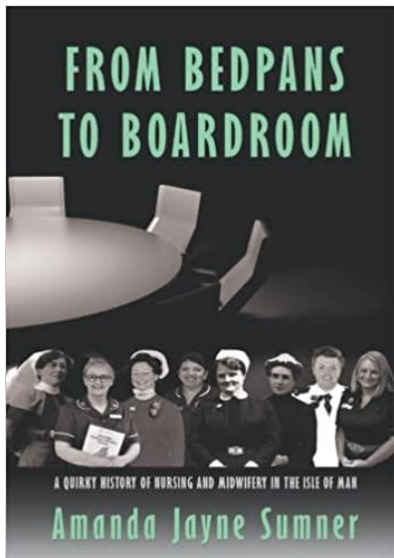


# TOP NEW TITLES

## JANUARY 2023

### 1. **From Bedpans to Boardroom: A Quirky History of Nursing and Midwifery in the Isle of Man.**



Of interest to local historians as well as health professionals, *From Bedpans to Boardroom* provides a unique account of the history of nursing and midwifery in the Isle of Man – an area never before researched for publication, and describes the transformation of Manx nurses and midwives from the uneducated, subservient handmaids of the late 1800s, to the erudite, specialist practitioners of 2022.

The book recounts the political and societal changes which have influenced health service provision over the last 150 years. It describes the austere working conditions experienced by hospital, community, and mental health nurses, and offers an insight into the uniqueness of Island nursing.

### 2. **A Toolkit of Motivational Skills: How to Help Others Reach for Change.**

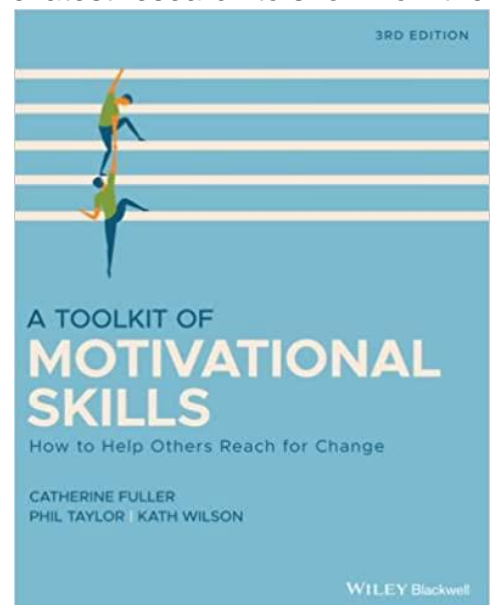
*A Toolkit of Motivational Skills, Third Edition*, draws on the latest research to show how the Motivational Interviewing approach can be effectively utilized to draw out and sustain an individual's internal motivation for behavioural change.

Updated with a wide range of applications and practical examples of motivational techniques which have effectively helped others to change

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Features a variety of supplemental resources including 16 online video examples of MI in action, with a workbook chapter that helps readers analyse each video in detail

Includes new illustrations and diagrams designed to amplify the text and make it an engaging and enjoyable reading experience.



### 3. Evidence-based Practice in Nursing (Transforming Nursing Practice Series)

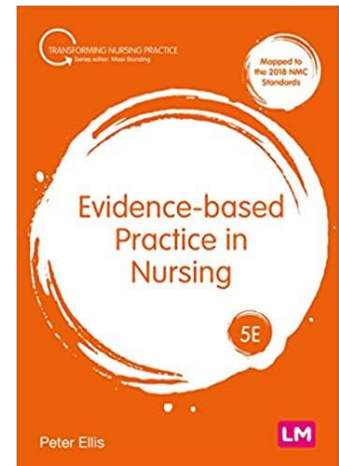
Evidence-based practice is central to safe, high-quality and effective nursing. However, learning how to critique evidence and apply it to practice can be challenging at first. Written in clear, student-friendly language, this book builds your understanding of the terminology, theory and practice of using evidence. Learn how to evaluate different sources of evidence, apply this to your clinical decision making and, ultimately, contribute to an evidence-based culture in your workplace.

Key features

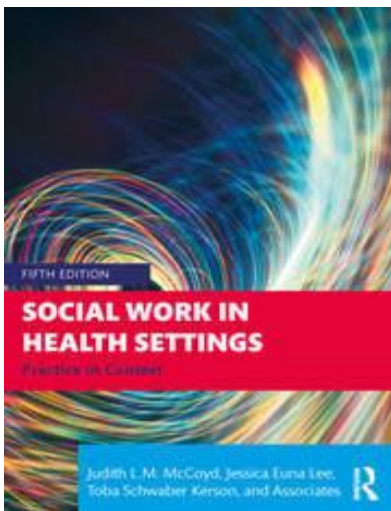
- Each chapter is mapped to the new 2018 NMC standards, showing how what you have learned relates to the requirements of a registered nurse.

- Filled with activities and student case studies to help you understand how to identify, evaluate and implement evidence-based practice.

- Promotes an evidence-based culture in all aspects of nursing practice, supporting your professional identity and development.



### 4. Social Work in Health Settings Practice in Context



This fully revised and expanded fifth edition of *Social Work in Health Settings: Practice in Context* maintains its use of the Practice-in-Context (PiC) decision-making framework to explore a wide range of social work services in healthcare settings. The PiC is updated in this edition to attend to social determinants of health and structural conditions. The PiC framework is applied in over 30 case chapters to reflect varied health and social care settings with multiple populations. Fully updated to reflect the landscape of healthcare provision in the US since the Affordable Care Act was reaffirmed in 2020, the cases are grounded by "primer" chapters to illustrate the necessary decisional and foundational skills for best practices in social work in health settings.

### 5. Overcoming Pathological Gambling: Therapist Guide (Treatments That Work)

As gambling becomes more prevalent and more accessible in our society, pathological gambling is growing as a serious problem. In most instances, excessive gambling negatively affects a person's home, social and professional life, as well as leads to serious financial trouble. In repeated trials, cognitive-behavioural therapy has proven an extremely effective treatment for this problem.

Written by the developers of an empirically supported CBT program for the treatment of pathological gambling, this Therapist Guide includes all the information and materials necessary to implement successful treatment. Most pathological gamblers exhibit misconceptions or erroneous beliefs about the nature of gambling, believing they can "beat the system". One of the central points of focus of this treatment is to help clients correct these beliefs and understand the true nature of games of chance.

