

## Children's Therapy Healthcare Professionals Roles



### **What do children's Occupational Therapists do?**

- ★ We evaluate how a child participates in his or her daily activities or 'occupations' at home, school or nursery.
- ★ We provide advice, programmes, treatments and equipment, where appropriate, to increase independence with functional, self-care and occupational tasks.
- ★ We assess a child's environment to decide whether adaptations are required to help improve his or her function.
- ★ Our assessment may indicate provision of equipment to support a child in completing their everyday activities.

A parent friendly leaflet regarding OT and involvement with children with can be found at this link [https://www.cot.co.uk/sites/default/files/marketing\\_materials/public/Occupational-therapy-and-Children-and-Young-People.pdf](https://www.cot.co.uk/sites/default/files/marketing_materials/public/Occupational-therapy-and-Children-and-Young-People.pdf)  
[https://www.cot.co.uk/sites/default/files/marketing\\_materials/public/OT-School-leaflet.pdf](https://www.cot.co.uk/sites/default/files/marketing_materials/public/OT-School-leaflet.pdf)

### **What do children's Physiotherapists do?**

- ★ We evaluate children's physical development and skills and provide treatment to improve, enhance or maintain them.
- ★ We work with children who have been ill or injured to rehabilitate them
- ★ We work with children and young people who have life-long conditions, to assist them and their families and carers in the management of such conditions
- ★ Treatments may include advice, interventions through play, equipment, exercise programmes or direct treatment.
- ★ Assisting with accessing community based physical fitness programmes  
<https://www.gov.im/categories/leisure-and-entertainment/national-sports-centre/sports-development-disabilities/>

Following an assessment the outcome will be discussed with the child, young person and family.