IN THE KNOW: Keeping Staff Informed

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IN THE SPOTLIGHT

Coronavirus Vaccine Tracker

Cummings trips damaged UK lockdown unity, study suggests

Coronavirus: England highest level of excess deaths
STAFF HEALTH & WELLBEING

Belief in a COVID-19 Conspiracy Theory as a Predictor of Mental Health and Well-Being of Health Care Workers in Ecuador: Cross-Sectional Survey Study

Mental health: why we should be working out our brain as well as our body

How to Choose the Right Intermittent Fasting Schedule for You

Useful links

Patient.co.uk

NHS Website

Mental Health Foundation

World Health Organisation

MANX SKEET

Charities call for more gov't support for domestic abuse victims

One provider decision to improve services says department

Medicinal cannabis regulations expected in October Tynwald
DHSC finances 'in better position than previous years'

Talks resume between DHSC and health regulator

Seven-day quarantine mooted

Doctors to discuss lessons learned during the pandemic

Island prepared for possible Covid return

Working hyperbaric chamber 'badly needed'

HOT OFF THE PRESS

BBC News

(Asterisked items have been critically reviewed in Behind the Headlines. See below.)

'Fix your bike' vouchers launch, as doctors to prescribe bikes on NHS

Coronavirus: Safety fears over lack of translated virus advice

Obesity: Have 20 years of policies had any effect?

NHS Tayside claims it has 'effectively eliminated' hepatitis C

Coronavirus 'most severe health emergency' WHO has faced

Coronavirus: Pet cat found to have virus in UK

Obesity: Unhealthy 'buy one get one free' deals targeted

Coronavirus: Vietnam coma pilot warns people 'not to be blasé'

Coronavirus doctor's diary: Will vaccine sceptics make trials a headache?

Coronavirus: How bad will winter really be?

Coronavirus: GPs to prescribe cycling in new obesity strategy

Unhealthy diets are 'slow-motion disaster'

Coronavirus: Trump sticks by unproven hydroxychloroquine

Alzheimer's: 'Promising' blood test for early stage of disease

Covid studies to examine virus link with ethnicity

Coronavirus: Boris Johnson warns of Europe 'second wave' amid Spain row

PMDD: Thousands of women share their experiences

Coronavirus: Virus isolation period extended from seven to 10 days

'More Zoom medicine needed' in NHS says Hancock

Coronavirus: UK lockdown solidarity 'starting to fray'
One in three children 'exposed to lead' globally

Young people 'feel anxiety and terror' using fitness apps

Useful Health Links

NHS Website: A-Z of health conditions

NHS Website

Check NHS standards near you

Cancer Help UK

British Heart Foundation

Health and Care Professions Council

Mental Health Foundation

General Medical Council

Nursing and Midwifery Council

Care Quality Commission

NICE

NHS Scotland

Health in Wales

NI Direct

Clinical trials information

Diabetes UK

British Lung Foundation

National Obesity Forum

Bulletins
Compassion in Practice strategy and 6Cs Live!

Staffordshire domestic abuse service urges gym workers and hairdressers to signpost clients to support available

Domestic Violence in Ukraine: Lessons from COVID-19

Community pharmacy pilots 'safe haven' for those who have experienced sexual abuse
Addiction

A Web-Based Program for Cannabis Use and Psychotic Experiences in Young People (Keep It Real): Protocol for a Randomized Controlled Trial

Cannabis and Illicit Drug Use During Neurodevelopment and the Associated Structural, Functional and Cognitive Outcomes: Protocol for a Systematic Review

Allergies

UK allergy and immunology in a post-COVID-19 era

Cardiovascular Disease

Atrial fibrillation trial to evaluate real-world procedures for their utility in helping to lower stroke events: A randomized clinical trial

New synthetic datasets to assist COVID-19 and cardiovascular research

Critical Care

Respiratory viruses in pediatric emergency department patients and their family members
Dental

Dentists back in business but struggling to survive as coronavirus reduces capacity

Nine in ten dentists say lockdown worsened dental health

Dementia

Blood test can detect Alzheimer’s disease 20 years before symptoms show

Dementia prevention, intervention, and care: 2020 report of the Lancet Commission

Diabetes

QardioArm Blood Pressure Monitoring in a Population With Type 2 Diabetes: Validation Study

Whole grain consumption reduces type 2 diabetes risk

Diet, Nutrition and Obesity

The Assessment of Supportive Accountability in Adults Seeking Obesity Treatment: Psychometric Validation Study

Text Mining of United States Obesity-Related Public Policies: Systematic Document Search
Why the Government’s Anti-Obesity Strategy Won't Work

The Wellness Influencers Who Never Drink Water

Digital Health Technology

An Internet-Based Psychological Intervention With a Serious Game to Improve Vitality, Psychological and Physical Condition, and Immune Function in Healthy Male Adults: Randomized Controlled Trial

Efficacy of a Smartphone App Intervention for Reducing Caregiver Stress: Randomized Controlled Trial

Artificial Intelligence in Health Care: Bibliometric Analysis

End of Life Care

Patients With Advanced Heart Failure May Not Benefit From Telemedicine-Based Palliative Care

Covid-19 Pandemic: Palliative Care in a pickle

Equality
It’s no longer enough to know, we must act: workforce race inequality in the NHS

The NHS must have the courage to seize this hopeful moment to step up the fight for justice

Gender differences in resident assessment: the glass ceiling and sticky floor for women in medicine begin early

Immunisation and Infection

Particle sizes of infectious aerosols: implications for infection control

Learning Disability and Challenging Behaviour

£62 million to help discharge people with learning disabilities or autism into the community

Men’s Health

Understanding male sexual health: More men now reporting low sex drive, Peyronie's disease, finds study

Ed Sheeran’s candid interview should change how we view eating disorders
Mental Health

An Internet-Based Psychological Intervention With a Serious Game to Improve Vitality, Psychological and Physical Condition, and Immune Function in Healthy Male Adults: Randomized Controlled Trial

An Internet-Based Cognitive Behavioral Program for Adolescents With Anxiety: Pilot Randomized Controlled Trial

Obstetrics

Royal college aims to tackle racism in obstetrics and gynaecology with new taskforce

Large U.S. COVID-19 vaccine trials will exclude pregnant women for now

Oncology

Patient Experiences of Rehabilitation and the Potential for an mHealth System with Biofeedback After Breast Cancer Surgery: Qualitative Study

Development of a Short Instrument for Measuring Health-Related Quality of Life in Oncological Patients for Clinical Use: Protocol for an Observational Study

Ophthalmology
Developing a new therapy: Where do we go from here?

Blended Digital and Face-to-Face Care for First-Episode Psychosis Treatment in Young People: Qualitative Study

Intensive care admissions of children with paediatric inflammatory multisystem syndrome temporally associated with SARS-CoV-2 (PIMS-TS) in the UK: a multicentre observational study

Patient Experience

Seeking Meaningful Innovation: Lessons Learned Developing, Evaluating, and Implementing the Electronic Patient-Reported Outcome Tool

Patient Safety

Reliance on nursing temps could jeopardise patient safety in Northern Ireland: report

Pharmacology
Evidence of harm from illicit or fake benzodiazepines

Antiepileptic drugs for seizure control in people with neurocysticercosis

Health and cost impact of stepping down asthma medication for UK patients, 2001–2017: A population-based observational study

Rehabilitation

Haptic Nudges Increase Affected Upper Limb Movement During Inpatient Stroke Rehabilitation: Multiple-Period Randomized Crossover Study

Implementation of a multidisciplinary rehabilitation program for patients with chronic low back pain: experiences and perspectives of rehabilitation team members.

Seniors and Aging

The ones they couldn’t save

COVID-19 and seniors: a look at racial health disparities

Sexual Health

Antiviral method against herpes paves the way for combating incurable viral infections
COVID-19 has “devastating” effect on women and girls

Surgery

Surgery services ‘to run at 60% of normal levels for next two years’

Why is cosmetic surgery on the rise? Because of hours staring at ourselves on Zoom

UK awards COVID-19 grant to surgery software developer

Vaping/Smoking

845 more children would have started smoking in Gateshead each year if smoking rates had remained at 1990s levels

Women’s Health

Women’s Health Has Always Been Bottom Of Our Priorities

Women's health and fitness most at risk if leisure facilities stay closed
World Health Organisation

WHO statement on heated tobacco products and the US FDA decision regarding IQOS

World Hepatitis Day: fast-tracking the elimination of hepatitis B among mothers and children

WHO Bulletin: July 2020

SOCIAL AND COMMUNITY CARE

Adult social care vacancy rate fell by a fifth during height of Covid crisis

Social Work England pledges action to tackle low proportion of Black and ethnic minority staff

Promoting safer sleep should be integral part of social work with families, review finds

How to make social work CPD meaningful rather than yet another piece of admin

Social workers experiencing rising stress and workloads on eve of Covid, finds DfE study

Key Resources

Social Care TV

e–Learning

Social Care Online
Compassionate leadership must become NHS’ blueprint

NHS in talks with government over covid cash amid multibillion ‘overspend’

Chair Appointed To Lead NHS Drive To Reduce Health Inequalities

Leading teams virtually

Coping with divergence: opening up, but not for all

Readying the NHS and social care for the Covid-19 peak

The Dr will Zoom you now: getting the most out of the virtual health and care experience

Breathing Space: an evaluation of Orbit’s mental health programme

Deaths at home up 40pc, as fewer die in hospital

New A&E targets ‘to be rolled out before winter’

Correction: Drug discovery today: no molecules required

Correction: What next for education in evidence-based healthcare? A call for submissions
How patients access to evidence-based medicine provides them with a new hope"The 45 min--an insightful round"

Guidelines do not self-implement: time for a research paradigm shift from massive creation to effective implementation in evidence-based medicine research in China

Cochrane authors on drug industry payroll should not be allowed

Topical treatment for facial burns

Improving access to food in low- and middle-income countries

Vitamin D for the treatment of chronic painful conditions in adults

Mirtazapine for treating fibromyalgia in adults

Long-term blood transfusions to prevent a stroke in people with sickle cell disease

Interventions for treating intrahepatic cholestasis of pregnancy (ICP)

Vigabatrin add-on for drug-resistant focal epilepsy

Earlier compared to later addition of human milk fortifier to human milk to promote growth in preterm infants

NICE Clinical Knowledge Summaries provides primary care practitioners with a readily accessible summary of the current evidence base and practical guidance on best practice in respect of over 300 common and/or significant primary care presentations.
The service is being regularly maintained and upgraded as and when significant new evidence emerges and up to 10 new topics will be added each year. You can access the service [here](#).

To suggest a new topic, please [contact us](#).

**National Institute for Health Research (NIHR) Health Technology Assessment**

- New research reveals important discovery for women who have fibroids
- NIHR supports new HRA strategy to make a step change in health research transparency
- Multimillion investment in new research projects to investigate higher COVID-19 risk among certain ethnic groups

**DoH Press Releases/New Publications**

- [Statement from the UK Chief Medical Officers on extension of self-isolation period: 30 July 2020](#)
- [Detailed guide: Coronavirus cases in the UK: daily updated statistics](#)
- [Detailed guide: Export and hoarding of restricted medicines](#)
- [Guidance: Coronavirus (COVID-19): testing data methodology](#)
- [Guidance: Reciprocal healthcare privacy notice](#)

**LIBRARY “BITS AND PIECES”**

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