

You can be smoke free

Quit4You offers

- ✓ Clinics and Appointments
- ✓ Your personal quit plan with Specialist Stop Smoking Advisors
- ✓ Vouchers for Nicotine Replacement Therapy
- ✓ Quit4Two Pregnancy Service

Talk to your healthcare provider,
or find out more at
gov.im/quit4you



**Isle of Man
Government**
Reillys Ellan Vannin