitive interventions in fragile contexts: a systematic review

Digital Health Technology

Telepsychiatry Consultation for Primary Care Treatment of Children and Adolescents Receiving Child Protective Services in Chile: Mixed Methods Feasibility Study

Measuring Public Concern About COVID-19 in Japanese Internet Users Through Search Queries: Infodemiological Study

Teledermatology for the many, not the few: Tackling the racial health divide in a digital world
End of Life Care

Young adults understanding and readiness to engage with palliative care: extending the reach of palliative care through a public health approach: a qualitative study

Physicians’ decreased tendency to choose palliative care for patients with advanced dementia between 1999 and 2015

Medical Assistance in Dying in patients with advanced cancer and their caregivers: a mixed methods longitudinal study protocol

Equality

Patient data-driven insights can help reduce health inequalities

Sewell report ignores ‘well-documented’ evidence of structural racism in the NHS, says BMA

Immunisation and Infection

Überantibodies From Recovered COVID-19 Patients Could Spur New Therapeutics and Vaccines

Safety, tolerability, and immunogenicity of an aerosolised adenovirus type-5 vector-based COVID-19 vaccine (Ad5-nCoV) in adults: preliminary report of an open-label and randomised phase 1 clinical trial

The importance of enterovirus surveillance in a post-polio world
Incidence of Penile Fracture in Iran, a Cross-Sectional Study

Factors Affecting Satisfaction with the Decision-Making Process and Decision Regret for Men with a New Diagnosis of Prostate Cancer


Decolonising the medical curriculum: psychiatry faces particular challenges

The effectiveness of adapted psychological interventions for people from ethnic minority groups: A systematic review and conceptual typology

Coronavirus: the consequences for mental health
Neurology

Cranial Nerve Noninvasive Neuromodulation in Adults With Neurological Conditions: Protocol for a Scoping Review

Can Transcranial Direct Current Stimulation Enhance Poststroke Recovery? Development of a Theoretical Patient-Tailored Model

Obstetrics

Bioethics in Childbirth Care: Protocol for a Scoping Review

Exome sequencing versus targeted gene panels for the evaluation of nonimmune hydrops fetalis

Association between pregnancy and long-term cardiac outcomes in women with congenital heart disease

Occupational Therapy

The Role of Occupational Therapy in Pulmonary Rehabilitation Programs: Protocol for a Scoping Review

Digital Health Interventions in Physiotherapy: Development of Client and Health Care Provider Survey Instruments
**Oncology**

Researchers develop ovarian tumor microenvironment-chip to test novel ways to treat the disease.

Survival outcomes in older men with non-metastatic castration-resistant prostate cancer treated with androgen receptor inhibitors: a US Food and Drug Administration pooled analysis of patient-level data from three randomised trials.

Lower exposure to UVB light may increase colorectal cancer risk.

Usability, Acceptability, and Safety Analysis of a Computer-Tailored Web-Based Exercise Intervention (ExerciseGuide) for Individuals With Metastatic Prostate Cancer: Multi-Methods Laboratory-Based Study.

Search Behavior Regarding Cancer Susceptibility Genes Using a Clinical Decision Support Tool for Gene-Specific Penetrance: Content Analysis.

**Orthopaedics**


Survival rates and reasons for revision of different stem designs in total hip arthroplasty for developmental dysplasia: a regional registry study.

The effectiveness of vibration therapy for muscle peak torque and postural control in individuals with anterior cruciate ligament reconstruction: a systematic review and meta-analysis of clinical trials.

Problems, complications, and reinterventions in 4893 onlay humeral lateralized reverse shoulder arthroplasties: a systematic review (part I—complications).
Design, Implementation, and Examination of a Remote Patient Monitoring System for Pediatric Obesity: Protocol for an Open Trial Pilot Study

Cognitive behavioural therapy is better than no treatment for anxiety in children

**Patient Experience**

Examining Challenges to the Incorporation of End Users in the Design of Digital Health Interventions: Protocol for a Systematic Review

You only had to ask: what people with multiple conditions say about health equity

**Pharmacology**

Determining a safe upper limit of oxygen supplementation for adult patients: a systematic review

Company withdraw liver cancer indication for nivolumab following FDA assessment

FDA reject retifanlimab For Anal Cancer
Primary Care

Amanda Pritchard confirmed as NHS chief executive at 'pivotal time' for health service

Relaxed COVID-19 rules could open door to vaccine-evading variants, say experts

Pandemic driving surge in burnout among trainee doctors and educators, GMC poll shows

Seniors and Aging

Skin cancer: signs and symptoms in older patients

Managing migraine in older patients

Sexual Health

Report highlights global shortfalls to end HIV infections among children and young women

Pre-exposure Prophylaxis (PrEP) Information on Instagram: Content Analysis

A reversible male contraceptive, targeted to the testes with magnets

Sleep Medicine

Prospective changes in sleep problems in response to the daily rest period among Japanese daytime workers: A longitudinal web survey
Sports Medicine/Fitness

Smartphone-Based Interventions for Physical Activity Promotion: Scoping Review of the Evidence Over the Last 10 Years

Primary cam morphology; bump, burden or bog-standard? A concept analysis

Vaping/Smoking


Evidence for a hijacked brain reward system but no desensitized threat system in quitting motivated smokers: An fMRI study

Postdiagnosis smoking cessation and reduced risk for lung cancer progression and mortality

Integrated Smoking Cessation for Smokers With Serious Mental Illness: Protocol for a Convergent Mixed Methods Implementation Evaluation Study
Women’s Health

SARS-CoV-2 antibodies in breast milk: Study

Contraception is free to women, except when it’s not

World Health Organisation

“Hepatitis can’t wait” - WHO commemorates World Hepatitis Day 2021

Joint statement by UNICEF Executive Director Henrietta Fore and WHO Director-General Dr. Tedros Adhanom Ghebreyesus for the Pre-Summit of the UN Food Systems

WHO reports progress in the fight against tobacco epidemic

WHO launches updated manual to ensure high quality testing of human semen in clinical and research settings

The WHO and Angry Birds Friends encourage communities to stay active during COVID-19
SOCIAL AND COMMUNITY CARE

How councils are failing to amend social care charging systems deemed unlawful by High Court

ADCS president suggests national pay rates for agency social workers to reduce staff churn

Growing majority of children’s social workers feeling stressed and overworked, finds DfE study

Government drops proposed overhaul of Mental Health Act-MCA interface due to ‘very limited support’

Care homes face losing 40,000 staff from compulsory vaccinations policy

Children’s social workers to receive standards on autism practice

Government signals shift towards national adoption services under latest strategy

Key Resources

Social Care TV

e–Learning

Social Care Online

Research Register for Social Care

Social Care Research Ethics Committee

All SCIE resources
A referral to diagnosis target is the wrong solution to the huge risk in the elective backlog

Comprehensive Spending Review roundtable

On the precipice of change: primary care networks

Vaccine rallying cry to young people as England’s NHS hits 70 million COVID jabs

A referral to diagnosis target is the wrong solution to the huge risk in the elective backlog

Ethnic differences in health present a complex picture

NHS Digital gives patients easier access to who uses their data

NHS Digital pledges to increase staff diversity by 2025

The legacy of primary care trusts

The lived experience of disabled people during the Covid-19 pandemic

‘If you’re not counted, you don’t count’: what can be done to tackle LGBTQ+ health inequalities?

A perfect storm?

Debating who should run the NHS

Good quality affordable homes can help improve public health and reduce widening health inequalities

Improvement, improvement, improvement

Let's all share in self-care

Mobile messaging platforms: the clinical and regulatory risks explored

NHS England appoints first female chief executive

Supporting the LGBTQ+ population tweet chat

The day of reckoning is nigh – the Conservatives promised, now they must deliver

There's good reason for the NHS to engage internationally

Wellness and self-care is the only way of achieving a healthy future

Theme park joins NHS COVID vaccine drive

Fostering Hospital Resilience—Lessons From COVID-19
Subcutaneous fat necrosis in an infant with hypoxic ischaemic encephalopathy stage 3: an uncommon association

Adult nasal chondromesenchymal hamartoma: a rare and benign tumour with aggressive malignant transformation

Acute upper airway obstruction due to tonsillitis necessitating emergency cricothyroidotomy

Malignant teratoma of the thyroid

Large multicystic spinal lesion in a young African migrant: a problem of differential diagnosis

Retinal imaging via the implantable miniature telescope

Malignant idiopathic intracranial hypertension revealed a hidden primary spinal leptomeningeal medulloblastoma

Apoplexy in a previously undiagnosed pituitary macroadenoma in the setting of recent COVID-19 infection

Unusual case of malignant pleural mesothelioma

Extremely viscous stool in a newborn leading to an early diagnosis of a life-long disease

Syphilis presenting as acute syphilitic posterior placoid chorioretinitis

Malakoplakia prostate presenting as urinary retention: a report of two cases and review of the literature
Neoadjuvant chemotherapy and surgery versus chemoradiotherapy for locally advanced cervical cancer

Ivermectin for preventing and treating COVID-19

Effect of decision-support tools on mobile phones on primary health care

Baseline scores of Mini-Mental State examination (MMSE) for early prediction of developing dementia in people with mild cognitive impairments (MCI)

The impact of growth monitoring and promotion on health indicators in children under five years of age in low- and middle-income countries

Approaches to help people with COPD who have one or more long-term conditions

Compression bandages or stockings versus no compression for treating venous leg ulcers

Patient navigator programmes for children and adolescents with chronic diseases
NICE Clinical Knowledge Summaries provides primary care practitioners with a readily accessible summary of the current evidence base and practical guidance on best practice in respect of over 300 common and/or significant primary care presentations.

The service is being regularly maintained and upgraded as and when significant new evidence emerges and up to 10 new topics will be added each year. You can access the service here.

**National Institute for Health Research (NIHR) Health Technology Assessment**

**Participation in elite rugby may affect brain structure**

**DoH Press Releases/New Publications**

- **Guidance: National flu immunisation programme plan**
- **News story: UK travel update: government waives quarantine for arrivals fully vaccinated from Europe and USA while also confirming international cruise restart**
- **Guidance: COVID-19: guidance on protecting people defined on medical grounds as extremely vulnerable**
- **Press release: UK begins donating millions of COVID-19 vaccines overseas**
- **Promotional material: Leaving hospital to go to another place of care: patient leaflet**
- **Guidance: Private providers of coronavirus (COVID-19) testing**
- **Policy paper: Data saves lives: reshaping health and social care with data (draft)**
- **Guidance: COVID-19 test approval: how to apply**
- **Guidance: COVID-19: guidance on protecting people defined on medical grounds as extremely vulnerable**
LIBRARY “BITS AND PIECES”

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