



Department of Health and Social Care

Rheynn Slaynt as Kiarail y Theay

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NUTRITION AND DIETETIC DEPARTMENT

Paediatric Service



What is a Dietitian?

Registered Dietitians (RDs) are the only qualified health professionals that assess, diagnose and treat diet and nutrition problems at an individual and wider public health level. Uniquely, Dietitians use the most up to date public health and scientific research on food, health and disease, which they translate into practical guidance to enable people to make appropriate lifestyle and food choices.

The title Dietitian can only be used by those appropriately trained professionals who are registered with the Health Care Professions Council.

A Paediatric Dietitian is trained to assess, diagnose and treat dietary issues in children and infants.

Referral to a Paediatric Dietitian

In order for a child to be seen by a Paediatric Dietitian they must be referred by a Health Care Professional. This can be a GP, hospital doctor, School Nurse, Health Visitor or Practice Nurse. Once the referral has been received by the Dietetic Team it will be prioritised and a letter will be sent out informing the parent/guardian that their child has been referred and by whom. The parent/guardian will then be asked to contact the dietetic secretary to arrange an appointment.

Clinics

Paediatric clinics are held at Nobles Hospital in the Women and Children's Outpatient Department. The clinic to which a child is allocated will depend upon the referral.

The Paediatric Dietitian also sees children that are referred when in hospital.

Hours of work

The Department operates Monday – Friday 8.30am to 5.30pm. The service is unavailable during weekends and bank holidays, outside of these hours please contact your GP or MEDS if needed or leave a message on our answer machine and we will endeavour to return your call within 1 working day.

Further Information

For more information please contact the Nutrition and Dietetic Department on **650865** or visit the Nutrition and Dietetic webpage on the IOM government website at **www.gov.im/dietetics**



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The information in this leaflet
can be provided in

large format

or in audio format on request

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Noble's Hospital, Braddan, Isle of Man IM4 4RJ

Telephone: 01624 650000

Email: hospital.nobles@gov.im

www.gov.im/health