If you have a new and continuous cough or a high temperature, stay at home for 14 days, this includes all household members if you live with others.

SEEK CLINICAL ADVICE
Use the online assessment.gov.im/covidtest to determine whether a call needs to be made to the COVID 111 helpline.

Stop the spread of coronavirus

Wash your hands more often and for 20 seconds:
- Use soap and water or a hand sanitiser when you:
  - Get home or into work
  - Blow your nose, sneeze or cough
  - Eat or handle food

Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze and dispose of the tissue straight away.

Supervise young children to ensure they wash their hands more often than usual.

Posters and lesson plans on general hand hygiene can be found on the eBug website.

Clean and disinfect regularly touched objects and surfaces more often than usual using your standard cleaning products.

Staff, young people and children should stay at home if they are unwell with a new, continuous cough or a high temperature to avoid spreading infection to others.

If someone becomes unwell with a new, continuous cough or a high temperature, they should be sent home and advised to seek clinical advice using the online assessment at gov.im/covidtest to determine whether they need to call the COVID 111 helpline. They must self-isolate for 14 days from the onset of symptoms, regardless of whether they are tested and whether the test result is positive or negative. If the test is positive, details will be passed to the Public Health Contact Tracing Service so any contacts can be followed up and advised.

Schools with special education needs support will remain open to provide care for vulnerable children and those whose parents are classed as key workers critical to the Island's COVID-19 response. Nurseries are now required to close except to provide services to the children of key workers.

Ref: COVID-19: 022P
07 April 2020