

Pregnancy & Maternity Discrimination – Non work – Letter

*Your address*

*Date*

*Organisation's Name*  
*Organisation's Address*

Dear (*Insert the name of the person you are writing to*)

**Subject: Say what your letter is about**

Please accept this letter as a formal complaint.

*(Describe what has happened and the impact it has had on you. Give the facts of the case being specific and clear. State what the unfavourable treatment is that you have experienced and why you feel this is because of your pregnancy/maternity/because you are breast feeding. State that you do not feel that you would have experienced this unfavourable treatment if you had not been pregnant /recently given birth/ breastfeeding)*

The Equality Act 2017 ('the Act') says that I am protected against unlawful pregnancy and maternity discrimination by a service provider for the period of 26 weeks after giving birth.

Pregnancy and maternity discrimination outside of work is defined by the Act as unfavourable treatment;

- because of pregnancy;
- because of giving birth; or
- because I am breastfeeding.

I have tried to resolve this matter (*insert here how you have tried to reach a resolution, who you spoke with, their job title and when*) but I am not satisfied with the outcome. I am urgently seeking a resolution to the matter. I would like the following to be done to achieve a satisfactory resolution: (*insert here what you see as a satisfactory resolution*)

I look forward to receiving your response in writing within 28 days from receipt of this letter.

Yours *sincerely/faithfully*

*Your name*

