

UpToDate and UpToDate Anywhere



A Keyll Darree Library Guide

What is UpToDate/UpToDate Anywhere?

UpToDate is a clinical resource designed to assist with diagnosis and treatment. A subscription to UpToDate® includes access to over 10,000 topics in over 22 specialties. UpToDate Anywhere is an app based version of UpToDate which you can use on the go. You are required to log in on a Government computer every 90 days to retain your access.

Contents:

[How to Register](#)

[Using UpToDate](#)

[Reviewing my Search History](#)

[Redeeming CME Points](#)

Found this useful? Think we need to change something? Please spare 2 minutes to fill out our [Online Training Feedback Survey](#)

How to Register

Go to www.uptodate.com/ and click register if you need to create an account, or login if you already have one.

UpToDate®

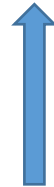
Nobles Hospital ▾

Contents ▾ Calculators Drug Interactions

Register

Log In

Search UpToDate



If you work for the Department of Health and Social Care you can register for UpToDate Anywhere. You need to be logged on to a Government PC affiliated with Nobles Hospital. You can then register for an account which will enable you to view UpToDate Anywhere on any device including your laptop, phone, or tablet.

Fill out the form to register.

UpToDate®



Contents Calculators Drug Interactions



Register for an UpToDate account

Athens username and password is required to access this resource. If you have any questions contact library staff on by tel: 01624 642993/642974 or emailing librarykeyldarree@gov.im.

Already registered? Please [log in](#) with your UpToDate username and password.

First Name

Last Name

Email

Country ▾

ZIP/Postal Code (optional)

City

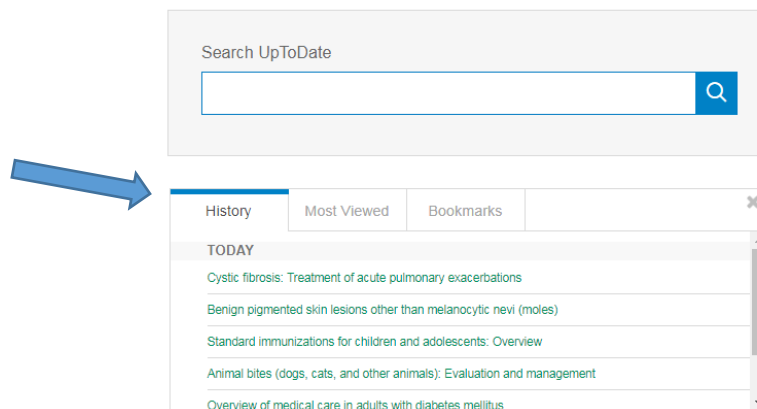
Specialty ▾

Role ▾

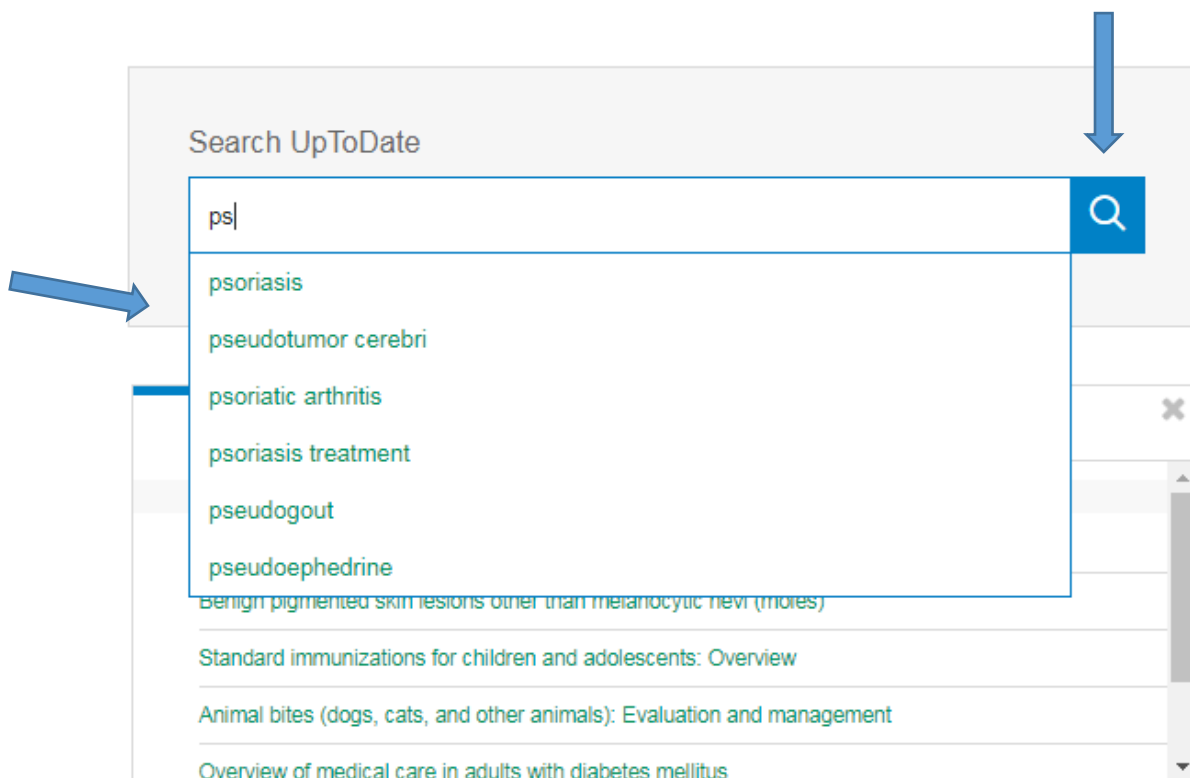
Found this useful? Think we need to change something? Please spare 2 minutes to fill out our [Online Training Feedback Survey](#)

Using UpToDate

Once you have logged in your name will display at the top of the page, alongside your Continuing Medical Education (CME) credits. In the centre of the page there is a search bar, and a personalised widget which shows your search history, most viewed topics, and bookmarked topics.



Use the search bar to look for topics, it will offer autocomplete suggestions. Select the one which best matches what you are looking for, or press the magnifying glass to search.



Found this useful? Think we need to change something? Please spare 2 minutes to fill out our [Online Training Feedback Survey](#)

Your search results will display and suggest any relevant terms too.

Showing results for **psoriatic arthritis**

[All](#) [Adult](#) [Paediatric](#) [Patient](#) [Graphics](#)

Click related term for psoriatic arthritis: [spondyloarthritis](#)

Clinical manifestations and diagnosis of psoriatic arthritis
... occasionally coexist with PsA. Certain clinical features suggest **psoriatic arthritis** in the absence of psoriasis (**psoriatic arthritis** sine psoriasis) : Distal joint involvement; Asymmetric distribution; ...

- Laboratory findings
- Diagnosis
- Summary and recommendations

Treatment of psoriatic arthritis
... Research and Assessment of Psoriasis and **Psoriatic Arthritis** (GRAPPA), which has made treatment recommendations in 2009 and 2015 for psoriasis and **psoriatic arthritis** (PsA) . EULAR treatment recommendations ...

- Choice of nonbiologic DMARD and other agents
- Summary and recommendations

Pathogenesis of psoriatic arthritis
... The precise causes of psoriasis and **psoriatic arthritis** (PsA) have not been identified. It seems likely, however, that genetic, immunologic, and environmental factors all contribute . It is also reasonable ...

- Genetic factors
- Environmental and other factors
- Summary

Tip: Use the adult, paediatric, patient, and graphics options along the top bar of results to narrow down your search results.

Select the topic you wish to read more about, or the key sections of the topic which are listed in blue underneath. Alternately, hover over the arrow to the right of the topic and select from the detailed outline.

Click related term for psoriatic arthritis: [spondyloarthritis](#)

Clinical manifestations and diagnosis of psoriatic arthritis
... occasionally coexist with PsA. Certain clinical features suggest **psoriatic arthritis** in the absence of psoriasis (**psoriatic arthritis** sine psoriasis) : Distal joint involvement; Asymmetric distribution; ...

- Laboratory findings
- Diagnosis
- Summary and recommendations

Treatment of psoriatic arthritis
... Research and Assessment of Psoriasis and **Psoriatic Arthritis** (GRAPPA), which has made treatment recommendations in 2009 and 2015 for psoriasis and **psoriatic arthritis** (PsA) . EULAR treatment recommendations ...

- Choice of nonbiologic DMARD and other agents
- Summary and recommendations

Pathogenesis of psoriatic arthritis
... The precise causes of psoriasis and **psoriatic arthritis** (PsA) have not been identified. It seems likely, however, that genetic, immunologic, and environmental factors all contribute . It is also reasonable ...

- Genetic factors
- Environmental and other factors
- Summary

Society guideline links: Psoriatic arthritis in adults
... separately. Group for Research and Assessment of Psoriasis and **Psoriatic Arthritis** (GRAPPA); Treatment recommendations for **psoriatic arthritis**, 2015 (published 2016) Canadian Rheumatology Association (...

Topic Outline

- SUMMARY & RECOMMENDATIONS
- INTRODUCTION
- MANAGEMENT PRINCIPLES AND PRETREATMENT INTERVENTIONS
- NONPHARMACOLOGIC TREATMENT
- PERIPHERAL ARTHRITIS
 - Overview of approach
 - Mild arthritis/NSAIDs
 - Moderate to severe arthritis or resistant to NSAID
 - Choice of nonbiologic DMARD and other agents
 - Methotrexate
 - MTX use and efficacy
 - MTX safety and monitoring

Found this useful? Think we need to change something? Please spare 2 minutes to fill out our [Online Training Feedback Survey](#)

Use the find tool to search for specific words within your topic. Patient takes you to patient information in the document, share allows you to send the topic via email, aA changes the text size, and bookmark saves the topic to your account.

[Back to Search](#) psoriatic arthritis Find Patient Print Share AA Bookmark

Topic Outline

- SUMMARY & RECOMMENDATIONS
- INTRODUCTION
- MANAGEMENT PRINCIPLES AND PRETREATMENT INTERVENTIONS
- NONPHARMACOLOGIC TREATMENT
- PERIPHERAL ARTHRITIS
 - Overview of approach
 - Mild arthritis/NSAIDs
 - Moderate to severe arthritis or resistant to NSAID
 - Choice of nonbiologic DMARD and other agents
 - Methotrexate
 - MTX use and efficacy
 - MTX safety and monitoring
 - Leflunomide
 - Apremilast
 - Severe peripheral arthritis/adverse prognosis

Treatment of psoriatic arthritis

Authors: [Dafna D Gladman MD FRCP](#), [Christopher Ritchlin MD MPH](#)
Section Editor: [Joachim Sieper MD](#)
Deputy Editor: [Paul L Romain MD](#)
[Contributor Disclosures](#)

All topics are updated as new evidence becomes available and our [peer review process](#) is complete.
Literature review current through: **Sep 2019**. | This topic last updated: **Nov 20, 2018**.

INTRODUCTION

The treatment of psoriatic arthritis (PsA) involves the use of a variety of interventions, including many of the agents used for the treatment of patients with other forms of inflammatory arthritis, particularly spondyloarthritis and rheumatoid arthritis (RA), and others employed for the management of the cutaneous manifestations of psoriasis.

Although a number of medications are effective in the treatment of both RA and PsA, trials involving some classes of biologic agents indicate that patients with RA and PsA can also experience markedly different responses to some drug classes. Treatment of the different elements of PsA includes coordinated intervention to address the major domains of the disease, including peripheral and axial arthritis, enthesitis, dactylitis, and skin and nail involvement. (See "[Clinical manifestations and diagnosis of psoriatic arthritis](#)".)

The treatment of PsA, including peripheral and axial arthritis, enthesitis, and dactylitis, is discussed in this topic review. The treatment of psoriatic skin and nail involvement, the clinical manifestations and diagnosis

Topic Feedback

- Patients benefit from evaluation and treatment early in the disease by clinicians with expertise in the care of patients with rheumatologic conditions [3,4] (see '[Prognosis](#)' below), and treatment should be coordinated between the rheumatologist, primary care clinician, and other specialists (eg, the dermatologist). Differences in response to individual therapies between the skin and joints, and between different musculoskeletal manifestations, are commonly observed.

Tip: Click on the numbers to see the referenced abstract.

At the bottom of the left hand navigation bar for each topic there is a list of related topics. Scroll to the bottom to check it out.

[Back to Search](#) Treatment of psoriatic arthritis psoriatic arthritis Find Patient Print Share AA Bookmark

Activity Index (DASDPAI) in adults

RELATED TOPICS

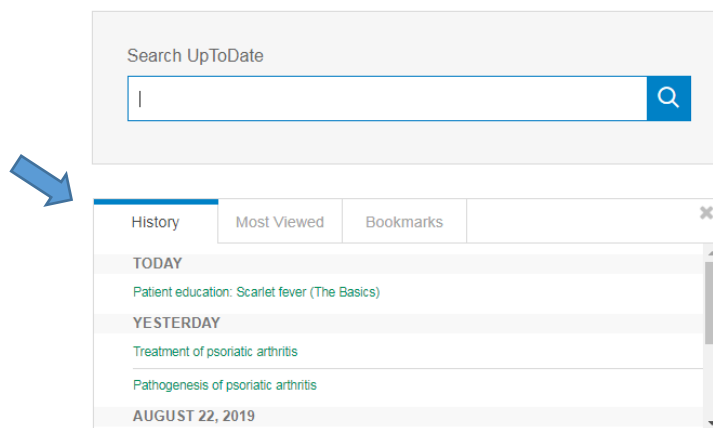
- [Approach to diagnosis of latent tuberculosis infection \(tuberculosis screening\) in adults](#)
- [Assessment of rheumatoid arthritis activity in clinical trials and clinical practice](#)
- [Chemotherapy nephrotoxicity and dose modification in patients with renal insufficiency: Conventional cytotoxic agents](#)
- [Clinical manifestations and diagnosis of psoriatic arthritis](#)

- [Gladman DD, Ang M, Su L, et al. Cardiovascular morbidity in psoriatic arthritis. *Ann Rheum Dis* 2009; 68:1131.](#)
- [Ali Y, Tom BD, Schentag CT, et al. Improved survival in psoriatic arthritis with calendar time. *Arthritis Rheum* 2007; 56:2708.](#)
- [Gladman DD. Mortality in psoriatic arthritis. *Clin Exp Rheumatol* 2008; 26:S62.](#)
- [Shbeeb M, Uramoto KM, Gibson LE, et al. The epidemiology of psoriatic arthritis in Olmsted County, Minnesota, USA, 1982-1991. *J Rheumatol* 2000; 27:1247.](#)
- [Buckley C, Cavill C, Taylor G, et al. Mortality in psoriatic arthritis - a single-center study from the UK. *J Rheumatol* 2010; 37:2141.](#)

Found this useful? Think we need to change something? Please spare 2 minutes to fill out our [Online Training Feedback Survey](#)

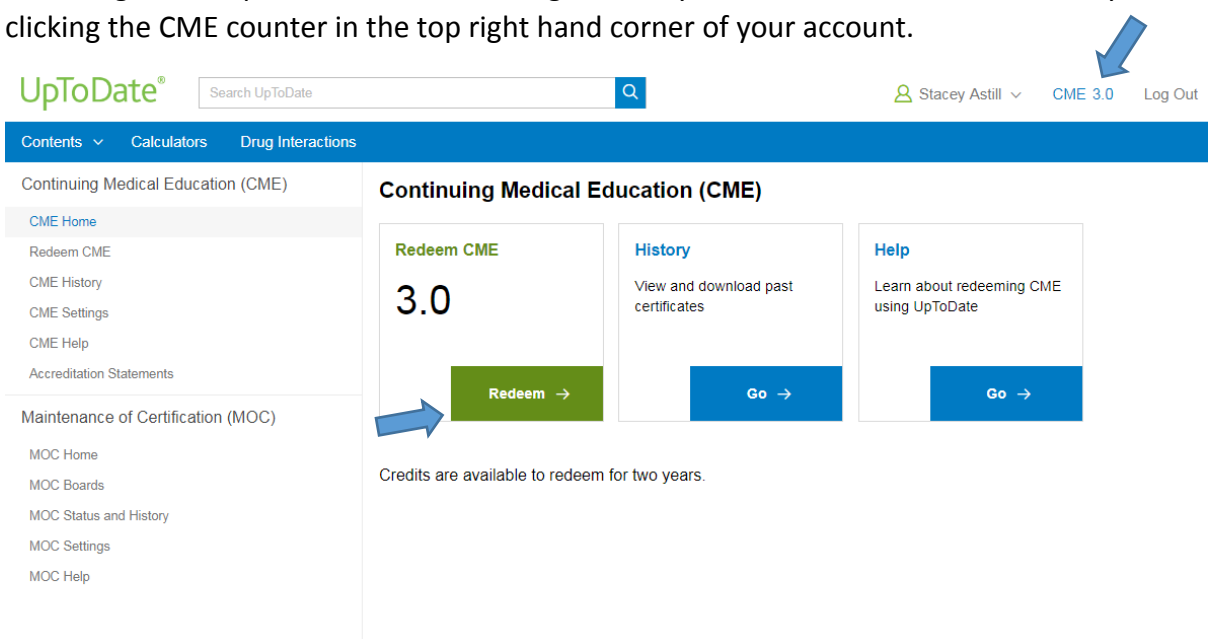
Reviewing my Search History

On the main search page (click the UpToDate logo in the top right hand corner to return to this section) your history, most searched, and bookmarked articles will be displayed. You can search these to see previously viewed articles.



Redeeming CME Points

You will gain CME points when researching, and they can be viewed and redeemed by clicking the CME counter in the top right hand corner of your account.



Found this useful? Think we need to change something? Please spare 2 minutes to fill out our [Online Training Feedback Survey](#)

Select which credits you would like to reflect on and redeem, and then continue

Step 1: Select credits

Please claim only those credits spent on educational activity.

Choose how to display your AMA PRA Category 1 Credit™ credits, then select the credits you wish to redeem.

Display by: Credit Count Month Range

10 credits 25 credits 50 credits



<input checked="" type="checkbox"/>	Credits	Date	Time (GMT +1)	Search term	Topic(s) reviewed
<input checked="" type="checkbox"/>	0.5	Oct 02, 2019	11:52 AM	psoriatic arthritis	<ul style="list-style-type: none"> Treatment of psoriatic arthritis Pathogenesis of psoriatic arthritis
<input checked="" type="checkbox"/>	0.5	Aug 22, 2019	01:14 PM	amoxicillin	<ul style="list-style-type: none"> Cystic fibrosis: Treatment of acute pulmonary exacerbations
<input checked="" type="checkbox"/>	0.5	Aug 22, 2019	01:14 PM	freckles	<ul style="list-style-type: none"> Benign pigmented skin lesions other than melanocytic nevi (moles)
<input checked="" type="checkbox"/>	0.5	Aug 22, 2019	01:13 PM	immunizations	<ul style="list-style-type: none"> Standard immunizations for children and adolescents: Overview
<input checked="" type="checkbox"/>	0.5	Aug 22, 2019	01:13 PM	cat bite	<ul style="list-style-type: none"> Animal bites (dogs, cats, and other animals): Evaluation and management
<input checked="" type="checkbox"/>	0.5	Aug 22, 2019	01:09 PM	diabetes	<ul style="list-style-type: none"> Overview of medical care in adults with diabetes mellitus

Select your search goal and practice application and then continue.

Step 2: Reflect on 3.00 credits

Search term	Topic(s) reviewed	Credits	Date	Time (GMT +1)
psoriatic arthritis	<ul style="list-style-type: none"> Treatment of psoriatic arthritis Pathogenesis of psoriatic arthritis 	0.5	Oct 02, 2019	11:52 AM
My search goal (select one): <input type="checkbox"/> Clinical manifestations <input type="checkbox"/> Diagnosis <input type="checkbox"/> Treatment <input type="checkbox"/> Prognosis <input type="checkbox"/> Prevention <input type="checkbox"/> Other		Application to practice (select one): <input type="checkbox"/> This modified my plan <input type="checkbox"/> This reinforced my plan <input type="checkbox"/> I need more information		
amoxicillin	<ul style="list-style-type: none"> Cystic fibrosis: Treatment of acute pulmonary exacerbations 	0.5	Aug 22, 2019	01:14 PM
My search goal (select one): <input type="checkbox"/> Clinical manifestations <input type="checkbox"/> Diagnosis <input type="checkbox"/> Treatment <input type="checkbox"/> Prognosis <input type="checkbox"/> Prevention <input type="checkbox"/> Other		Application to practice (select one): <input type="checkbox"/> This modified my plan <input type="checkbox"/> This reinforced my plan <input type="checkbox"/> I need more information		

Found this useful? Think we need to change something? Please spare 2 minutes to fill out our [Online Training Feedback Survey](#)

Finally, evaluate your use of UpToDate and submit.

Step 3: Evaluate

UpToDate CME Evaluation for AMA PRA Category 1 Credit™ and equivalents

We are working to improve this program based on feedback from our participants. Your responses are important to this process. Please answer all of the questions. Thank you for your help.

1. My use of UpToDate:

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
a) reinforces my approach and my knowledge of the evidence supporting the approach	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b) modifies the way I manage patients	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c) improves the quality of care I provide to my patients	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

2. Please describe a change you have made in your practice as a result of using UpToDate:

Thank you for taking the time to read this guide, and if you have any further questions then please get in touch with us at librarykeylldarree@gov.im or on 642993.

We'd also love your feedback on this training, please spare 2 minutes to fill out our [Online Training Feedback Survey](#)

Found this useful? Think we need to change something? Please spare 2 minutes to fill out our [Online Training Feedback Survey](#)