

**Crossroads is a Manx registered charity that has been providing respite to local carers for more than 30 years.**

**Our services help all carers regardless of age or individual care needs.**

**To find out more about carers and our services please get in touch.**



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Isle of Man Registered Charity Number 383



**We are an Isle of Man based charity that provides support to carers and people with care needs no matter their disability, age or illness.**

Our services are about improving the lives of carers by giving them time to have a break from caring. Our carer support workers take over the care responsibilities to create immediate and sustained respite giving carers time to be themselves away from their caring role.

We are the leading provider of practical and emotional support for carers in the Isle of Man and are the only on island service whose main focus is on the carer.

## ABOUT CARERS

A carer is someone who provides unpaid care and support to a family member, friend, partner or neighbour whose health and well-being would suffer without their help. This could be due to illness, disability, frailty, a mental health issue or addiction or substance misuse problems.

A carer can be a person of any age, from a child to an adult. Carers may care for more than one person, and some themselves may have a disability or illness.

Anyone can become a carer, at any time, due to a sudden event such as an accident, or through a gradual process when a person's physical or mental health slowly deteriorates.

**IT IS ESTIMATED  
THAT THERE ARE OVER  
10,000 CARERS  
LIVING IN THE ISLE OF MAN**



## CROSSROADS SERVICES

Crossroads provides services for all carers and people with care needs. Our services include:

- Care at Home
- Social Club
- Nursery
- Young Carers
- Crossroads Community Venture
- Premium Project
- ASK
- Nursery Outreach
- Holiday Scheme
- Building Bridges

**3 IN 5  
PEOPLE  
WILL BECOME  
A CARER  
DURING THEIR  
LIFETIME**