National Clinical Guideline for Stroke  The fourth edition of these guidelines published in September 2012 was prepared by the Royal College of Physicians Intercollegiate Stroke Working Party. These guidelines provide the reader with the most comprehensive coverage of stroke care to date, encompassing the whole of the stroke pathway from acute care through to longer-term rehabilitation, including secondary prevention. It informs healthcare professionals about what should be delivered to stroke patients and how this should be organised, with the aim of improving the quality of care for everyone who has a stroke, regardless of age, gender, type of stroke, or location.

It also has a detailed section on commissioning of stroke care, which will be useful for fledgling clinical commission groups in the changing healthcare landscape. The recommendations have been completely revised to include the most up-to-date evidence published since the previous edition in 2008.
Case Studies in Stroke: Common and uncommon presentations. Neurologists learn from their patients, and this selection of 60 stroke cases will inform and challenge clinicians of all career stages. Including both common and unusual cases, the aim is to reinforce diagnostic skills through careful analysis of individual presenting patterns and to guide treatment decisions. Each case consists of a clinical history, examination findings and special investigations, usually involving imaging before a diagnosis is given. There then follows for each case a discussion of the clinical issues raised by the case, in which the main teaching points are emphasized. Selected references, frequently including the first description, are provided at the conclusion of each case. Drawing on the expertise of leading teachers and practitioners, and liberally illustrated, these case studies and the discussions that accompany them are an essential guide to learning the complexity of stroke diagnosis.

Managing Strokes and TIAs Stroke and TIAs are often neglected illnesses. They are a major cause of death and disability, and must be treated as an emergency. Managing Strokes and TIAs in Practice is a practical guide for the busy clinician, particularly important in the treatment of patients and in the secondary prevention of stroke. Describing epidemiology and the pathophysiology of stroke, this authoritative guide details stroke risk factors, primary and secondary prevention strategies and gives advice on how to manage a patient in the acute phase. Data from clinical trials are also included, giving current information on therapies and drug treatment. Managing Strokes and TIAs in Practice will be of great value to general practitioners, hospital doctors, nurses, pharmacists and all members of the multidisciplinary team.
Joining Forces to Deliver Improved Stroke Care  For many years, stroke was viewed as an inevitable consequence of getting old. For stroke patients, there seemed little to be done, except making them more comfortable. Things have begun to change, moving towards better treatment and care for stroke through specialist services and key interventions, such as stroke units, immediate scanning, thrombolysis and Early Supported Discharge.

The publication of the NAO report ‘Reducing Brain Damage: Faster Access to Better Stroke Care in November 2005 highlighted how these developments can improve the efficiency and effectiveness of stroke care. ‘Joining Forces to Deliver Improved Stroke Care’, sets out recommendations from expert project groups for a new national stroke care strategy, while also examining key messages and examples of good practice arising from the October 2006 'Joining Forces to Deliver Improved Stroke Care' conference hosted by the NAO.

My Year Off  On July 28, 1995, Robert McCrum suffered a severe stroke at the age of 42. His thoughtful memoir chronicles the long, arduous process of recovery. Drawing on his own diaries and those of his wife, Sarah Lyall, McCrum presents a detailed portrait of the physical and psychological effects of a stroke. His speech was impaired and his left arm and leg were paralysed, but almost worse was the emotional havoc those disabilities wrought. As the hard-driving, hard-living editor of publishing house Faber & Faber, McCrum had defined himself for 20 years by what he did--now he was forced to ask himself who he was. He ruefully admits that his upbringing in the privileged British upper-middle class, traditionally suspicious of introspection, had ill prepared him for such a struggle, and he pays loving tribute to his American spouse's crucial role in his recovery.
Stroke in Practice: From Diagnosis to Evidence-Based Management  

Stroke is the leading cause of disability and the third leading cause of death in the developed world. The past decade has witnessed a paradigm shift in the management of stroke, with the understanding that care of acute stroke patients by specialists working in dedicated stroke units greatly improves patient outcomes; as a consequence, stroke units now exist in all major hospitals in the UK and Europe. Interventions to treat stroke have also increased in complexity, and the discipline of stroke medicine is now recognised as a medical specialty. This book is a concise, accessible and authoritative source of relevant and focussed information about stroke disease. It contains a thorough review of the management of cerebrovascular disease - everything you need to function effectively on an acute stroke unit. Tables and diagrams aid quick reference and easy comprehension.

Care After Stroke: or Transient Ischaemic Attack  

This booklet is based on the National clinical guideline for stroke, 4th edition. The guideline was developed by looking at all the research that has been done in each of the areas and where there is insufficient research to show what should be done, the group of experts, patients and voluntary organisations have made recommendations based on their views of best practice. The National clinical guideline for stroke provides guidance on how to care for someone after they have suffered a stroke or transient ischaemic attack (TIA). It includes advice on how to prevent a further stroke or TIA. It also gives guidance about rehabilitation after stroke, both immediately after the event has happened and for the months and years that follow. The guidance also includes how stroke services should be organised and what stroke services should consist of.
**Stroke Medicine** Stroke Medicine is a practical handbook for the practising physician. Written by a multidisciplinary team of three practising consultants from a leading UK stroke service, it provides an up-to-date and easily accessible source of information on all aspects of stroke care from acute care, through to rehabilitation and secondary prevention. Designed to be used both on the ward and in the outpatient room, it provides a practical approach to managing the stroke patient, and is an invaluable source of information for stroke physicians, neurologists, geriatricians and other specialists involved in the care of stroke patients. It will also prove to be a useful handbook for consultants and doctors in training. Designed to cover the curriculum of the UK Specialist Stroke training programme for clinicians in training, it is likely to provide similar levels of coverage for emerging stroke training programmes in other parts of the world.

**Oxford Case Histories in TIA and Stroke** features 51 well-structured, peer-reviewed cases from the Oxford Hospitals giving detailed coverage of the specialty, including diagnostic and management dilemmas.

Each case comprises a brief clinical history and the relevant examination findings; details of investigations undertaken, followed by questions on differential diagnosis and management; and detailed answers and discussion. The question-and-answer format is designed to enhance the reader's diagnostic ability and clinical understanding.

As part of the Oxford Case Histories series, this book is aimed at post-membership trainees and consultants and will be a useful resource for those preparing for exit examinations or revalidation. It will also be of interest to those who wish to improve their skills in diagnosis and management of a broad range of stroke disorders.

This is the second edition of a succinct, evidence-based source of answers to questions commonly asked by general practitioners about stroke (eg. definitions, epidemiology, causes, clinical features, investigations, management, outcome and secondary prevention).

It is divided into sixteen chapters, each with a list of relevant key references for further reading. The first two chapters define what is meant by a stroke and the size of a problem for stroke patients, their carers and the community. Chapters 3-15 address, in turn, the five key questions that should be answered in the diagnosis and management of all stroke patients: Is it a stroke? Where is the stroke lesion? What is the cause of the stroke? What is the prognosis for survival and handicap? What can be done to optimise patient outcome and prevent recurrant stroke? Chapter 16 discusses stroke in special populations (e.g. children, pregnant women). The book concludes with appendices providing information on stroke organisations (including postal and internet addresses) and medical websites.