

# QUIT4YOU

## Free Stop Smoking Service



**Douglas, Ramsey,  
Peel and Port Erin clinics**  
**APPOINTMENT ONLY**  
**To book call 642404**

- ✓ Personal Quit Plan with support from our Specialist Stop Smoking Advisors
- ✓ Vouchers for Nicotine Replacement Therapy

**CALL: 642404**  
**TEXT: 470263**

**TOBACCO@GOV.IM**  
**QUIT4YOU.GOV.IM**



**Isle of Man  
Government**

Reillys Ellan Vannin