IN THE KNOW: Keeping Staff Informed

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Check out our library website, Facebook or Twitter for details of all our services, facilities and any forthcoming events.

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Recommend a book today!

As part of our Winter promotion we are purchasing user recommended health and social care books up to the value of £100*. All we ask in return is that you review and state why this book would be beneficial for the library.

To request today, fill out a form either in the library or online at here
*Maximum of three requests per person.

Check out our library website at www.librarykeylldaree.gov.im for details of all our services, facilities and any forthcoming events.

IN THE SPOTLIGHT

STAFF HEALTH & WELLBEING

How to get your mojo back at work during those dark autumnal days

Yoga and Aerobic Exercise Together May Improve Heart Disease Risk Factors

Useful links

Patient.co.uk

NHS Choices

Mental Health Foundation

World Health Organisation
MANX SKEET

More than 7,000 now signed up for text message reminders

New provider of orthodontic services for children

Regent Dental Care (Douglas) Awarded to Provide Orthodontic Services for Children

Senior nurses go ‘back to the floor’

Consultation launched into proposed changes to eye care

HOT OFF THE PRESS

BBC News  (Asterisked items have been critically reviewed in Behind the Headlines. See below.)

Call for more Irlen Syndrome specialists in schools

Ulster Hospital discrimination case over food allergies

Tougher measures for 999 staff attacks to be debated

Pollution linked to one in six deaths

Prosthetic arms made in Salford help Ugandan machete attack victim

‘Handful of changes’ make cancer

No applicants for GP job at locum-run Pembrokeshire surgery

Lord Steel: We should decriminalise abortion

Health hero

Novelty contact lenses ‘can cause sight loss’

Families block organ donations from potential donors

‘Steep rise’ in self-harm among teenage girls

Hundreds of families block organ donation

Protein ‘can stop viruses developing’

Sex life ‘dead’ after mesh implant
| Women 'deserve apology' over vaginal mesh implants | Check NHS cancer, A&E and operations targets in your area |
| Anna Raeburn: I had a backstreet abortion | Man diagnosed with breast cancer |
| Dyslexia link to eye spots confusing brain, say scientists | Share of European Union staff leaving NHS rises following Brexit |
| Chicken food poisoning levels falling | Mental health care for new mothers in Wales 'unacceptable' |
| Children 'embarrassed by tipsy parents' | Concern over norovirus increase by Betsi Cadwaladr health board |
| 'Go to the dentist and get fined £100' | Male disease too |
| Hospital waits worsen across UK | Hospitals in England to ban 'super-size' chocolate bars |
| Catwalk debut for Down’s syndrome teen | 'I felt so low, I couldn't see a way out' |
| Pre-sex HIV drug 'no-brainer' for NHS* | Restaurant chain 'cut sugary drink sales' with price rise |
| 'I spent savings rather than wait' | Hip implant patients sue manufacturer |
| GP services in Northern Ireland are 'in crisis' | Why I secretly taped my disability assessment |
| Leeds United players and staff donate pay to boy's cancer care | NHS patients to be asked about sexuality |
| NHS surgery waits run into years in Northern Ireland | Disabled children hate crime reports increasing |
| Drug therapy 'restores breathing' after spinal injury | How VR is helping to train a new generation of surgeons |
| AI used to detect breast cancer risk | Conjoined twins survive gruelling journey to separation |

Useful Health Links

NHS Choices: A-Z of health conditions | NHS Choices
Do you believe everything you read? The NHS Knowledge Service provides a critical view of current health related news items to critically analyse their sources, content and findings.
Bulletins
(click to open)

Allied Health Professionals
Bulletin for clinical commissioning groups (CCGs)
Chief Nursing Officer Bulletin
GP and Practice Team Bulletin
Compassion in Practice strategy and 6Cs Live!
Commissioning Support Bulletin

Chief Scientific Officer Bulletin
Health Visitors Bulletin
Revalidation Matters
Liaison and Diversion Bulletin
Specialised Commissioning Stakeholder Bulletin

PUBLIC HEALTH
Health e-News Bulletin/NLH Public Health Newsletter

Adult Protection & Safeguarding Domestic Violence
‘I’ve been followed, attacked, spat on’: women on feeling scared to walk alone

Alcohol

**Dutch courage: Alcohol improves foreign language skills**

Allergies

**Could a protein from intestinal worms lead to a cure for asthma?**

**Household microbes: Friend or foe?**

**New genetic risk factors for peanut and food allergy identified**

Behavioural Science

**Women in science ask fewer questions than men, according to new research**

**Gentle touch soothes the pain of social rejection**

**Scientists pinpoint jealousy in the monogamous mind**
**Cardiovascular Disease**

*Exercise does not prevent blocked arteries, study finds*

*Long-term Outcomes of Multiple Arterial Coronary Artery Bypass Grafting*

*A-fib strikes men a decade earlier than women*

*MRI may predict neurological outcomes for cardiac arrest survivors*

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**Complementary Medicine / Alternative Medicine**

*Magic mushroom compound may treat severe depression*

*How a green tea compound could prevent Alzheimer's*

*What are the best essential oils for sunburn?*

*What is graviola and how is it used?*

*What are the benefits of cryotherapy?*

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**Critical/Emergency Care**

*One in five witness someone collapse who requires CPR but the majority do not act*

*Effect of Systematic Intensive Care Unit Triage on Long-term Mortality Among Critically Ill Elderly Patients in France: A Randomized Clinical Trial*
**Dental**

Titanium or resorbable plates for orthognathic surgery

Medication-related osteonecrosis of the jaw (MRONJ): treatment and prevention

Orthodontic treatment for Class II division 2 malocclusion: No randomised trial evidence

NHS targets super-sized chocolate bars in battle against obesity, diabetes and tooth-decay

**Dementia**

Alzheimer's: Word processing duration may predict onset

**Dermatology**

Dr Anjali Mahto: Skincare For Acne

Margin Mapping of Lentigo Maligna and Lentigo Maligna Melanoma With HRCM-RV

**Diabetes**

Type 2 diabetes: Blood sugar pill shows promise

Urine test for diabetes: What you need to know
Placenta: A 'superfood' or a dietary fad?

How intermittent fasting can increase weight loss

Super-Size Chocolate Bars And 'Grab Bags' To Be Banned From Hospitals

Increasing Price Of Sugary Drinks Cuts Sales, Jamie Oliver Experiment Shows

Does skipping breakfast really lead to overeating?

Obesity: Engineered proteins lower body weight in mice, rats and primates

End of Life Care

Researchers examine how palliative care impacts heart failure patients

Hip and knee joints from cremated bodies donated for charity

Grieving families 'missing out on critical support'

Immunisation and Infection

H7N9 influenza is both lethal and transmissible in animal model for flu

Online resource enables open data sharing for rare Mendelian diseases

Nidoviruses redundantly express genes and encode more proteins than previously believed, study finds
New antibiotic resistance genes found

Translational Pharmacometric Evaluation of Typical Antibiotic Broad-Spectrum Combination Therapies Against Staphylococcus Aureus Exploiting In Vitro Information

Does targeting children with hygiene promotion messages work? The effect of handwashing promotion targeted at children, on diarrhoea, soil-transmitted helminth infections and behaviour change, in low- and middle-income countries

Wash Your Hands!

Hand Hygiene Program Decreases School Absenteeism Due to Upper Respiratory Infections

The environmental cost of misinformation: why the recommendation to use elevated temperatures for handwashing is problematic

Learning Disability and Challenging Behaviour

The 10 best autism blogs

Honest, inspiring and challenging - Chris Packham: Asperger's and Me

What is stimming?

Care home neglect led to death of autistic man 'shut away from the world'

Men’s Health

How nerves fuel prostate cancer growth
Paul McGregor: Why Short Term Pleasure Will Never Win...

Rachel Moss: Why Men Need To Be Cautious About Tweeting #ItWasMe

How straight millennials feel about 'bromance'

A qualitative study of a blended therapy using problem solving therapy with a customised smartphone app in men who present to hospital with intentional self-harm

Mental Health

Samaritans has a letters service too

Dual diagnosis guidance: money talks when it comes to drugs, alcohol and mental illness

Anorexia nervosa: relapse, remission and recovery

Patients included? Twitter impact at health care conferences

Stress may harm gut health as much as junk food

Brain training shows promise for patients with bipolar disorder

Jennifer Hall: We Should All Be Aware Of Post-Traumatic Stress Disorder

Test of the Transdiagnostic Dopamine Hypothesis of Psychosis Using PET Imaging
Baby loss: 'People sharing stories is the biggest comfort' - BBC News

What is psychomotor agitation?

Schizophrenia affects whole-brain connectivity, major study finds

Are migraines a self-defense mechanism?

Nature or nurture? Innate social behaviors in the mouse brain

Researchers reveal how to boost brain power

Life in the city: Living near a forest keeps your amygdala healthier

When it comes to rewards, the brain prefers not to wait

Dietary supplement may help to prevent seizures
New technology, earlier diagnosis and better coordination of care in cancer

'Synthetic gene circuit' may improve effectiveness of cancer immunotherapy

How nerves fuel prostate cancer growth

Hormone therapy for prostate cancer increases cardiac risk

Researchers "drug the undruggable" through unique collaboration

Personalised treatments for rare cancers tested in study

Colorectal cancer: New, less toxic drug target uncovered

Professor Andrew Baildam: The Angelina Effect

Cancer recurrence may be stopped with immunotherapy

How is breast cancer related to the axillary lymph nodes?
Leukemia: Cancer cells killed off with diabetes drug

England’s cancer strategy: what has changed in the last two years?

CD8+ Tumor-Infiltrating Lymphocytes and Survival in Women With Ovarian Cancer

Ophthalmology

All you need to know about epiretinal membrane

Brown, blue, green, and hazel: What is the secret behind eye color?

Time Requirements for EHR Use in an Academic Ophthalmology Center

Paediatrics

Could micronutrient supplements combat ADHD?

MR Enterography in Children and Adolescents With Inflammatory Bowel Disease

Cocaine use during adolescence is even more harmful than during adulthood

Pain/A naesthetics

Why does my tongue hurt?
How many opioid painkillers do surgery patients need? New prescribing recommendations unveiled

Patient Experience

Inpatient satisfaction improved by five-minute intervention, study finds

Patient Safety

Learning from errors: unnecessary intensive care unit admissions

Speaking up against unsafe unprofessional behaviours: the difficulty in knowing when and how

How to attribute causality in quality improvement: lessons from epidemiology

Pharmacology

Neutrons observe vitamin B6-dependent enzyme activity useful for drug development

Tracing Cell Death Pathway Points to Drug Targets for Brain Damage, Kidney Injury, Asthma

Key Psychiatric Drug Target Comes Into Focus

Researchers Watch in Real Time as Fat-Encased Drug Nanoparticles Invade Skin Cells

Superbug's Artillery Revealed: Nanomachine Secretes Toxins
Physical and Sports Therapy

Everything you need to know about ketones

Under 2 hours of walking per week may considerably prolong life

Ketone salts: Do they really improve athletic performance?

High risk of injury in young elite athletes

Seniors and Aging

A healthy gut means healthy aging

Why women tend to avoid sex as they age

Sexual Health

B.J. Epstein: Let's Talk About Sex: Sexuality And The GP
Sleep duration may affect the integrity of sperm DNA

Adverse Outcomes of Reducing Foreign Aid for HIV Programs

Substance Abuse

New insights into marijuana's effect on the developing brain

Study reveals risk factors for substance use problems, as well as resilience

Surgery

Residents’ Abilities to Anticipate Postsurgical Complications

Tobacco

How do genes and lifestyle choices affect lifespan?
What is the best diet for gestational diabetes?

Rebecca Hazeldine: I Had Cervical Cancer, Now I Think All Teenagers Should Have The Opportunity To Find Out How They Can Reduce Their Risk

Childhood poverty, poor support may drive up pregnant woman's biological age

Contraceptive pill seven-day breaks 'outdated', says family planning expert

World Health Organisation

WHO supports the immunization of 874 000 people against yellow fever in Nigeria

7 000 newborns die every day, despite steady decrease in under-five mortality, new report says

Governments commit to reduce suffering and deaths from noncommunicable diseases

Suspected cases from Seychelles test negative for plague

Wound Management

Inflammation trains the skin to heal faster

Rapamycin treatment prevents crippling abnormal bone formation after severe limb injuries
‘The denial of austerity’s impact on social services is truly shocking’

Court reports: three key tips for writing clearly

Landmark ruling finds councils are liable for abuse in foster care

Elderly should be exercising not resting, say doctors

Together or apart: the sibling placement dilemma facing social workers

Sara Ryan: ‘We have achieved the unachievable for Connor’

Innovative balance app reduces falls risk in care home

How social workers can manage unregulated contact between children in care and parents

Principal social worker role praised at ‘inadequate’ children’s services

Appearing as a witness in court: tips for social workers

Robots will care for elderly and check if they are happy or sad

In social work assessments, professional opinion can often be recorded as fact

Working with LGBT older people: key practice points
Social worker made ‘inappropriate’ sexual comments in supervision session

NHS has fined councils up to £280,000 for delayed discharges

Principal social worker role praised at ‘inadequate’ children’s services

Social workers asked to take part in major adults’ services survey

Injury talk: spontaneous parent–child conversations in the aftermath of a potentially traumatic event | Evidence-Based Mental Health

Key Resources

Social Care TV

e–Learning

Social Care Online

Research Register for Social Care

Social Care Research Ethics Committee

All SCIE resources

HEALTH MANAGEMENT

A big disconnect: New report finds many doctors and patients don’t speak the same language

How to deal with rising assaults on NHS staff? Simple: stop counting

RCGP guide helps overseas doctors adapt to UK general practice

GPs in Northern Ireland may reduce services as winter crisis looms

Policy paper: Personalised health and care 2020: service user vision

How does the NHS work? A never-ending story

Place and cause of death for permanent and temporary residents of care homes

Care home bed provision and potential end of life care need in people aged 75 or older in England

Literature review: the economic costs of lung disease and the cost effectiveness of policy and service interventions


Regulation of nursing associates in England

Emergency department survey 2016

Determining the optimal place and time for procedural education
Just-in-time simulation-based training

Health Management and Policy Alert

Speaking up about traditional and professionalism-related patient safety threats: a national survey of interns and residents

Randomised controlled trial to assess the effect of a Just-in-Time training on procedural performance: a proof-of-concept study to address procedural skill decay

Peers without fears? Barriers to effective communication among primary care physicians and oncologists about diagnostic delays in cancer

Identifying patient and practice characteristics associated with patient-reported experiences of safety problems and harm: a cross-sectional study using a multilevel modelling approach

Reliable adherence to a COPD care bundle mitigates system-level failures and reduces COPD readmissions: a system redesign using improvement science

Comparison of control charts for monitoring clinical performance using binary data

Incorporating nursing complexity in reimbursement coding systems: the potential impact on missed care

Public engagement – pitfalls, barriers and benefits

Commissioning for quality and innovation: enhanced supportive care data tool

Maintaining reciprocal healthcare for patients after Brexit

Doctors threaten legal action against NHS over IR35 tax rules

RCN nursing research and innovation

PATIENT INFORMATION

Why does the top of my foot hurt?

What is akathisia and why does it occur?

All you need to know about iliac crest pain

EVIDENCE BASED PRACTICE
BMJ Evidence Updates

Giant meningioma in skull radiograph

Result of Health Illiteracy and Cultural Stigma: Fourniers Gangrene, a Urological Emergency

Rare presentation of an old bug

Unusual cause of saddle nose

Primary hepatic hemangioendothelioma in a patient with Budd-Chiari syndrome

Non-infectious aortitis in an immunosuppressed renal transplant recipient with IgA nephropathy

Anaesthesia and orphan disease: airway and anaesthetic management in Huntington's disease

Acute-onset diplopia in a case of nephrotic syndrome

Familial history aggregation on acute appendicitis

A case of autosplenectomy associated with T-cell checkpoint inhibitor treatment

Stigma as a Barrier to Global Health Care

Nodular pulmonary amyloidosis: a complex disease with malignancy association

Effect of autologous adipose-derived mesenchymal stem cell therapy in the treatment of a post-traumatic chondral defect of the knee

Obstructive uropathy as initial presentation of genitourinary tuberculosis and masquerading as a postsurgical complication

Two gaps too many, three clues too few? Do elevated osmolal and anion gaps with crystalluria always mean ethylene glycol poisoning?
Recurrent episodes of esophageal candidiasis without dysphagia post-Guillain-Barre syndrome: an unusual presentation of achalasia

Rare case of disseminated rhinosporidiosis with chronic osteomyelitis of the calcaneum treated by a simple technique of negative pressure wound therapy

Cochrane

The Recommended Dose podcast launches

NICE Clinical Knowledge Summaries provides primary care practitioners with a readily accessible summary of the current evidence base and practical guidance on best practice in respect of over 300 common and/or significant primary care presentations.

The service is being regularly maintained and upgraded as and when significant new evidence emerges and up to 10 new topics will be added each year. You can access the service here.

To suggest a new topic, please contact us.

National Institute for Health Research (NIHR) Health Technology Assessment
Celebrating patients who help breast cancer research

First time mums with epidural who lie down in labour are more likely to have a normal birth

Steep rise in self-harm among teenage girls

West Midlands Clinical Researchers Recognised at Awards

Leeds NHS trust highest UK recruiter in heart study

Launch of new Pre-doctoral Clinical Academic Fellowship

NIHR study reveals sales of sugar-sweetened drinks in Jamie's Italian restaurants fall by 11% after 10p levy

North Thames launch Patient Research Experience Survey

Greater Manchester Clinical Research Awards finalists revealed in record year for nominations

CRN Wessex awards open for nomination

Keen Surrey golfer helping with research into Parkinson’s Disease

DoH Press Releases/New Publications

Guidance: The Department of Health agreement of balances

News story: New £15 million grant scheme to improve mental healthcare

Official Statistics: Gender ratios at birth in Great Britain, 2011 to 2015

Policy paper: Indemnity in general practice

Open consultation: Regulation of nursing associates in England

LIBRARY “BITS AND PIECES”
The above current awareness bulletin has been produced by Keyll Darree Library and Information Service. We aim to produce the bulletin every week. If you need any help locating or accessing any of the items included in this issue, please contact the library staff on 642993/642974.

As usual, we welcome any feedback, so please let us know if you have any comments about format, content, length, arrangement or indeed, any other observations. If you know of anyone else who might like to receive the bulletin, or you would like your name removed from the distribution list, again, please let us know.