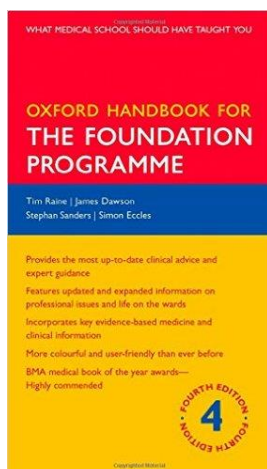


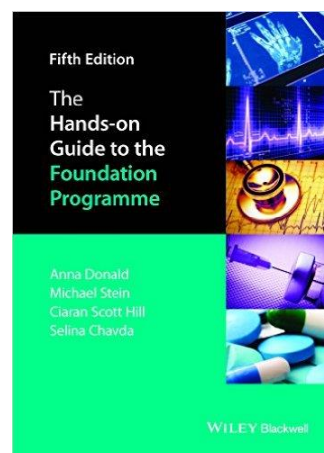
# Resources Guide for Foundation Trainee Doctors



1. **The Oxford Handbook for the Foundation Programme** returns for a new edition with clear and thorough clinical guidance and honest advice to help you excel in your first two years as a doctor.

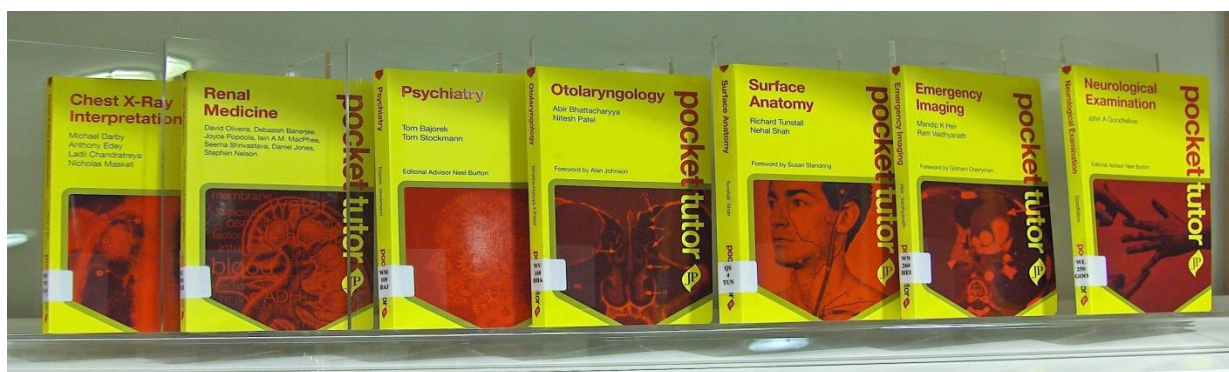
This edition has been fully updated in line with the latest guidelines and gives you practical, step-by-step guidance on everything from neurological to gastroenterological presentations. Emergency presentations are easily identifiable, giving you fast access to the information you need. This edition also includes a fully revised chapter on pharmacopeia with references to the British National Formulary, as well as chapters on practical procedures and interpreting results, acting as a guide for surviving on - and off - the wards.

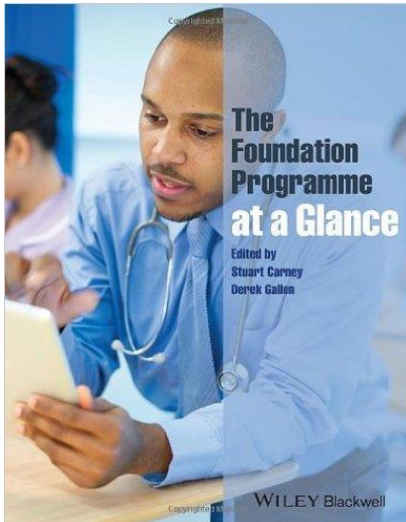
2. **The Hands-on Guide to the Foundation Programme, Fifth Edition** is a practical guide for medical students and foundation doctors, dealing with the many challenges of the programme. With hints, tips and realistic advice on various aspects of the course, from self-care to prescribing, this guide provides invaluable support, with up-to-date information on postgraduate training and recruitment, practical management skills and career pathways to help build confidence, enabling you to hit the ground running.



This edition features newly expanded sections on emergencies, psychiatric evaluation, the Situational Judgement Test, and the common calls and conditions you will encounter on a daily basis. The Hands-on Guide to the Foundation Programme is a perfect companion to assist the junior doctor in preparing for the intellectual and emotional challenges of the foundation years.

3. **Pocket Tutor - The Pocket Tutor series** is designed to provide instant access to practical information that students and junior doctors need "on the go". From reminders of key first principles to tips on how to think like a clinician, the logical structure and clear language help reinforce knowledge and build confidence.

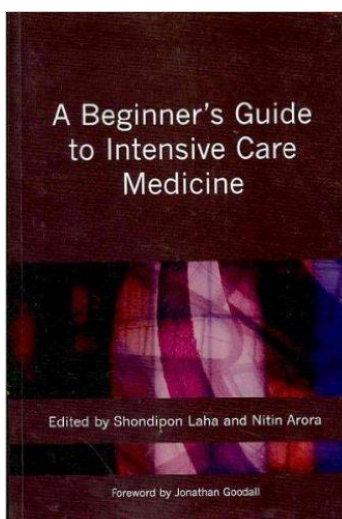
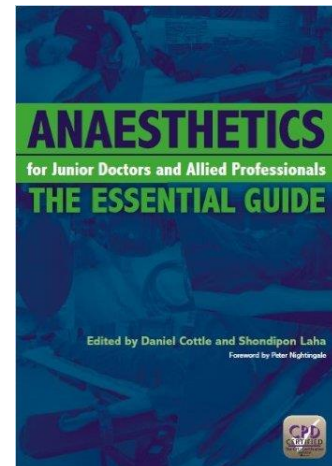




4. Providing an overview of the formative years of a junior doctor's career, **The Foundation Programme at a Glance** consolidates the generic and condition-specific skills required to excel in this stage of training. Taking a simple and holistic approach to providing support for junior doctors, it integrates text and image content to suit all learning styles.

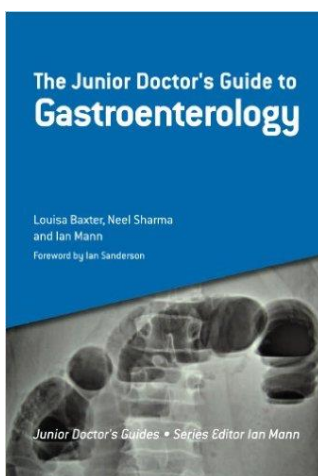
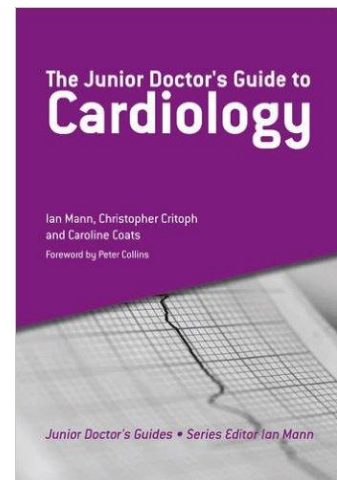
Sections include advice on making the most of your training, tips on good clinical practice, communication, and common presentations and conditions. Edited by the National Director and Deputy National Director of the UK Foundation Programme, each section is written by experts in their respective fields, presenting insights into the programme with unrivalled authority.

**5. Anaesthetics for Junior Doctors and Allied Professionals** provides practical and clinically relevant advice in easily understandable sections to give you confidence and prepare you for your days in theatre – without the complicated physiology, pharmacology and physics. It allows you to understand the most common drugs and provides a rationale for using them. It's the perfect quick, clinical reference for dealing with common problems and emergencies; ideal for everyday use.



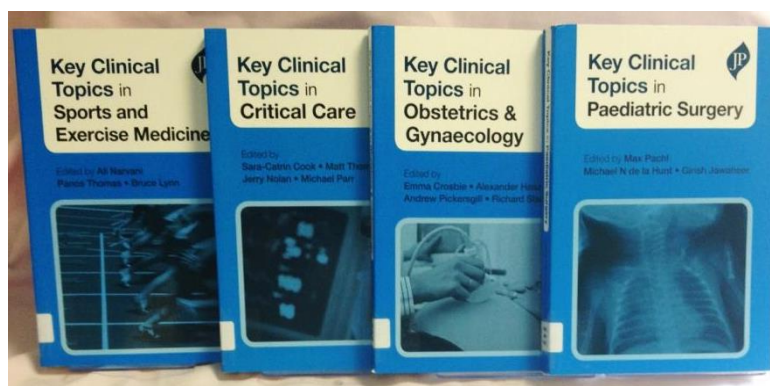
**6. A beginner's Guide to Intensive Care Medicine** is a pragmatic guide to the basics of ICUs, patient management and emergencies. It also addresses recent and future developments in a variety of areas including organ donation, the Mental Capacity Act and management of the acutely ill patient. The book is divided into short, easy-to-read topics, which have clearly outlined learning goals and emphasise the continuities between intensive care medicine and other forms of care. Foundation, Acute Common Stem and Anaesthesia junior doctors facing their initial attachment in Intensive Care will find this essential reading. Nurses, pharmacists, physiotherapists and allied health professionals working in ICUs will also find it an invaluable guide.

**7. The Junior Doctor's Guide to Cardiology** (Junior Doctor's Guides) (Junior Doctor's Series) is a user-friendly manual for the junior doctor. Concise and easy to read, it is invaluable for day-to-day clinical cardiology while out on the wards. It provides a logical, stepwise guide through the more common problems encountered in cardiology and assists with clinical practice and decision making. Complications, prognoses and comprehensive explanations of investigations aid in understanding why certain tests are requested and how to interpret their results.



**8. The Junior Doctor's Guide to Gastroenterology** (Junior Doctor's Guides) (Junior Doctor's Series) practical, user-friendly guide to gastroenterology for the junior doctor consolidates knowledge on common gastroenterology problems. Its unique approach offers logical explanations of investigations and ways to interpret results; it also outlines complications, prognoses and management and contains vital information on running successful ward rounds. Concise and easy to read, The Junior Doctor's Guide to Gastroenterology helps you to make informed, confident decisions and gives you the assurance to optimise your time in gastroenterology.

**9. The Key Clinic Topics Series** offer an indispensable and practical guide for exam revision and clinical practice and consist of over 100 topics with succinct coverage of clinical features, diagnosis, treatment and complications. Arranged in a consistent, standardised manner to facilitate ease and speed of use this series use illustrations,



clinical photos and diagrams to improve understanding of key concepts and include practice Q&A's with detailed rationales for every answer. Written and edited by specialists with a wealth of clinical experience, these books provide rapid access to core topics.



**10. JP postgraduate Exam Series** are indispensable postgraduate revision aids including; concise, high yield revision notes for postgraduate exams, practice Q&A's with detailed rationales for every answer and uniform, evidence-based content for rapid access and use at any point of your career. Titles available include;

- MRCS PART A: 500 SBAs and EMQs
- MRCS PART B OSCE: Anatomy MRCS Applied Basic Science and Clinical Topics
- Revision Notes for the MRCS Viva
- FRCS General Surgery: Section 1 SBAs and EMIs
- MRCOG PART 2: 550 MCQs, EMQs and SAQs
- First FRCR Anatomy: Mock Papers
- 300 Single Best Answers for the Final FRCR Part A
- Revision Notes for the Final FRCR Part A



- Final FRCR Viva: 100 Cases and Revision
- First FRCR Anatomy: Practice Cases
- MCEM Part C: 110 OSCE Stations
- FRCS Tr & Orth: MCQs and Clinical Cases
- GPST Stage 3: Written and Simulation Exercises
- MRCP PART 2: 450 BOFs
- MRCP PART 1: 400 BOF
- MRCP PACES: 180 Clinical Cases