


Department of Environment Food & Agriculture

GUIDE TO THE SAFE PREPARATION AND COOKING OF TURKEY

 Oven Ready Weight	Thawing Time (fridge) below 5°C	Cooking time after preheating oven to 350°F/180°C Gas Mark 4
5lbs	27 hours	2- 2.5 hours
10lbs	54 hours	3- 3.5 hours
15lbs	81 hours	4.5- 5 hours
20lbs	109 hours	5.5 hours
25lbs	136 hours	6.5 hours
30lbs	163 hours	6.5- 7 hours
35lbs	190 hours	7- 7.5 hours
40lbs	218 hours	7.5- 8 hours
45lbs	245 hours	8- 8.5 hours