

**ADVICE TO RHEUMATOLOGY PATIENTS**  
**REQUESTING INFORMATION ON THEIR MEDICATIONS IN VIEW**  
**OF CORONAVIRUS PANDEMIC**

1. Avoid contact with people with respiratory/other infections, flu-like illnesses or children/adults with contagious illnesses.
2. Avoid any trips abroad which are not necessary.
3. Avoid events/places with large numbers of people.
4. Do not visit people in hospital or elderly persons in care homes.
5. Follow good hand hygiene and avoid touching face.
6. Continue rheumatological DMARD therapy unless advised not to take it – this should not be discontinued if patients do not have any symptoms of infection.
7. If you have any flu-like symptoms, cough, temperature, self-isolate and stop medication PLEASE ADVISE THE RHEUMATOLOGY TEAM IF YOU STOP YOUR MEDICATION OR HAVE BEEN ADVISED TO STOP YOUR MEDICATION BY THE GP OR THE EMERGENCY DEPARTMENT.
8. Please ensure that your vaccinations as per the black box on your clinic letters are up-to-date.