

Older Persons Mental Health Service and Memory Clinic

Memory Service Factsheet

If you have concerns about your memory please visit your GP. Your GP will explain the referral process which will commence by him/her requesting a number of routine blood tests.

Your GP will then complete the necessary referral information and send it to the correct department for you to be seen.

Once in receipt of the referral you will be contacted (usually by telephone unless otherwise requested) by a specialist member of the Memory Services team who will arrange to visit you at your home address to complete an initial assessment.

The first appointment can be at your home address or at the Memory clinic if preferred. You will meet a member of our team and we will:

- Introduce the service
- Discuss your concerns
- Explore your history
- Complete assessments
- Provide details of support

Following this you may be given an appointment to see a consultant who will discuss your assessment results, any diagnosis and future care.

Depending upon your diagnosis, treatment and individualised plan, you may be seen at regular intervals by a member of the community team. You will also be seen every 6 months by your Memory Service Nurse who will monitor and review your medication, memory and well-being by completing memory (cognitive) and mood tests.

Should you be prescribed medication for your memory, you will be seen at outpatient appointments by the Consultant, Associate Specialist or one of the Nurse Prescribers at regular intervals until on the maximum dose and managing your medication.

Other support is available for you and family/carers. You are welcome to discuss any support you feel is required with any of the professionals involved in your care when you feel the need.

