IN THE KNOW: Keeping Staff Informed

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IN THE SPOTLIGHT

Court urged to block plan to 'Americanise' health service

Water resistant sunscreen claims ‘meaningless’, says Which?
STAFF HEALTH & WELLBEING

How long does a cup of coffee keep you awake?

The appalling data on older women at work. Their absence hurts us all.

Useful links

Patient.co.uk
NHS Choices
Mental Health Foundation
World Health Organisation

MANX SKEET

Abortion Bill passes first reading in LegCo
More Ramsey patients transferred to Noble's this year
36 consultants leave Noble's in last five years
LegCo to begin work on Abortion Reform Bill
Ambulance service urges bikers to carry crash cards
Breast screen error 'could have been spotted earlier'

Why NHS costs just keep going up

Cancer patient feels 'privileged to be alive' after NHS trial treatment

Why DR Congo is confident it will halt Ebola

'I took 57 painkillers a day to get high'

Ebola outbreak: Experimental vaccinations begin in DR Congo

'My hip replacement left me in constant pain'

Patients lose hip replacement court case

Period power brings free sanitary towels to school

Deadly Nipah virus claims victims in India

Exercising regularly 'can keep heart and arteries young'*

Nanoparticles from tea leaves 'destroy lung cancer cells'

Pepe's story: How I survived Spanish flu

Artificial intelligence can be weapon in cancer fight, PM to say

Comfort box gives Norfolk cancer patients a 'little lift'

Are we eating at the wrong time for our body clocks?

Mental Health Awareness Week: 'My camera helped me beat anxiety'

DR Congo Ebola outbreak 'not global emergency'

How likely is your e-cigarette to explode?

The little girl who can't enjoy the summer

Growing resistance to antifungal drugs 'a global issue'

Campaigners in court over NHS policy

GPs call for more help to tackle 'epidemic of loneliness'

Is UK biggest exporter of legal cannabis?

Toddlers to help dementia patients in Conwy restore memories

London Ambulance Service taken out of special measures

Are sweeteners healthier than sugar?

Are we using too much Calpol?

£13.4m claw back over NHS Wales waiting time failures

Blitz on sweet treats sees slow start

Lini Puthussery: India's 'hero' nurse who died battling Nipah virus

Hundreds of ambulance staff work days lost due to abuse

Dementia-friendly lunches served at Norwich restaurant

Doctors explain Michael Jackson's impossible dance move
An egg a day to keep the doctor away?

Malaria genetics: study shows how disease became deadly

Drug addicts in Scotland 'waiting up to six months' for treatment

Missing microbes 'cause' childhood cancer

BBC presenter Rachael Bland reveals 'incurable' cancer

Iran mushroom poisoning: More than 800 sick from deadly fungi

Useful Health Links

NHS Choices: A-Z of health conditions

NHS Choices

Check NHS standards near you

NHS Choices: A-Z of health conditions

Cancer Help UK

British Heart Foundation

Health and Care Professions Council

Mental Health Foundation

General Medical Council

Nursing and Midwifery Council

Care Quality Commission

NICE

NHS Scotland

Health in Wales

NI Direct

Clinical trials information

Diabetes UK

British Lung Foundation

National Obesity Forum
Behind the Headlines

Do you believe everything you read? The NHS Knowledge Service provides a critical view of current health related news items to critically analyse their sources, content and findings.

- **People with severe eczema at higher risk of heart conditions**
- **Weekend lie-in may 'compensate' for shorter weekday sleeping**
- **Child leukaemia linked to reduced exposure to germs**
- **Regular exercise may help keep your arteries 'young'**

**Bulletins**

(click to open)

- **Allied Health Professionals Bulletin**
  - Bulletin for clinical commissioning groups (CCGs)
- **Chief Nursing Officer Bulletin**
- **GP and Practice Team Bulletin**
- **Compassion in Practice strategy and 6Cs Live!**
- **Commissioning Support Bulletin**
- **Chief Scientific Officer Bulletin**
- **Health Visitors Bulletin**
- **Revalidation Matters**
- **Liaison and Diversion Bulletin**
- **Specialised Commissioning Stakeholder Bulletin**
Adult Protection & Safeguarding Domestic Violence

MPs back campaign to strengthen domestic abuse bill

Researchers at Case Western Reserve University found 45 percent of victims were at high risk for homicide and severe assault, in a one-year assessment

Alcohol

Alcohol Consumption Reduction Among a Web-Based Supportive Community Using the Hello Sunday Morning Blog Platform: Observational Study

Understanding and treating alcoholic neuropathy

Cut out alcohol and processed meat like bacon to help prevent cancer
Allergies

Why does skin peel between the toes?

What does it mean when your eyes are glassy?

What causes tongue bumps?

What to know about nightshade allergies

Is honey good for asthma?

Cardiovascular Disease

Stroke: Clinical trial results 'likely to change care practice'

What are the best foods for heart health?

Is krill oil better than fish oil for omega-3?

Novel gel regrows brain tissue after stroke

One egg per day may keep stroke at bay

This 'natural antioxidant' may protect heart health

Complementary Medicine / Alternative Medicine

Can saw palmetto reduce enlarged prostate?
Critical Care

The health promoting conversations intervention for families with a critically ill relative: A pilot study

Use of the CAM-ICU during daily sedation stops in mechanically ventilated patients as assessed and experienced by intensive care nurses – A mixed-methods study

The communication experience of tracheostomy patients with nurses in the intensive care unit: A phenomenological study

Sedation Intensity in the First 48 Hours of Mechanical Ventilation and 180-Day Mortality: A Multinational Prospective Longitudinal Cohort Study

Prompt Administration of Antibiotics and Fluids in the Treatment of Sepsis: A Murine Trial

Danger Signals in the ICU

Systematic Review and Meta-Analysis of Procalcitonin-Guidance Versus Usual Care for Antimicrobial Management in Critically Ill Patients: Focus on Subgroups Based on Antibiotic Initiation, Cessation, or Mixed Strategies

Dental

What causes pale gums?

Why is my tongue bleeding?

What causes teeth to turn black?

How long does numbness last after the dentist?
Dementia

'Early hearing loss could pave the way for dementia,' study says

Parkinson's, dementia: Is this the key to preventive therapy?

Cholesterol found to play a role in Alzheimer's

Diabetes

Type 2 diabetes: Intermittent fasting may raise risk

Type 2 diabetes: Sexual orientation may influence risk

Diet, Nutrition and Obesity

A Self-Directed Mobile Intervention (WaznApp) to Promote Weight Control Among Employees at a Lebanese University: Protocol for a Feasibility Pilot Randomized Controlled Trial

Belly fat linked to vitamin D deficiency

Foods for bladder health

Can estrogen levels affect weight gain?
End of Life Care

Challenges in end-of-life dementia care

What happens to the body after death?

Immunisation and Infection

Why fever can be your friend in times of illness

Lowering cholesterol improves cancer-fighting immunotherapy

Gut bacteria offer clues to multiple sclerosis

Why is lung cancer so difficult to treat?

Cancer: Does sex affect the outcome of immunotherapy?

Learning Disability and Challenging Behaviour

A Digital App to Aid Detection, Monitoring, and Management of Dyslexia in Young Children (DIMMAND): Protocol for a Digital Health and Education Solution

What effect does ADHD have on sexuality?
Is green tea good for BPH?

High physical activity at work may increase death risk

Men Are Better at Directions, Claims Study

Warning signs of stroke in men

An Internet Resource for Self-Assessment of Mental Health and Health Behavior: Development and Implementation of the Self-Assessment Kiosk

Acceptability of an mHealth App Intervention for Persons With Type 2 Diabetes and its Associations With Initial Self-Management: Randomized Controlled Trial

Internet Use, Depression, and Anxiety in a Healthy Adolescent Population: Prospective Cohort Study

Supply and Demand in mHealth Apps for Persons With Multiple Sclerosis: Systematic Search in App Stores and Scoping Literature Review

Diurnal Variations of Depression-Related Health Information Seeking: Case Study in Finland Using Google Trends Data
Neurology

What can cause a burning sensation?
What to know about ulnar tunnel syndrome
Understanding and treating alcoholic neuropathy
Drug addiction: Is brain stimulation the answer?
Gut bacteria offer clues to multiple sclerosis

Oncology

Breast cancer: A low-fat diet may improve survivors' outlook
What is the difference between a cyst and a tumor?
Could Viagra and a flu shot kill cancer?
Lung cancer destroyed with tea leaf nanoparticles
Lowering cholesterol improves cancer-fighting immunotherapy
This 'metastasis-blocking' compound may stop the spread of cancer
Do eyelashes grow back? What you need to know
Infection theory could explain cause of common childhood leukaemia, says scientist*
Oncology Continued

News digest – Tessa Jowell, cancer waiting times, immunotherapy, and how should we talk about cancer?

Experimental breath test identifies cancer in oesophageal cancer patients

Could Mother Nature’s clinical trial help prevent more cancers?

Ophthalmology

How do you get rid of itchy eyes?

What does it mean when your eyes are glassy?

Paediatrics

AI and your children. What parents should know about AI toys.

Suicide rates are roughly double for black children versus white children

How is ADHD rated?
**Atezolizumab for treating locally advanced or metastatic non-small-cell lung cancer after chemotherapy – guidance (TA520)**

**Danazol Capsules**

**Fluconazole preparations**

**Revised SPC: Evotaz (atazanavir and cobicistat) tablets**

**Revised SPC: Firazyr (Icatibant) injection**

**Revised SPC: Sominex (Promethazine) Tablets**

**Revised SPC: Zocor (simvastatin) tablets**

**Withdrawal versus continuation of long-term antipsychotic drug use for behavioural and psychological symptoms in older people with dementia**

**Mobile phone applications and self-management of diabetes: A systematic review with meta-analysis, meta-regression of 21 randomized trials and GRADE**

**Effect of Fremanezumab Compared With Placebo for Prevention of Episodic Migraine: A Randomized Clinical Trial**

**Ibuprofen versus pivmecillinam for uncomplicated urinary tract infection in women—A double-blind, randomized non-inferiority trial**

**Tranexamic acid for hyperacute primary IntraCerebral Haemorrhage (TICH-2): an international randomised, placebo-controlled, phase 3 superiority trial**

**Does pulmonary rehabilitation need more PR?**

**Social care funding options: How much and where from?**

**Preventing Sudden Unexpected Death in Epilepsy**

**Atezolizumab for treating locally advanced or metastatic non-small-cell lung cancer after chemotherapy – guidance (TA520)**

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Physical and Sports Therapy

*Increasing exercise over 6-year span protects the heart*

Seniors and Aging

Plant pigments may preserve lung function into old age

Which foods might stop your brain from shrinking?
Sexual Health

Intimacy in later life does not slow memory loss

Opportunities for Enhanced Strategic Use of Surveys, Medical Records, and Program Data for HIV Surveillance of Key Populations: Scoping Review

“It’s Totally Okay to Be Sad, but Never Lose Hope”: Content Analysis of Infertility-Related Videos on YouTube in Relation to Viewer Preferences

Sleep

Why messing with your body clock messes with your head

In search of lost sleep. Can you catch up at the weekend?*

Stroke

Sauna bathing reduces the risk of stroke in Finnish men and women A prospective cohort study

Non-Invasive Brain Stimulation Leads to Fine Motor Improvement After Stroke: a meta-analysis

Cell Therapy for Chronic Stroke

The Dose of Direct Oral Anticoagulants and Stroke Severity in Patients with Acute Ischemic Stroke and Nonvalvular Atrial Fibrillation

£8.6k of revolutionary equipment will benefit recovery of stroke patients

Healthcare interventions for reducing the risk of future stroke in people with previous stroke or transient ischaemic attack (TIA)
We collaborate to ensure research results are shared openly

Artificial Intelligence improves stroke and dementia diagnosis in brain scans

Prediction of Outcome in Patients With Acute Ischemic Stroke Based on Initial Severity and Improvement in the First 24 hours

The Effects of Implicit and Explicit Motor Learning in Gait Rehabilitation of People After Stroke: Protocol for a Randomized Controlled Trial

Substance Abuse

Congress is hyperfocused on opioids. Is it focusing enough on addiction?

Drug addiction: Is brain stimulation the answer?

Which drugs pose the biggest threat to public health?

“Legalize Pot, But Don’t Normalize It”

Surgery

How long does numbness last after the dentist?
What to know about centrilobular emphysema

The truth about formaldehyde in e-cigarettes

New Assessment Criteria to Diagnose and Manage Delayed Hemolytic Transfusion Reactions in Sickle Cell Patients

WBC Alloimmunization Infrequent in Granulocyte Transfusions

Revisiting Zika virus screening for donated blood

Can estrogen levels affect weight gain?

When can I have sex after being pregnant?

WHO and World Bank Group join forces to strengthen global health security
Seventy-first World Health Assembly update, 24 May

World Health Assembly delegates agree new five-year strategic plan

WHO supports Ebola vaccination of high risk populations in the Democratic Republic of the Congo

**Wound Management**

Each hour of delay in detecting abnormal lactates in patients with sepsis increases the odds of in-hospital death

Surviving sepsis campaign update focuses on critical first hour

**SOCIAL AND COMMUNITY CARE**

SOCIAL CARE

£3.1 million contract to train 700 social work practice supervisors awarded

Social care spending needs 3.9% hike to ease pressures

Social workers and service users needed to decide most vital research priorities for adults’ social work

Social care sector advised to ‘exploit’ relationship with NHS

Children’s services shouldn’t ‘add to awfulness’ by unnecessarily removing children, social workers told

As a social worker, should I keep sharing personal stories with the families I am working with?

Social worker training on transgender issues is ‘largely deficient’

Placement making in social work with unaccompanied asylum seeking children

Councils failing to properly advise and support special guardians, ombudsman finds

Inspectors praise impact of awards and ‘cakes and compliments’ initiatives for social workers

The good, bad and indifferent: how an ex-resident is trying to improve residential children’s homes

Inspectors rate children’s service where poor referrals were ‘overloading’ social workers ‘inadequate’

Most local authorities to train social workers through apprenticeships
High retention rates among Step Up graduates despite ‘clinical levels of stress’

Smashing it: how table tennis united generations and created a community

Are dementia-friendly communities the answer to isolation and stigma?

I tried to track down all the friends I grew up with in care – here’s what I found

Key Resources

Social Care TV

e–Learning

Social Care Online

Research Register for Social Care

Social Care Research Ethics Committee

All SCIE resources

HEALTH MANAGEMENT

The story of NHS England: the world’s biggest quango

Suicide prevention and reduction

An Internet-Based Radiology Course in Medical School: Comparison of Academic Performance of Students on Campus Versus Those With Absenteeism Due to Residency Interviews

NHS70 Parliamentary Awards shortlist revealed

Paramedic’s brainwave eases A&E pressures by keeping ‘frequent callers’ away

Hundreds of patients quit inadequate Virgin practice

First recruits from international GP scheme to start work in September

GP workforce falling 50% faster in deprived areas, official data show
GPs to share patient records with social care and hospitals in NHS England pilot

RCGP manifesto demands campaign to fight loneliness and social isolation

National deal to tackle service charge hikes may be close, says GPC

Former RCGP chair named in GMC manslaughter review panel

PATIENT INFORMATION

NHS70 parkrun day

Involvement Hub

EVIDENCE BASED PRACTICE

MSc BLOG – Cooling therapies & stroke

Don’t ditch p-values: understand them

Neuromyelitis optica spectrum disorder presenting as rhomboencephalitis

Spontaneous acalculos gallbladder perforation post-cardiac transplantation

Stuck guidewire due to soft tissue imposition: a rare complication of central line catheter placement

Neuroimaging findings in Menkes disease: a rare neurodegenerative disorder

Ro-positive interstitial lung disease treated with cyclophosphamide

BMJ Evidence Centre
Chronic Madura foot: mycetoma and/or Actinomyces spp or actinomycosis

Case of unilateral leg swelling: a DVT mimic

Coexisting squamous cell carcinoma and high-grade neuroendocrine carcinoma, small cell type: a rare collision in cervix

Idiopathic nodular glomerulosclerosis (ING) in an African American (AA) man with hepatitis C

Splenic myoid angioendothelioma mimicking metastatic disease in an 8-year-old with Stage IV Wilms tumour

Everyone is valuable

Aortic intramural haematomata associated with pulmonary artery periadventitial haematoma

Featured Review: Interventions for investigating and identifying the causes of stillbirth

Cochrane Crowd webinar - Help us curate and deliver health evidence

Cochrane seeks Editorial Support Officer - CRG Transformation Programme - Flexible location

Cochrane Reviews on vision screening and reading aids updated

Modern combined oral contraceptives for treatment of pain associated with endometriosis

Artificial, blue-light filtering lenses in the eye for protecting the macula (back of the eye) after cataract surgery

Epidurals for pain relief in labour

Would you like to host a future Governance Meeting?

Educational interventions for improving complementary feeding practices

Featured Review: Immersion in water during labour and birth
NICE Clinical Knowledge Summaries provides primary care practitioners with a readily accessible summary of the current evidence base and practical guidance on best practice in respect of over 300 common and/or significant primary care presentations.

The service is being regularly maintained and upgraded as and when significant new evidence emerges and up to 10 new topics will be added each year. You can access the service [here](#).

To suggest a new topic, please [contact us](#).

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**National Institute for Health Research (NIHR) Health Technology Assessment**

Public urged to take part in clinical research to find new NHS treatments

Make time for dementia research in the south east

Breast cancer survivor encourages others to take part in research as part of national awareness campaign

Join Dementia Research is helping people in Kent to take part in dementia research

Translational Hearing Research Summit 2018

Primary Care Research is Active in Luton Essex and Hertfordshire

NIHR celebrates International Clinical Trials Day 2018
DoH Press Releases/New Publications

New local health and care partnerships could save lives

Statement to Parliament: UK response to the Ebola outbreak in the Democratic Republic of the Congo

Policy paper: Government response to report on Brexit and medicines, medical devices and substances of human origin

Press release: UK pledges fresh support in fight against Ebola in the DRC

Guidance: Dental contract reform: evaluation report 2016 to 2017

News story: £30 million of funding to tackle antimicrobial resistance

Open consultation: Air quality: draft Clean Air Strategy 2018

News story: World’s first global ministerial mental health summit to be held in London

LIBRARY “BITS AND PIECES”

The above current awareness bulletin has been produced by Keyll Darree Library and Information Service. We aim to produce the bulletin every week. If you need any help locating or accessing any of the items included in this issue, please contact the library staff on 642993/642974.

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Check out our library website at www.librarykeylldarree.gov.im for details of all our services, facilities and any forthcoming events.