

# Health and Safety Law



## What you need to know:

All workers have a right to work in places where risks to their health and safety are properly controlled. Health and safety is about stopping you getting hurt or ill through work. Your employer is responsible for health and safety, but you must help. Your employer has a duty under the law to, as far as is reasonably practicable, ensure your health, safety and welfare at work.

### What employers must do for you

- Give you the information, instruction, training and supervision necessary for your health and safety.
- Decide what could harm you in your job and the precautions to stop it. This is part of a Risk Assessment.
- In a way you can understand, explain how risk will be controlled and tell you who is responsible for this.
- Prevent or adequately control exposure to substances which may damage your health (COSHH).
- Providing adequate welfare facilities.
- Provide adequate first-aid facilities.
- Provide free, any protective clothing or equipment, and ensure its properly looked after.
- Appoint someone competent to assist with health and safety responsibilities, and consult you or your safety representative in protecting everyone from harm in the work place.
- Work with any other employers or contractors, members & volunteers sharing the same workplace, so that everyone's health & safety is protected.
- Make sure that the workplace satisfies health, safety and welfare requirements, e.g. for ventilation, temperature, lighting, and sanitary, washing and rest facilities.
- Have insurance that covers you in case you get hurt at work or ill through work, and display a copy where you can easily read it.
- Report major injuries and fatalities at work to the Health and safety at work Inspectorate on 01624 685 881. Report other injuries, diseases and dangerous incidents online at [www.gov.im/hswi](http://www.gov.im/hswi)

### What you must do

- Follow the training you have received when using any work items your employer has provided
- Taking reasonable care for your own health and safety.
- Co-operating with your employer on health and safety.
- Correctly using work items provided by your employer, including Personal Protective Equipment, in accordance with training or instructions.
- Do not interfere with or misuse anything provided for your health, safety and welfare.

### If you think there is a problem

- first discuss it with your employer, supervisor or manager, or your health and safety representative.
- You can also look at our website for general information about health and safety at work.
- If, after talking to your employer you are still worried, you can contact the Health and Safety at Work Inspectorate in confidence

### Fire Safety

- You can get advice on fire safety from the Fire Rescue Services

## Health and Safety at work Inspectorate

Department of Environment, Food and Agriculture, The Slieau Whallian

Foxdale Road, St Johns, IM4 3AS

Telephone: 01624 685 881 Email: [worksafe@gov.im](mailto:worksafe@gov.im) online: [www.gov.im/hswi](http://www.gov.im/hswi)