

A step by step guide

Step by step information designed to help you make the best choice of meal supplier for you.

Step 1 Read through the company information provided and the services that are on offer. Select a company from the list of Meal Suppliers. Contact them for a brochure.

Step 2 Once you have chosen your supplier you can contact them and place your order.

Step 3 Await delivery of your meals.

Step 4 Heat your meals — following the instructions on the packaging and enjoy.

If you need support to help you identify which supplier is best for you please contact Adult Social Care on 686179 option 1

This information can be provided in large print or in audio format on request.

Meal Delivery Services Isle of Man



A list of suppliers able to provide a meal delivery service to Isle of Man residents.



**Isle of Man
Government**

Reiltys Ellan Vannin

Wiltshire Farm Foods

Frozen meals delivered directly to your home weekly.

Wide selection of meals available.

Special Diets (for example diabetic, soft, pureed, low fat) catered for.

Individual meal prices start from £2.99.

Meal packs and special offers also available.

Order by phone, online, by post or directly from delivery driver.

Free delivery (subject to minimum order value)

Pay by credit/debit card, cash or cheque.

Telephone: **01624 898385 (Isle of Man base)**

Website address: **www.wiltshirefarmfoods.com**

Jack Frost, Isle of Man

Frozen food delivered directly to your home weekly.

Range of meals including Kershaws, McCain, Youngs, Birds Eye.

Able to deliver fresh fruit, vegetables, bread, cheese, milk and other store cupboard essentials.

Individual meal prices start from £1.79

Order by phone, online or directly from delivery driver.

Free delivery on orders over £20.

Pay by credit/debit card, cash or cheque.

Telephone: **01624 621444**

Website address: **www.jackfrostdirect.com**