State pension age for men and women

Date of birth

Date State Pension age reached

Before 6 December 1953	65th birthday
6 December 1953 to 5 January 1954	6 March 2019
6 January 1954 to 5 February 1954	6 May 2019
6 February 1954 to 5 March 1954	6 July 2019
6 March 1954 to 5 April 1954	6 September 2019
6 April 1954 to 5 May 1954	6 November 2019
6 May 1954 to 5 June 1954	6 January 2020
6 June 1954 to 5 July 1954	6 March 2020
6 July 1954 to 5 August 1954	6 May 2020
6 August 1954 to 5 September 1954	6 July 2020
6 September 1954 to 5 October 1954	6 September 2020
6 October 1954 to 5 April 1960	66th birthday
6 April 1960 to 5 May 1960	66 years and 1 month
6 May 1960 to 5 June 1960	66 years and 2 months
6 June 1960 to 5 July 1960	66 years and 3 months
6 July 1960 to 5 August 1960	66 years and 4 months
6 August 1960 to 5 September 1960	66 years and 5 months
6 September 1960 to 5 October 1960	66 years and 6 months
6 October 1960 to 5 November 1960	66 years and 7 months
6 November 1960 to 5 December 1960	66 years and 8 months
6 December 1960 to 5 January 1961	66 years and 9 months
6 January 1961 to 5 February 1961	66 years and 10 months
6 February 1961 to 5 March 1961	66 years and 11 months
6 March 1961 to 5 April 1977	67th birthday
6 April 1977 to 5 May 1977	6 May 2044
6 May 1977 to 5 June 1977	6 July 2044
6 June 1977 to 5 July 1977	6 September 2044
6 July 1977 to 5 August 1977	6 November 2044
6 August 1977 to 5 September 1977	6 January 2045
6 September 1977 to 5 October 1977	6 March 2045
6 October 1977 to 5 November 1977	6 May 2045
6 November 1977 to 5 December 1977	6 July 2045
6 December 1977 to 5 January 1978	6 September 2045
6 January 1978 to 5 February 1978	6 November 2045
6 February 1978 to 5 March 1978	6 January 2046
6 March 1978 to 5 April 1978	6 March 2046
6 April 1978 onwards	68th birthday

- 1. A person born on 31 July 1960 is considered to reach the age of 66 years and 4 months on 30 November 2026.
- 2. A person born on 31 December 1960 is considered to reach the age of 66 years and 9 months on 30 September 2027.
- 3. A person born on 31 January 1961 is considered to reach the age of 66 years and 10 months on 30 November 2027.