

Season's Greetings

Newsletter:
Issue No. 1
December 2016

An update from your Parkinson's team

Following the results from the Parkinson's UK audit 2015 completed by Dr Thomas and Susan Lawley, Graihagh Betteridge Physiotherapist and Clare Collister Occupational Therapist, we have identified the following priorities for improvement:

- Access to a multi-disciplinary clinic
- Patient information pack
- Information pack for professionals on the management of Parkinson's specific to the Isle of Man
- Self-management programmes
- Fatigue management programme
- Offering service delivery in a group setting where appropriate



We are committed to improving our service on the Isle of Man and are looking for volunteers to join us at our monthly service development meetings.

- Have you been diagnosed with Parkinson's?
- Are you happy to volunteer an hour of your time once a month? (or less if the commitment is shared)
- Do you have transport to get to Nobles?
- Can you offer ideas and opinions on your experience of the service you receive?

We need your help. Interested? Tel 01624 642676

AS A TEAM WE WANT TO ENSURE YOU GET THE BEST POSSIBLE CARE

We would welcome feedback from service users and carers on how we can improve things for people with Parkinson's on the Isle of Man

If you need help or advice there are several ways to contact us

Susan Lawley Specialist Nurse
Tel: 01624 642676
Email: susan.lawley@gov.im

Graihagh and Clare
via Community Adult Therapy Team for
Physiotherapy and Occupational Therapy
Tel: 01624 642511
Website: www.gov.im/categories/health-and-wellbeing/therapy-services/

Parkinson's Disease Society:
Tel: 01624 309409
Email: info@parkinsons.im
Website: www.parkinsons.im



Have a Merry Christmas and a Happy New Year!

If you do not wish to receive future newsletters please ring 01624 642676