## A step by step guide

Step by step information designed to help you make the best choice of meal supplier for you.

**Step 1** Read through the company information provided and the services that are on offer. Select a company from the list of Meal Suppliers. Contact them for a brochure.

**Step 2** Once you have chosen your supplier you can contact them and place your order.

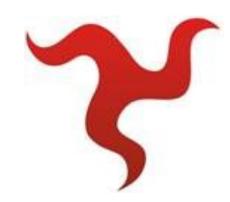
**Step 3** Await delivery of your meals.

**Step 4** Heat your meals — following the instructions on the packaging and enjoy.

If you need support to help you identify which supplier is best for you please contact Adult Social Care on 686179 option 1

This information can be provided in large print or in audio format on request.

# Meal Delivery Services Isle of Man



A list of suppliers able to provide a meal delivery service to Isle of Man residents.



#### **Wiltshire Farm Foods**

Frozen meals delivered directly to your home weekly.

Wide selection of meals available.

Special Diets (for example diabetic, soft, pureed, low fat) catered for.

Individual meal prices start from £2.99.

Meal packs and special offers also available.

Order by phone, online, by post or directly from delivery driver.

Free delivery (subject to minimum order value)

Pay by credit/debit card, cash or cheque.

Telephone: 01624 898385 (Isle of Man

base)

Website address:

www.wiltshirefarmfoods.com

### **Emjays Ltd, Isle of Man**

Freshly prepared chilled meals delivered directly to your home

Wide selection of meals available.

Special Diets (for example gluten free, vegetarian, vegan etc) catered for.

Individual meal prices start from £4.50

Snacks and meal deals are also available.

Order by phone or email

Free delivery - all our drivers are police checked

Pay by credit/debit card, cash or cheque.

Minimum order of £20 or alternatively 3 meals per week

Telephone: 01624 62909,

Email: info@emjays.im

Website address: www.emjays.im

#### **Top Banana, Isle of Man**

Frozen food delivered directly to your home.

Nutritionally-balanced complete meals— meals are developed to the NACC nutritional standards (National Association of Care Catering).

Basic groceries available such as fresh fruit, vegetables, bread, cheese, milk and any items from Top Banana shop.

Mini meals from £1.95, standard mains from £2.25, gourmet/luxury mains from £3.25

Order by phone, by email, with delivery driver or just pop in to Top Banana.

Free delivery on orders over £20.

Pay by credit/debit card, cash or cheque or BACS

Telephone: 01624 613675

Email address:

meals@topbananafoods.im