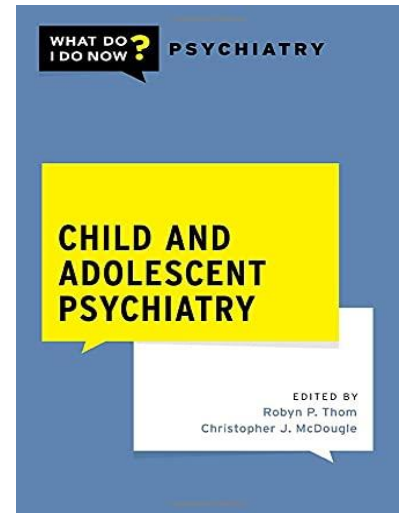


# TOP NEW TITLES

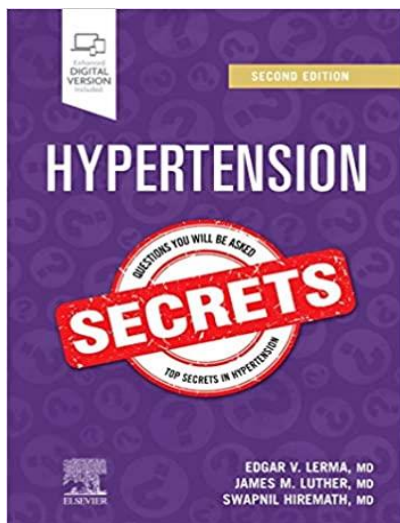
## JULY

### 1- Child and Adolescent Psychiatry.

Part of the What Do I Do Now? Psychiatry series, Child and Adolescent Psychiatry provides a practical biopsychosocial approach to assessing and treating psychiatric disorders in children and adolescents. Case studies covered include neurodevelopmental disorders, schizophrenia, mood disorders, anxiety disorders, obsessive-compulsive and related disorders, trauma and stressor-related disorders, factitious disorder imposed on another, feeding and eating disorders, encopresis, gender dysphoria, substance-related and addictive disorders, and delirium. Each chapter includes an overview of the epidemiology of the disorder, common signs and symptoms, key aspects of the clinical assessment, and a biopsychosocial treatment approach with considerations based upon the age and developmental stage of the patient.



### 2- Hypertension Secrets



For more than 30 years, the highly regarded Secrets Series® has provided students and practitioners in all areas of health care with concise, focused, and engaging resources for quick reference and exam review. Hypertension Secrets, 2nd Edition, offers practical, up-to-date coverage of the full range of essential topics in this dynamic field. This highly regarded resource features the Secrets' popular question-and-answer format that also includes lists, tables, pearls, memory aids, and an easy-to-read style - making inquiry, reference, and review quick, easy, and enjoyable.

-The proven Secrets Series® format gives you the most return for your time - succinct, easy to read, engaging, and highly effective.

-Covers the full range of pathophysiology, natural history, and diagnosis and management of hypertension for in-training or practicing professionals.

-Fully revised and updated, including protocols and guidelines that are continuously evolving and that increasingly dictate best practices.

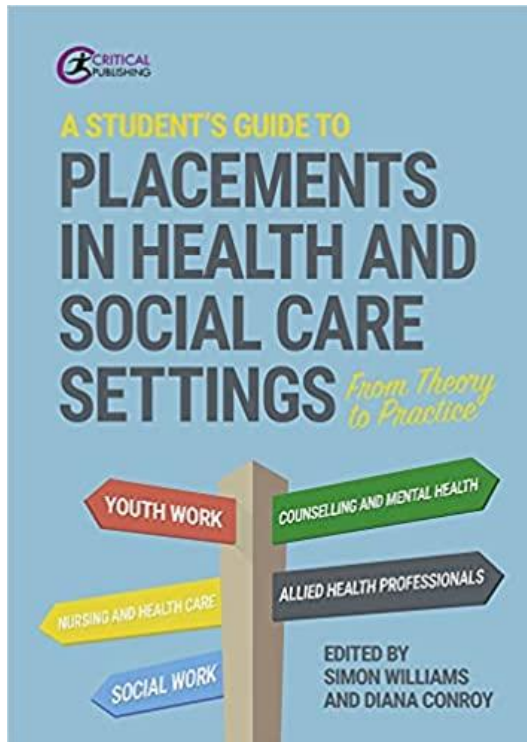
-Includes chapters on obstructive sleep apnea; drug- or alcohol-induced hypertension; hypertension and diabetes, the obese individual, African Americans, the elderly, thyroid disorders, and pregnancy; and the role of device therapy.

### 3- This Way Out

Amar can't wait to tell everyone his wonderful news: he's found The One, and he's getting married. But it turns out announcing his engagement on a group chat might not have been the best way to let his strict Muslim Bangladeshi family know that his happy-ever-after partner is a man—and a white man at that. Amar expected a reaction from his four siblings, but his bombshell sends shockwaves throughout the community and begins to fracture their family unit, already fragile from the death of their mother. Suddenly Amar is questioning everything he once believed in: his faith, his culture, his family, his mother's love—and even his relationship with Joshua. Amar was sure he knew what love meant, but was he just plain wrong? He's never thought of his relationship with Joshua as a love story—they just fit together, like two halves of a whole. But if they can reconcile their differences with Amar's culture, could there be hope for his relationship with his family too? And could this whole disaster turn into a love story after all?



#### 4- A Student's Guide to Placements in Health and Social Care Settings: From Theory to Practice.



A Student's Guide to Placements in Health and Social Care Settings takes theory beyond the classroom and apply it to real settings, enabling students to recognise their own learning journey and develop their own distinct professional identity within a wider interprofessional context.

This is a key resource for placement experience with insights from experts and advice direct from students who have already been on placement. With clear guidelines, and structured so that you can dip into different chapters as needed, it responds to the unique nature of placement opportunities and is the first line resource students should turn to.

Whatever course you're studying in the caring profession - Social Work, Health and Social Care, Youth Work, Nursing or Counselling – this is essential reading to help understand how theory can support and improve your placement experience, ensuring you get the very most out of it.

#### 5 - Mental Health and Mental Illness in Paramedic Practice

The text introduces fundamental concepts and theories in mental health and mental illness in the context of paramedic principles of care. It delves into topics such as person-centred mental healthcare; communication and the therapeutic relationship; and legal and ethical issues - all within the realm of paramedic practice. The textbook steps students through common patient presentations in the pre-hospital setting and offers practical guidance in applying appropriate approaches to treatment.

- Case studies accompanied by critical thinking questions are incorporated throughout to assist with application to practice
- Demonstrates relevance to real-life scenarios through consumer vignettes and paramedic stories
- Special considerations embedded in each chapter, including: cultural considerations; ethics and ethical dilemmas; inter-professional practice, application and considerations; and ongoing care / other modes of care
- Review questions included at the end of each chapter to ensure reflection on key topics and concepts
- Strong focus on evidence-based research and practice
- Core components of undergraduate paramedicine addressed
- An eBook included in all print purchases

