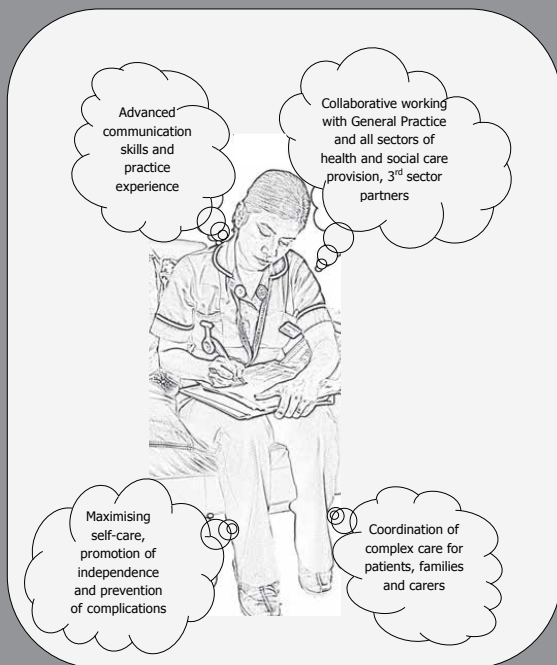


# Long Term Conditions Co-ordinators

## Community Health Services



**Department of Health and Social Care**  
*Rheynn Slaynt as Kiarail y Theay*



**Isle of Man**  
Government

*Reillys Ellan Vannin*

## Who are Long Term Condition Coordinators?

Long Term Condition coordinators (LTCCs) are registered nurses who have completed a Community Specialist Practitioner graduate course, and have extensive experience of working with patients, families and carers in community settings. The LTCCs work closely with all the General Practitioners (GPs) on the Island.

Complex care, once only delivered in acute hospital settings, is now being provided by Community Nursing teams in collaboration with key partners.

### For Example:

GPs	Social Work Team	Allied Health Professionals
Hospice Care	Specialist Nurses	District Nurses
Paramedics	Podiatrists	Continence Advisor
Health Visitors	Practice Nurses	Transfer of Care
Occupational Therapists	Physiotherapists	Coordinator
Home Care	Reablement Team	Hospitals
Environmental Health	Private Care Agencies	Fire Prevention Officers
		Voluntary Sector

### Below are some examples of what an LTCC does:

- Acts as coordinator of complex care for patients and carers and works collaboratively with your GP and the multi-disciplinary team/voluntary agencies to support care
- Works with patients and carers to consider personal strategies to avoid admission to hospital, where possible
- By working with and educating patients and carers, we will reduce GP visits and minimise calls to GP out of hours service
- Provides advice and support for patients with long term conditions
- Health education – information and advice on diet, exercise and lifestyle changes to help patients to maintain their independence
- Devise and plan patient-centred programmes of nursing care, promoting self-care and encouraging independence

- Develops therapeutic relationships with patients, families and carers
- Carry out holistic assessment of nursing care needs
- Assess for the supply of, and instruction in the use of, some equipment, to promote and assist in returning to independent living
- Provide support and co-ordinate services for palliative and end of life care
- Provide bereavement support

Your GP is the only person who can, at the present time, refer you to the LTCC, other professionals in your care may discuss with the GP if they think a referral to an LTCC would be appropriate for you or you may approach your GP yourself. Your GP will then make a referral to whichever LTCC works with your surgery.

## **When do LTCCs provide care?**

The Service operates from 8.30am to 5pm, Monday to Friday excluding Bank Holidays, but appointments can be made outside these hours if deemed necessary.

## **Where do LTCCs provide care/advice**

Patient's homes, Nursing Homes, Residential Homes, Sheltered Accommodation, GP surgeries, Community Clinics.

## **How do I contact the LTCC?**

Ramsey and Jurby Group Practice, Peel and Laxey Surgeries

**Tel: 811822**

Southern Group Practice, Ballasalla, Castletown, Snaefell, Finch Hill and Promenade Practice

**Tel: 831864**

Palatine and Kensington Surgeries, Hailwood and Onchan surgeries

**Tel: 665942**

This document can be provided in large print  
or audio tape on request.



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