

**ISLE OF MAN GOVERNMENT CATERING SERVICES
SCHOOL MEAL DISHES AND THEIR ALLERGEN CONTENT**

DISHES														
WEEK 2 MONDAY	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fish Fingers		✓			✓									
Boiled Egg				✓										
Tuna					✓									
Jacket Potato														
Sauté Potato														
Garden Peas														
Currant Bun		✓												✓
TUESDAY	Celery	Cereals	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chinese Chicken														
Sweet & Sour Sauce		✓												
Smoked Mackerel					✓									
Noodles		✓		✓										
Carrots														
Fruit Jelly														
WEDNESDAY	Celery	Cereals	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Meat Free Pasta Bolognese		✓		✓										
Diced Chicken Mayo				✓										
Garlic Bread		✓					✓							

Jacket Potato														
Sweetcorn														
Chocolate Whirl							✓							
THURSDAY	Celery	Cereals	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Turkey														
Cheese Pasty		✓					✓							
Roast Potatoes														
Broccoli														
Tinned Fruit Cocktail														
Long Life Cream							✓						✓	
FRIDAY	Celery	Cereals	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pepperoni Pizza		✓					✓						✓	
Tuna Mayonnaise				✓	✓									
Potatoes														
Jacket Potato														
Spaghetti Hoops		✓					✓						✓	✓
Millionaires Shortbread		✓					✓						✓	✓

Sweetcorn														
Ice Cream							✓							
Fruit Sauce														
THURSDAY	Celery	Cereals	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pork Sausages		✓												✓
Grated Cheese							✓							
Tuna (No Mayo)					✓									
Seasonal Vegetables														
Mashed Potato							✓							
Jacket Potato														
Vanilla Yogurt							✓							
Dried Apricots														✓
Raisins														✓
Dried Cranberries														✓
FRIDAY	Celery	Cereals	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef Burger		✓		✓										
Cheese Quiche		✓		✓			✓		✓				✓	
Potatoes														
Bread Roll		✓											✓	
Shortbread		✓					✓							

