Check out our library website, Facebook or Twitter for details of all our services, facilities and any forthcoming events.

In this issue:

IN THE SPOTLIGHT

MANX SKEET

STAFF HEALTH & WELLBEING

HOT OFF THE PRESS

PUBLIC HEALTH

EVIDENCE BASED PRACTICE

SOCIAL AND COMMUNITY CARE

HEALTH MANAGEMENT

PATIENT INFORMATION

LIBRARY BITS AND PIECES

IN THE SPOTLIGHT

The rise of superbugs: Facing the antibiotic resistance crisis

Doctors may face suspension over NHS 'worst maternity scandal'
STAFF HEALTH & WELLBEING

Sounding it out: ‘Listening to white noise put my life back on track’

Do Different Alcoholic Drinks Give You Worse Hangovers?

Under pressure: how stress can change our lives for the better

Don't confuse luck with skill when rewarding performance

No inquiry into foster complaint

Here’s Why Gaining Weight Was Actually The Best Thing That Ever Happened To Me

Is Getting 'Layered' At Work An Automatic Demotion?

Useful links

Patient.co.uk

NHS Website

Mental Health Foundation

World Health Organisation
Chief Minister and Health Minister attend British-Irish Council

Guy Martin event raises £17,000 for Huntington's Disease IOM

Total days off sick in govt was 86,960

Onchan woman features in lung cancer campaign

Breast cancer rise among young women, charity says

Service to remember island organ donors

HOT OFF THE PRESS

BBC News

(Asterisked items have been critically reviewed in Behind the Headlines. See below.)

Worcester University student in meningitis warning after collapse

Abusive note left on ambulance in Southend

Switch to vaping 'helps smokers' hearts'

General election 2019: Labour vows to end dental check-up charges

NHS staff shortages put 'cancer survival rates at risk'

Huntington's disease: Woman who inherited gene sues NHS

'Power of attorney more important than will', says widow

Unite's health workers to vote on industrial action
Glasgow hospital death of three-year-old boy probed by police

Health Secretary had no prior knowledge of hospital death

Ollie Gardiner: Cancer teen's family donates treatment funds to research

Genetically-modified babies 'ethically justifiable', academic claims

Coroner urges first aid training for chiropractors

NHS to pay tax bills to get doctors back to work

General election 2019: Income tax rise will boost NHS budget - Lib Dems

Ulster University Magee medical school plans delayed again

Charities call for Glasgow homeless shelter to open early

Hospital review has examined water contamination

NHS health board Cwm Taf Morgannwg 'prioritised targets over safety'

Bristol art exhibition helps people talk about grief

Foetal alcohol spectrum disorder: Mum's fight for diagnosis

Dr Michael Watt: Neurologist 'carried out hundreds of needless procedures'

Vegan sues Burger King for cooking Impossible Whopper on meat grill

Health secretary to make statement on crisis-hit Glasgow NHS board

Old age: Why 70 may be the new 65

Shrewsbury and Telford Hospital: Babies and mums died 'amid toxic culture'

Millions 'missing out' on NHS dentistry

More families come forward in Shropshire maternity inquiry

Adopting lung disease plan could save Scotland's NHS £10m

Wrexham sepsis death woman 'was refused antibiotics'

Dear Evan Hansen: The musical tackling 'the agonies of youth'

Leeds woman reveals 'trauma' of mental health detention

UK workers 'pull sickies to avoid going to work'

Patient died after 'transplant surgeon error'

'Half of women will be carers by the age of 46'

A&E units continue to struggle on waiting times

'Flu nearly killed me last winter'

Shrewsbury and Telford NHS maternity death review families unaware

Domestic abuse victims 'still being let down' in Wales

Sepsis digital alert 'led to faster treatment with antibiotics'

'Flu nearly killed me last winter'

DR Congo measles: Nearly 5,000 dead in major outbreak
Mother of hospital death boy: 'I've been ignored'

Cancer: One in five cancer diagnoses 'in Emergency Departments'

Bacterial allies make dengue fever cases dive

'Global epidemic' of childhood inactivity

Wrexham sepsis death: Samantha Brousas told 'no hospital bed'

Patient died after 'transplant surgeon error'

Useful Health Links

NHS Website: A-Z of health conditions

NHS Website

Check NHS standards near you

Cancer Help UK

British Heart Foundation

Health and Care Professions Council

Mental Health Foundation

General Medical Council

Nursing and Midwifery Council

Care Quality Commission

NICE

NHS Scotland

Health in Wales

NI Direct

Clinical trials information

Diabetes UK

British Lung Foundation

National Obesity Forum
Behind the Headlines

Do you believe everything you read? The NHS Knowledge Service provides a critical view of current health related news items to critically analyse their sources, content and findings.

- **Smokers who switch to vaping could soon 'have healthier hearts'**
- **Fear of statin links to memory problems 'unfounded'**
- **Inducing birth at 41 weeks 'may reduce risk of stillbirth'**

**Bulletins**

(click to open)

- [Bulletin for clinical commissioning groups (CCGs)](#)
- [Chief Nursing Bulletin](#)
- [Chief Scientific Officer Bulletin](#)
- [Compassion in Practice strategy and 6Cs Live!](#)
- [Liaison and Diversion Bulletin](#)
- [Pharmacy and Medicines Bulletin](#)
- [Primary Care Bulletin](#)
- [Specialised Commissioning Stakeholder Bulletin](#)
- [Revalidation Matters](#)
- [Liaison and Diversion Bulletin](#)
- [Specialised Commissioning Stakeholder Bulletin](#)
PUBLIC HEALTH

Adult Protection & Safeguarding Domestic Violence

Campaign launched to crackdown on abusive behaviour across Southampton

Agencies across Cumbria to support National Adult Safeguarding Week

Addiction

Is There Really a Difference Between Drug Addiction and Drug Dependence?

Addiction to shopping is a mental illness, say researchers

How a hallucinogenic brew makes the brain live in a dream

Allergies

New injection halts peanut allergy for at least 2 weeks

What to know about nut allergies

Research finds nine out of 10 with penicillin allergy not allergic
Cardiovascular Disease

'Nudging' heart patients to take their statins leads to better adherence and better outcomes

Atrial fibrillation: Height could predict risk

People in counties with worse economies are more likely to die from heart disease

Teens with heart disease improve exercise capacity in large clinical trial

Association of Premature Natural and Surgical Menopause With Incident Cardiovascular Disease

Cardiovascular Horizon Scanning Vol 11 Issue 11/12

Heart attack protein may raise early death risk

Critical Care

Using treatment escalation and limitation plans to ensure appropriate emergency care

Intensive care checks after Edinburgh Sick Kids delay fiasco

Life-threatening bronchiolitis in children: eight decades of critical care

Suspended animation for emergency medicine: your questions answered
More Scots women get mouth cancer as experts fear late diagnosis

Labour promises free dental check ups if elected

Chewing Sugar-free Gum May Help Oral Health

Is extensive computer time leading to bad oral health among teens? Michael Sultan

Dementia

Many patients with iNPH develop Alzheimer's disease, too

From pain relief to memory prompts: the apps helping people with dementia

What Science Tells Us About Preventing Dementia

Exclusive: Doctor studying dementia and football link urges clubs to introduce regular cognitive testing for players and to ban kids heading

Diabetes

Life experience critical for managing Type 2 diabetes

Researchers discover a new way in which insulin interacts with its receptor

Clearing damaged cells out of the body helps heal diabetics' blood vessels
Diet, Nutrition and Obesity

Sugar binges increase risk of inflammatory bowel disease
Neither vitamin D nor omega-3 supplements can prevent inflammation
Plant-based diet may prevent cognitive decline
Average US BMI on the rise despite increasing weight loss efforts

Digital Health Technology

Wearable and implantable devices may transform care for patients with kidney failure
Orthopaedic hospital teams up with myrecovery for app

End of Life Care

Before I die: a day with terminally ill patients – video
No one should die alone: volunteer support for patients dying in hospital
Immunisation and Infection

Scientists close in on malaria vaccine

New blood test marks progress in battle against sepsis

Bubonic plague: Third case reported in China

Learning Disability and Challenging Behaviour

Standards of practice for working with adults with a learning disability are launched

People with learning disabilities frozen out of jobs by ‘inaccessible’ application forms

Exploring mental health issues in people with an intellectual disability

Men’s Health

A potential new way to diagnose male infertility and pharmaceutical treatment options

Depression: 35 extra minutes of exercise daily slashes risk

Men’s health checklist
Mental Health

At what point does click-bait susceptibility become a mental health disorder?

What happens when you transfer from child to adult mental health services?

Artificial Intelligence Could Help Solve America's Impending Mental Health Crisis

MHFA chief looks to ‘normalise attitudes towards mental health’

Borderline personality disorder: Trauma raises risk by 13-fold

Neurology

Stroke Horizon Scanning Bulletin Volume 11 Issue 11

The brain finds a way to adapt, even when we remove half

PSNI assessing if any offences linked to recall of 3,000 neurology patients
Obstetrics

Rollercoaster weight changes can repeat with second pregnancy, especially among normal-weight women

Screening for cytomegalovirus infection in pregnancy

Intravenous Ondansetron in Pregnancy and Risk of Congenital Malformations

Oncology

A step closer to cancer precision medicine

Late stage breast cancer survival estimate is 'rarely accurate'

Colon cancer: Changes in gut bacteria may lead to new blood test

Paediatrics

Helicopter parents and 'hothouse children' -- exploring the high stakes of family dynamics

Practical aspects of childhood epilepsy
Be aware of potential complications following tongue-tie surgery in babies

Omega-3 supplements improved attention in some youths with ADHD

Patient Safety

Sharp Decline in District Nursing Workforce Poses Direct Threat to Patient Safety

Nine in 10 NHS bosses say staffing crisis endangering patients

Sepsis: digital monitoring improves outcomes by alerting clinicians to deteriorating patients, study finds

Pharmacology

Experimental cholesterol-lowering drug effective at lowering bad cholesterol, study shows

Side effects mild, brief with single antidepressant dose of intravenous ketamine

Seniors and Aging

Exercise after the age of 60 may prevent heart disease, stroke
Sleep

Will Science Ever Give Us a Better Night’s Sleep?

Why you should never sleep with the heating on, according to doctors

When work gets in the way of sleep

As Far as Heart Health Goes, Is Napping Good, Bad, or Neither?

Substance Abuse

Effect of Intranasal vs Intramuscular Naloxone on Opioid Overdose

Vaping/Smoking

Smokers and hypertensive individuals have higher risk of sudden death from brain bleed

Up in smoke: are we wrong about the dangers of vaping?

Number of smokers down 165,000 in five years, survey shows
Women's Health

Women more likely to survive stroke but have poorer recovery than men, study shows

2 lifestyle changes may reduce risk of hot flashes

Short sleep may harm bone health in older women

World Health Organisation

Sweeping Agreement Inked by WHO and African Union to Accelerate Vital Health Goals

Global leaders pledge US$2.6 billion to eradicate polio at the Reaching the Last Mile Forum in Abu Dhabi

Wound Management

Bacterial protein impairs important cellular processes

Sepsis survivors require follow-up support
Health leaders demand end to social care crisis

Using algorithms in children’s social care: experts call for better understanding of risks and benefits

Social work diary: ‘The client doesn’t want to see us, is suspicious and tells us, firmly, to go away’

Protecting children across international borders: what social workers need to know

How social workers are supporting disabled people to exercise their right to vote at this election

Critical reflection: how to develop it in your practice

‘Where are the Black girls in our CSA services, studies and statistics?’

Could self-management work in care homes?

Social care software provider included in fastest-growing tech companies list

Social Work England ‘on track’ as it prepares to take over regulation of profession on 2 December

Older people dying for want of social care at rate of three an hour

Practitioners complete record number of DoLS cases but backlog continues to grow

Key Resources

Social Care TV

e–Learning

Social Care Online

Research Register for Social Care
HEALTH MANAGEMENT

Caring for doctors, caring for patients
Doctors’ wellbeing: GMC promises action
Greater Manchester appoints suppliers to create a digital health platform
NHS is facing one of its “bleakest” winters after worst ever performance on key targets
The surgeon as an expert witness: a guide to good practice
Revealed: NHS running short of dozens of lifesaving medicines
Family heartbreak inspires career change for NHS Digital data director
Health leaders set priorities for new Government to tackle huge pressures
University Hospitals Birmingham eliminates prescription errors with in-house tool
Health, wellbeing, and care should be top of everyone’s political agenda

Concerns raised with speak-up guardians are steadily rising
Digital Health Podcast: How NHS trusts can encourage innovation
Duty of care versus patient confidentiality: High Court hears test case on Huntington’s disease
NHS will reimburse next year’s pension tax bill on retirement, doctors are told
Pensions development good news for patients but long-term solution needed
University Hospitals Birmingham eliminates prescription errors with in-house tool
Bernhoven approach is more than just patient centred care and shared decision making
Digital transformation on track to take centre stage at Rewired 2020
How IoT is improving patient care
The nation’s health: priorities for the next government
PATIENT INFORMATION

Treat dizziness and vertigo with vestibular rehabilitation
Patient empowerment is vital

EVIDENCE BASED PRACTICE

BMJ Evidence Centre

BMJ Evidence Updates

Unexpected neurologic complications following a novel lymphoma treatment ‘expected’ to give rise to neurologic toxicity
Subclavian artery occlusion after a clavicle fracture
Photodynamic therapy-induced acute exudative maculopathy in a case of choroidal haemangioma
Factor XIII deficiency leading to preseptal haematoma post-strabismus surgery
The management of patients with learning difficulties and testicular cancer: overcoming barriers to improve care

Cochrane

Present-centered therapy (PCT) for post-traumatic stress disorder (PTSD) in adults
Medicines for treating painful sickle cell crises in adults
Laboratory blood, urine tests and liver biopsy used for the diagnosis of Wilson's disease in children and adults
How accurate is computed tomography for the diagnosis of acute appendicitis in adults?

Fluorides for preventing early tooth decay (demineralised lesions) during fixed brace treatment

Clonazepam used as single antiepileptic drug to treat people with newly diagnosed epilepsy

Adalimumab for the treatment of active Crohn's disease

Preventing pain after brain surgery

Long-term pituitary down-regulation before in vitro fertilisation (IVF) for women with endometriosis

Interventions with pregnant women, new mothers and other primary caregivers for preventing tooth decay in young children

Dental treatments for preventing damage to the jawbones in people with cancer receiving radiotherapy to the head and neck

Interventions for idiopathic steroid resistant nephrotic syndrome in children

NICE Clinical Knowledge Summaries provides primary care practitioners with a readily accessible summary of the current evidence base and practical guidance on best practice in respect of over 300 common and/or significant primary care presentations.

The service is being regularly maintained and upgraded as and when significant new evidence emerges and up to 10 new topics will be added each year. You can access the service [here](#).

To suggest a new topic, please [contact us](#).
DoH Press Releases/New Publications

Pharmaceutical buying groups in the NHS
Senior clinicians' pensions: letters between DHSC and NHS England

LIBRARY “BITS AND PIECES”
The above current awareness bulletin has been produced by Keyll Darree Library and Information Service. We aim to produce the bulletin every week. If you need any help locating or accessing any of the items included in this issue, please contact the library staff on 642993/642974.

As usual, we welcome any feedback, so please let us know if you have any comments about format, content, length, arrangement or indeed, any other observations. If you know of anyone else who might like to receive the bulletin, or you would like your name removed from the distribution list, again, please let us know.

Check out our library website at www.librarykeylldarree.gov.im for details of all our services, facilities and any forthcoming events.