

Department of Health and Social Care

Rheynn Slaynt as Kiarail y Theay

ADVICE TO KIDNEY PATIENTS IN VIEW OF CORONAVIRUS PANDEMIC

- 1. Avoid contact with people who were tested positive for Coronavirus.
- 2. Avoid contact with adults/children who have fever, cough, muscle pain and fatigue.
- 3. Avoid contact with people who have recently returned home from abroad.
- 4. Avoid any un-necessary travel outside the Island.
- 5. Avoid events / places with large numbers of people.
- 6. Do not visit people in hospital or elderly persons in care homes.
- 7. Avoid un-necessary touching of surfaces, door handles, rails etc.
- 8. Follow good hand hygiene and avoid touching your face.
- 9. Clean surfaces at home regularly with disinfecting spray / wipes.
- 10. Use cough / sneeze etiquette (Catch it, Bin it and Kill it).
- 11. Contact the Renal Unit on 650171 if you have fever, cough, muscle ache and fatique.
- 12. Continue your medications as usual unless otherwise advised.