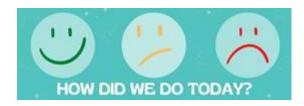
IN THE KNOW: Keeping Staff Informed

Volume 19 (19) May 2024

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APOE4 homozygozity represents a distinct genetic form of Alzheimer's disease

STAFF HEALTH & WELLBEING

MHK questions public sector worker overpayments

Bus Vannin fares and routes to change from May 7

Info Commissioner issues social media advice to public servants

'Runway closures should be scrapped by end of summer', says Airport Director

The top 10 most popular barbecue recipes

Personalised yoga for burnout and traumatic stress in junior doctors

10 morning stretches to help you start your day

Time for a rebalance: psychological and emotional well-being in the healthcare workforce as the foundation for patient safety

Weekend Northern Lights show for Island?

Useful links

<u>Patient.co.uk</u> <u>Mental Health Foundation</u>

NHS Website World Health Organisation



People encouraged to have open and honest conversation about death

Public sector job cuts 'needed to address financial gap'

<u>Chamber of Commerce calls on gov to address immigration</u> <u>challenges</u>

Free Shingles jabs for over 65s still 'under review'

Are gas supplies being cut off illegally?

Residency requirements and 2027 implementation among proposed changes to assisted dying bill

Prison mental health services unsafe, review says

Free Period Product Pick up Point set up in Douglas

Health Minister responds to NHS app issues in HOK

New defib machine installed in Central Douglas

Building of Sexual Assault Referral Centre underway

Health Minister says Braddan Roundhouse row is over safety

20 MHKs Vote in Favour of Introducing Free Period Product Bill

Chief Minister says cannabis farm app hasn't been finalized

Barrister warns of failures from other jurisdictions with assisted dying

Workshops to mark Deaf Awareness Week

Ask permission before taking photos at Manx Care sites

Cannan: 'I will be proposing referendum on assisted dying'

Social media has an influence on young people, warns charity

Mental heath workers complete CBT postgrad

HOT OFF THE PRESS BBC News

We need to normalise death and dying, says carer

'I have a 50:50 chance of developing Alzheimer's in my 50s'

How the NHS has run out of jobs for new doctors

Why mortgage rates are going up, not down

Licence ban extended on London fertility clinic

Whooping cough cases up again as five babies die

Hundreds of infected blood victims living with undetected Hep C

Gene-therapy leap restores baby girl's hearing

Agency charging NHS nearly £2,000 for nurse shift

AstraZeneca to withdraw Covid vaccine

Mum never got over injecting son with infected blood

Antisemitism complaints surge after Hamas attacks

Girl's brain tumour misdiagnosed for three years

NHS data stolen in cyber attack published on dark web

Assisted dying debate terrifying for disabled, says Liz Carr

NHS problems leave new doctors without jobs

Five surprisingly simple ways to optimise your diet

Mum ignored test and got cancer says BBC presenter

Victims infected with Hep C after blood screening began

Useful Health Links

NHS Website: A-Z of health conditions

NHS Website

Check NHS standards near you

Cancer Help UK

British Heart Foundation

Health and Care Professions Council

Mental Health Foundation

General Medical Council

Nursing and Midwifery Council

Care Quality Commission

NICE

NHS Scotland

Health in Wales

NI Direct

Clinical trials information

Diabetes UK

British Lung Foundation

National Obesity Forum

Critical Thinking

Do you believe everything you read? Is there truth behind the headlines? Why does false information spread so fast on social media? What can you do to make sure you don't get taken in? Start by looking up the stories on websites such as the ones below:

BBC Reality Check

Ferret Fact Service

Full fact

British Heart Foundation – Behind the headlines

Misinformation

Do you keep a look out for misinformation circulating online? Do you know the impact it could have on patients? How do you counter it?

Factors influencing correction upon exposure to health misinformation on social media: the moderating role of active social media use

Who Shares Misinformation on Social Media? A Meta-analysis of Individual Traits Related to Misinformation Sharing

More than a Half Century of Misinformation About Breast Cancer Screening

Bulletins

(click to open)

Bulletin for clinical commissioning groups (CCGs)

Chief Nursing Bulletin

Healthcare Science Bulletin

Compassion in Practice strategy and 6Cs Live! **Liaison and Diversion Bulletin**

Pharmacy and Medicines Bulletin

Primary Care Bulletin

<u>Specialised Commissioning Stakeholder</u> <u>Bulletin</u> **Revalidation Matters**

Liaison and Diversion Bulletin

<u>Specialised Commissioning Stakeholder</u>
Bulletin



PUBLIC HEALTH
Health e-News Bulletin/NLH Public Health Newsletter

Adult Protection & Safeguarding Domestic Violence

Safeguarding carers: literature review on what is known about carers who are abused by the people they provide care for

Tradwife influencers are quietly spreading far-right conspiracy theories

Informed and safe, or blamed and at risk? Examining the merits and limits of domestic violence disclosure schemes in Australia and New Zealand

Addiction

Cluster analysis of medical students' attitudes regarding people who use drugs: a first step to design a tailored education program

Human costs of healthcare resilience during the war in Ukraine: Lessons from addiction and HIV treatment

The impact of introducing alcohol-free beer options in bars and public houses on alcohol sales and revenue: A randomised crossover field trial

Longitudinal examination of alcohol demand and alcohol-related reinforcement as predictors of heavy drinking and adverse alcohol consequences in emerging adults



Digitally-enabled, person-centred care (PCC) in allergen immunotherapy: An ARIA-EAACI Position Paper

How to hit the allergy target: A critical appraisal of intralymphatic immunotherapy with practical recommendations on ultrasound-guided <u>injections</u>



Cardiovascular Disease

No benefit of apoA-I infusion after myocardial infarction

Does Left Atrial Appendage Ligation Improve Outcomes of Atrial Fibrillation Ablation?

Illusion of revascularization: does anyone achieve optimal revascularization during percutaneous coronary intervention?

GLP-1 Agonists and SGLT-2 Inhibitors Together Have Greater Cardiorenal Benefits



Complementary Medicine/Alternative Medicine

Evaluating anthelmintic, anti-platelet, and anti-coagulant activities, and identifying the bioactive phytochemicals of Amaranthus blitum L.

Views of Hong Kong Chinese medicine practitioners on the application of the "Chinese Medicine Anti-epidemic Plans" prepared by the Chinese medicine expert group of central authorities: a focus group study

Critical Care

Diastolic/systolic blood pressure ratio for predicting febrile children with sepsis and progress to septic shock in the emergency department

Exploring factors influencing time from dispatch to unit availability according to the transport decision in the pre-hospital setting: an exploratory study

Exploring the consequences of nurses' involvement in disaster response: findings from a qualitative content analysis study

Dementia

High plasma homocysteine levels predict the progression from mild cognitive impairment to dementia

Loss of glycine receptors in the nucleus accumbens and ethanol reward in an Alzheimer's Disease mouse model



Dental

Harmonization of clinical practice guidelines for primary prevention and screening: actionable recommendations and resources for primary care

Independent and combined effects of smoking, drinking and depression on periodontal disease

WNT3 promotes chemoresistance to 5-Fluorouracil in oral squamous cell carcinoma via activating the canonical β-catenin pathway

Feasibility and impact of three-dimensional (3D) printing technology in simulated teaching of congenital malformations

Diabetes

Repurposed cancer drug could treat diabetes by nudging pancreatic acinar cells to produce insulin

Clustering of health behaviors and their associations with cardiometabolic risk factors among adults at high risk for type 2 diabetes in India: A latent class analysis

Antenatal oral glucose tolerance test abnormalities in the prediction of future risk of postpartum diabetes in women with gestational diabetes:

Results from the LIVING study



Diet, Nutrition and Obesity

Obesity pharmacotherapy in older adults: a narrative review of evidence

Improved nutrition, sanitation linked to beneficial changes in child stress and epigenetic programming

Dietary changes may treat pulmonary hypertension



Digital Health Technology

St Bartholomew's Hospital deploys AI to spot missed appointments

Invatech to roll out electronic prescribing across Wales



End of Life Care

Consensus-based recommendations for the development and expansion of palliative day care clinics in Germany: results of a Delphi study

End of life decision making when home mechanical ventilation is used to sustain breathing in Motor Neurone Disease: patient and family perspectives

Virtual consultations: the experience of oncology and palliative care healthcare professionals



Immunisation and Infection

Susceptibility testing of the live attenuated tuberculosis vaccine BCG and the vaccine candidate MTBVAC to currently WHO-recommended antituberculosis drugs by the EUCAST method

Molecular surveillance of carbapenem-resistant Enterobacterales in two nearby tertiary hospitals to identify regional spread of high-risk clones in Germany, 2019-2020

A comprehensive qualitative investigation of the factors that affect surgical site infection prevention in cardiac surgery in England using observations and interviews

Effectiveness of Autumn 2023 COVID-19 vaccination and residual protection of prior doses against hospitalisation in England, estimated using a test-negative case-control study

Modifying antibiotic treatment strategies in the face of pertussis surge associated to erythromycin resistance in China

Reporting of deaths during cholera outbreaks: case fatality ratio and community deaths

Inclusion and Diversity

The power of the team: Harnessing collaboration, diversity and challenge

Supporting NHS staff with long COVID

'Saviours': how community health and wellbeing workers are helping to tackle health inequalities in England

Tackling bullying in the NHS – unions pull together to launch new standards for international recruitment

Staff experiences of wearing the Rainbow Badge in a paediatric hospital setting: a mixed-methods survey

Medical Education

Enhancing academic performance and student engagement in health education: insights from Work Station Learning Activities (WSLA)

Feasibility and impact of three-dimensional (3D) printing technology in simulated teaching of congenital malformations

The effect of simulation of sectional human anatomy using ultrasound on students' learning outcomes and satisfaction in echocardiography education: a pilot randomized controlled trial

<u>Trainee advocacy for medical education on the care of people with intellectual and/or developmental disabilities: a sequential mixed methods analysis</u>

Enhancing academic performance and student engagement in health education: insights from Work Station Learning Activities (WSLA)



Mental Health

Mental healthcare for ethnic minority groups: a call for substantial change

How do Black and South Asian women experience perinatal mental health services?

Predictive coding and phenomenological approaches of delusions: convergence and differences

Nurse prescribers as key players in shared decision making in psychiatry



Neurology

Comparison of sex differences on outcomes after aneurysmal subarachnoid hemorrhage: a propensity score-matched analysis

Symptoms at stroke onset as described by patients: a qualitative study

Assessing the impact of migraine on benign paroxysmal positional vertigo symptoms and recovery

Obstetrics

<u>Developmental uterovaginal anomalies and histologic findings in</u> <u>transgender patients receiving gender-affirming hysterectomies: A</u> <u>large case series</u>

Association between cytokine polymorphisms and recurrent pregnancy loss: A review of current evidence

Reviving forgotten techniques: Vaginal salpingectomy in public health system, a retrospective cohort study

Retraction: Randomized controlled trial of the effect of bilateral uterine artery ligation during cesarean among women at risk of uterine atony

A population-based time-series analysis of opioid agonist treatment dispensed during pregnancy



Oncology

Long-term survival for lymphoid neoplasms and national health expenditure (EUROCARE-6): a retrospective, population-based study

Finding the health-care expenditure that drives variation in cancer survival

Combining the prognostic role of age with molecular advances in the understanding of endometrial cancer

Ophthalmology

Does collagen cross linking have any effect on retinal circulation in patients with keratoconus? An optical coherence tomography angiography (OCTA) study

Construction of oxidative phosphorylation-related prognostic risk score model in uveal melanoma

Observation of structural and vascular features of retina and choroid in myopia using ultra-widefield SS-OCTA

Refraction and ocular biometric parameters in 3-to 6-year-old preschool children: a large-scale population-based study in Chengdu, China



Present status of scheduled vaccinations and vaccination-related bleeding in Chinese children with haemophilia

18F-FDG PET/CT in paediatric Staphylococcus aureus bacteraemia

No safe time window in malrotation and volvulus: A consecutive cohort study

Pubertal retroareolar cysts presenting as bluish lumps: New cases and literature review

Pain Medicine

The Use of Arts-Based Research in Chronic Pain: A Scoping Review

Blood cadmium level as a risk factor for chronic pain: NHANES database 1999-2004

Adapting and Evaluating a Theory-Driven, Non-Pharmacological Intervention to Self-Manage Pain

Patient Experience

The relationship between patient experience and real-world digital health access in primary care: A population-based cross-sectional study

A patient perspective on kidney disease in the public health agenda



Pharmacology

All Wales Medicines Strategy Group recommends dabrafenib plus trametinib for the treatment of inoperable anaplastic thyroid cancer with the BRAF V600E variant

Risk Minimisation Materials for Caprelsa (vandetanib)

DTB select: Increasing awareness of the risk of death from a propanolol overdose

Risk of gastrointestinal perforation in patients with rheumatic diseases exposed to janus kinase inhibitors versus adalimumab: nationwide cohort study

Primary Care

<u>Is Fee-for-Service Compatible with Comprehensive Primary Care?</u>

Medical professionals should not be 'forced' to assist patients to end their lives, MPs told

GPs alerted of side effects associated with prostate and hair loss drug

UK GP leaders to vote on linking contract funding to inflation

GPs to vote on PAs being blocked from anything but admin tasks

GPs having to provide advice on alternatives amid 'daily' medicines shortages



Seniors and Aging

Loneliness common among older informal caregivers, says report

Long-Term Follow-Up of Early vs. Delayed Levodopa Use

New Randomized Trial Data on a Patch-Pump Approach for Treatment of Parkinson Disease

Rethinking 'socially admitted' patients to improve care



Sexual Health

Identifying, characterizing, and targeting chlamydial virulence factors to unleash the power of host cell-autonomous immunity

Sexual dysfunction in patients with cancer, a challenge in oncology practice: results of the CLARIFY project

Sleep Medicine

Resting-State fMRI Network Efficiency as a Mediator in the
Relationship Between the Glymphatic System and Cognitive Function
in Obstructive Sleep Apnea Hypopnea Syndrome: Insights from a

DTI-ALPS Investigation

Multidimensional phenotyping to distinguish among distinct obstructive sleep apnea, chronic obstructive pulmonary disease, and overlap syndrome phenotypes

<u>Lifestyle Factors Associated with Symptoms Suggestive of Restless</u>
<u>Legs Syndrome in Korean Adolescents</u>

Prevalence of insomnia in a general adult population cohort using different diagnostic criteria: The seventh survey of the Tromsø Study 2015-2016.



Sports Medicine/Fitness

<u>Identifying and Minimizing Incentives for Competing Interests in Sports Medicine Publications</u>

Challenges and opportunities of artificial intelligence implementation within sports science and sports medicine teams

The effects of kettlebell training versus resistance training using the own body mass on physical fitness and physiological adaptations in obese adults: a randomized controlled trial

Surgery

Metal-backed or all-poly tibial components: which are better for medial unicompartmental knee arthroplasty? A propensity-score-matching retrospective study at the 5-year follow-up

Transcatheter versus surgical aortic valve replacement for severe aortic valve stenosis: Meta-analysis with trial sequential analysis

Surgical versus transcatheter aortic valve replacement in low-risk Medicare beneficiaries

Preoperative exercise training decreases complications of minimally invasive lung cancer surgery: A randomized controlled trial



Vaping/Smoking

Estimating causality between smoking and abdominal obesity by Mendelian randomization

Comprehensive vaping bans are associated with lower odds of initiation into electronic nicotine delivery systems use among young people

World Health Organisation

Rafah incursion would substantially increase mortality and morbidity and further weaken an already broken health system

WHO Results Report 2023 shows notable health achievements and calls for concerted drive toward Sustainable Development Goals

Wound Management

A Multifunctional Hydrogel Fabricated by Direct Self-Assembly of Natural Herbal Small Molecule Mangiferin for Treating Diabetic Wounds

Improvement of skin wound healing by giant salamander skin mucus gel wrapped with bone marrow mesenchymal stem cells via affecting integrin family molecules

Wound Fluid Extracellular Microvesicles: A Potential Innovative Biomarker for Wound Healing

Deep Red Light Driven Hydrogen Evolution by Heterojunction Polymer Dots for Diabetic Wound Healing

SOCIAL AND COMMUNITY CARE

Self-Care A-Z: Self-Care Is Elemental

Social Work England committed 'abuse of power' in 'punishing' practitioner's gender critical beliefs

DHSC to publish every council's waiting times for adult social care assessments and services

Social work across the decades: the Maria Colwell inquiry

<u>'Hundreds of social workers left in limbo': BASW and unions urge</u>
<u>action on fitness to practise delays</u>

Social workers begin strike over 'unsafe' staffing levels

Get up to speed with the DfE's children's social care reforms

Reporting on Health Care and Social Service Provider Approaches to Promoting Alcohol Abstinence During Pregnancy

"Well, I think it's institutional racism:" How pediatric dialysis and transplant social workers explain racial disparities for black children in access to kidney ...

Service Provider Perspectives on Advance Care Planning Use in Rural

Dementia Patients and Caregivers: A Qualitative Study

Factors Affecting Marginalized Older Peoples' Digital Exclusion Evaluated by Gerontological Social Work Professionals

"I'm Part of Something That Matters": Exploring What Older Adults

Value Through Their Engagement in Age-Friendly Community

Initiatives

Formal and Informal Support among Mothers Aging out of Foster
Care and Maternity Group Homes: Who Steps in When Mothers Age
Out?

Podcast: using new approaches to promote 'old school' social work for older adults

Social workers from 22 bodies to develop resources to cut workloads

Key Resources

e-Learning

Social Care Online

Research Register for Social Care

Social Care Research Ethics Committee

HEALTH MANAGEMENT

Stakeholder expectations of the social care workforce

England's widening health gap: local places falling behind

Organisational anxiety and what leaders are (or aren't) doing about it

Making the grade: prioritising performance in Whitehall

Stakeholder expectations of the social care workforce

What do social care providers think of younger workers?

What are primary care services?

How would clinicians use time freed up by technology?

Addressing health inequalities across allied health professional (AHP) services: a guide for AHP system leaders

Rapid evidence review: tackling inequalities through the regulation of services and organisations

Co-production and engagement with communities as a solution to reducing health inequalities

Confronting antimicrobial resistance 2024 to 2029

National learning report: factors affecting the delivery of safe care in midwifery units

Levelling up or levelling down: the impact of integrated care systems on the delivery of care

Medicines shortages

Enabling investment in digital and AI-driven medical imaging

Statutory guidance: NHS (General Medical Services - Premises Costs) Directions: previous directions

Statutory quidance: NHS (General Medical Services - Premises Costs) Directions

EVIDENCE BASED PRACTICEBMJ|Evidence Centre

BMJ Evidence Updates

Bacterial growth in patients with low back pain and Modic changes: protocol of a multicentre, case-control biopsy study

Non-physician anaesthesia providers perspectives on task sharing practices in Zambia and Somaliland: a qualitative study

Risk of transmission of HIV to infants during breast/chest feeding when mothers/birthing parents living with HIV are on antiretroviral therapy: a protocol for a rapid review

Australian trial of behavioural activation for people with schizophrenia experiencing negative symptoms: a feasibility randomised controlled trial protocol

Associations between knowledge of health issues and health care satisfaction and propensity to complain: a cross-sectional survey of adult men in Denmark

Evaluation of system based psychological first aid training on the mental health proficiency of emergency medical first responders to natural disasters in China: a cluster randomised controlled trial

Effectiveness and cost-effectiveness of a 12-month automated text message intervention for weight management in postpartum women with overweight or obesity: protocol for the Supporting MumS (SMS) multisite, parallel-group, randomised controlled trial

Effect of passive leg raising on the cross-sectional area of the right internal jugular vein in patients with obesity: a randomised controlled trial protocol

Feasibility of continuous glucose monitoring in patients with type 1
diabetes at two district hospitals in Neno, Malawi: a randomised
controlled trial

Peroperative administration of tranexamic acid in Roux-en-Y and one-anastomosis gastric bypass to reduce haemorrhage in patients with morbid obesity: protocol for randomised controlled trial (PATRY trial)

Contextually appropriate nurse staffing models: a realist review protocol

Association between non-alcoholic fatty liver disease and risk of sarcopenia: a systematic review and meta-analysis

Do patients with nephrotic syndrome have an increased risk of osteoporosis? A nationwide population-based retrospective cohort study in Taiwan

<u>Cohort profile: EFTER-COVID - a Danish nationwide cohort for assessing the long-term health effects of the COVID-19 pandemic</u>

Appropriateness and acceptability of continuous glucose monitoring in people with type 1 diabetes at rural first-level hospitals in Malawi:

a qualitative study

COS-PPA: protocol to develop a core outcome set for primary progressive aphasia

<u>EvolvRehab-MoveWell telerehabilitation for stroke survivors: study</u> <u>protocol for a feasibility with embedded initial proof-of-concept study</u>

Congenital glottic stenosis as a clinical manifestation of FREM1associated disorders in a neonate with respiratory distress and aphonia

Chronic diarrhoea, weight loss and a positive anti-tissue transglutaminase antibody: A case report of olmesartan-induced enteropathy

Phthiriasis palpebrarum masquerading as blepharitis

Strategies for optimising early detection and obstetric first response management of postpartum haemorrhage at caesarean birth: a modified Delphi-based international expert consensus

<u>Association between indoor air pollution and depression: a</u> systematic review and meta-analysis of cohort studies Facilitators, barriers and impacts to implementing dementia care training for staff in long-term care settings by using fully immersive virtual reality: a scoping review protocol

<u>Use of artificial intelligence in obstetric and gynaecological</u> <u>diagnostics: a protocol for a systematic review and meta-analysis</u>

<u>Patient, caregiver and other knowledge user engagement in</u> consensus-building healthcare initiatives: a scoping review protocol

Immediate versus delayed single blastocyst transfer following the first stimulated IVF cycle in the freeze-all strategy: a study protocol for a randomised controlled trial

Wildfire, deforestation and health in tropical rainforest areas: a scoping review protocol

Relationship between self-psychological adjustment and posttraumatic growth in patients with lung cancer undergoing chemotherapy: a cross-sectional study



Cochrane

What are the benefits of giving regular antiviral medications to prevent cytomegalovirus disease, death and side effects in solid organ transplant recipients

Using samples obtained by bronchoscopy to decide how to treat lung infections in people with cystic fibrosis

Zinc for the prevention and treatment of the common cold

Does exposure to the smell and taste of milk accelerate feeding in tube-fed preterm infants?

Accuracy of a first- and second-trimester ultrasound scan for identifying fetal anomalies in low-risk and unselected pregnancies

Do calcium supplements help people with overweight or obesity lose weight?

Keyhole (laparoscopic) versus traditional (open) surgery for people donating a kidney

Can medications like varenicline and cytisine (nicotine receptor partial agonists) help people to stop smoking and do they cause unwanted effects?

What are the effects of antibiotics on pain and swelling caused by inflammation or infection at the root of the tooth in adults?

Is there a best way to remove dead tissue from surgical wounds?

Collaborative care approaches for people with severe mental illness





NICE Clinical Knowledge Summaries provides primary care practitioners with a readily accessible summary of the current evidence base and practical guidance on best practice in respect of over 300 common and/or significant primary care presentations.

The service is being regularly maintained and upgraded as and when significant new evidence emerges and up to 10 new topics will be added each year. You can access the service <u>here.</u>

National Institute for Health Research (NIHR) Health Technology Assessment

How to deprescribe in primary care

DoH Press Releases/New Publications

Guidance: Addressing health inequalities across allied health professional (AHP) services: a guide for AHP system leaders

Policy paper: UK 5-year action plan for antimicrobial resistance 2024 to 2029

Consultation outcome: Fixed recoverable costs in lower damages clinical negligence claims – a supplementary consultation on disbursements

Press release: New 5-year plan to combat antimicrobial resistance

LIBRARY "BITS AND PIECES"

Published recently? Completed a research project?

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<u>Publication repository</u>

Research repository

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