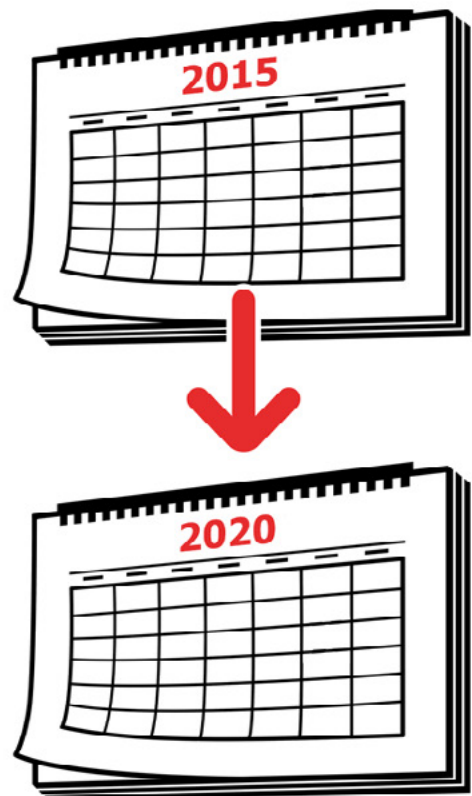
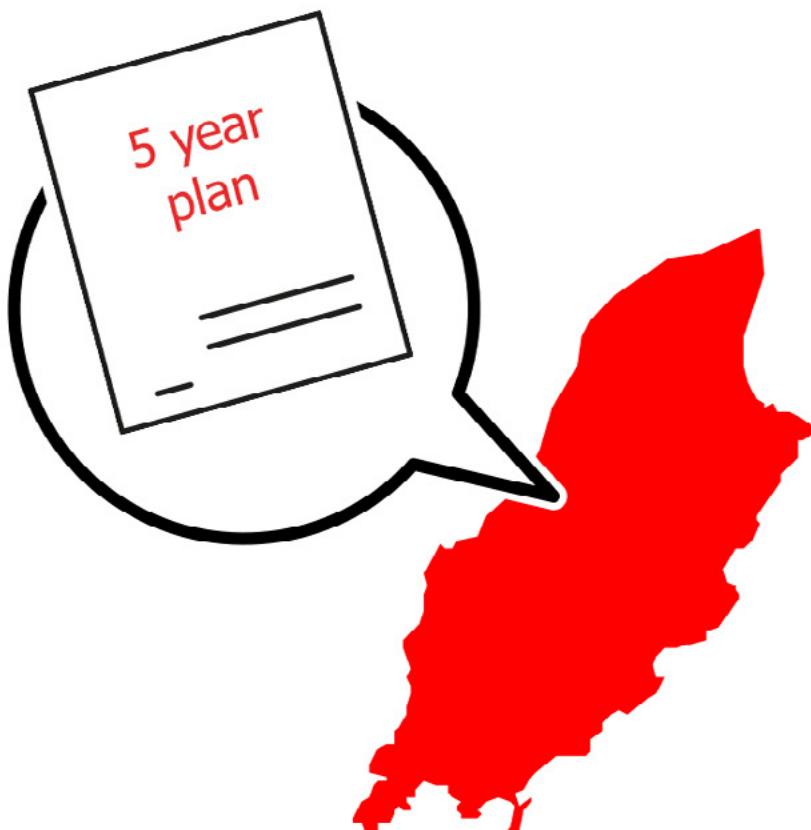


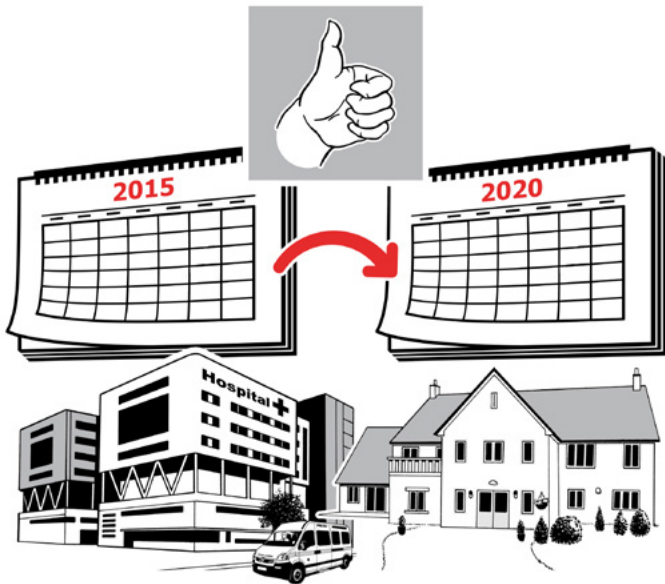


**Isle of Man  
Government**

*Reiltys Ellan Vannin*

# Department of Health and Social Care 5 year plan summary





**This document sets out our plans for taking action over the next five years to make health and social care services better for the people of the Isle of Man.**

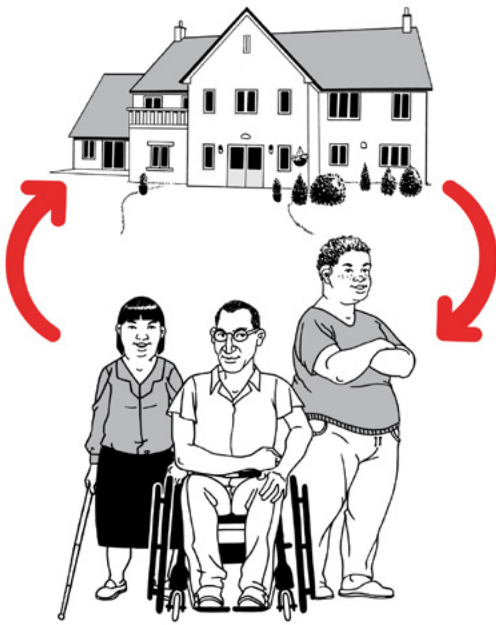


In January 2011, the Department of Health published 'A Strategy for the Future of Health Services in the Isle of Man'. It was a vision of how services would look in 10 years.

**The key points of this were:**

- ◇ We will focus more on preventing illness rather than just curing it, screening and being involved earlier when people need health support.





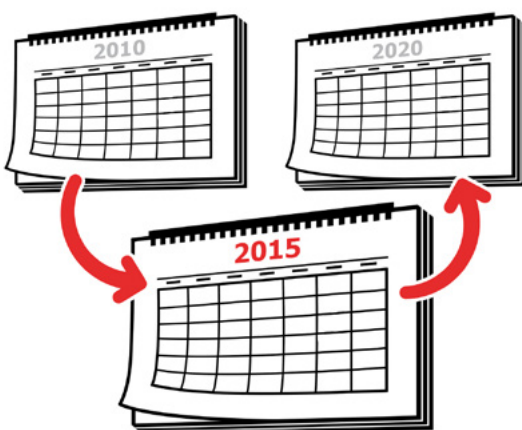
- ◇ Health services will be planned and designed around the health needs of the people that live here.



- ◇ Vulnerable groups of all ages will get the right kind of care.



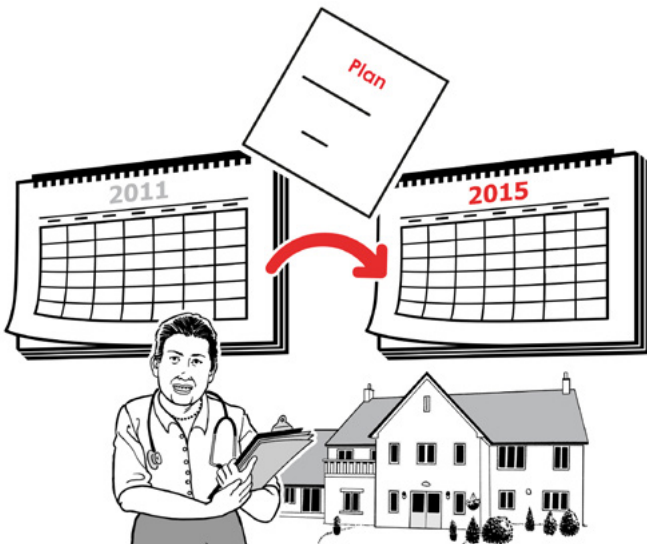
- ◇ More care will be based in the community rather than in hospital.



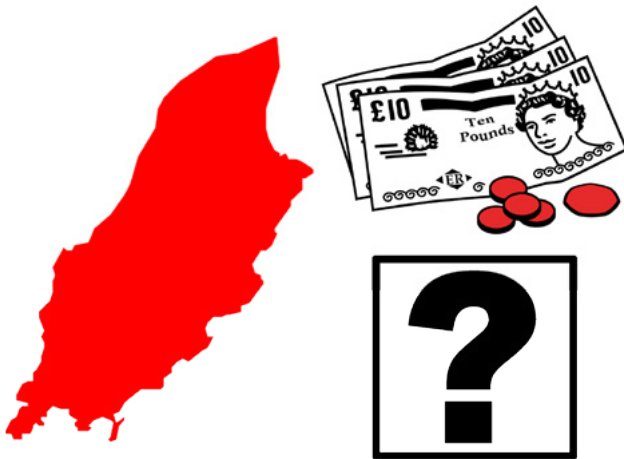
Now, as we are at the half-way point in that 10-year plan, it is time to look at what progress we have made and what still needs to be done.



We want the people of the Isle of Man to know what to expect from us over the next five years.



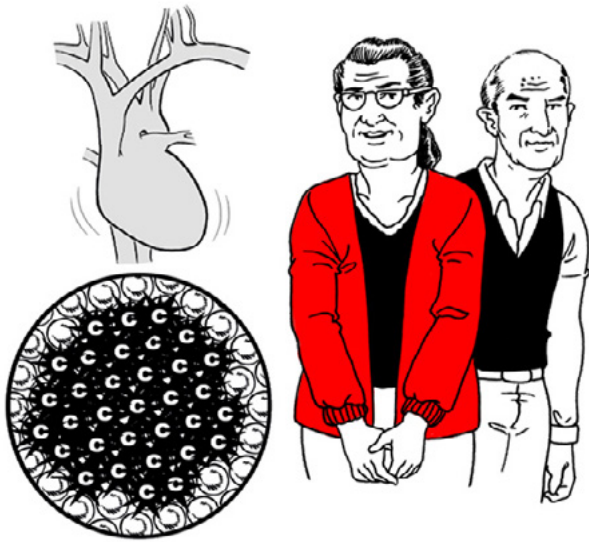
We need to update the 2011 plan so that it includes all the work the new Department of Health and Social Care does to provide joined-up health and social care services.



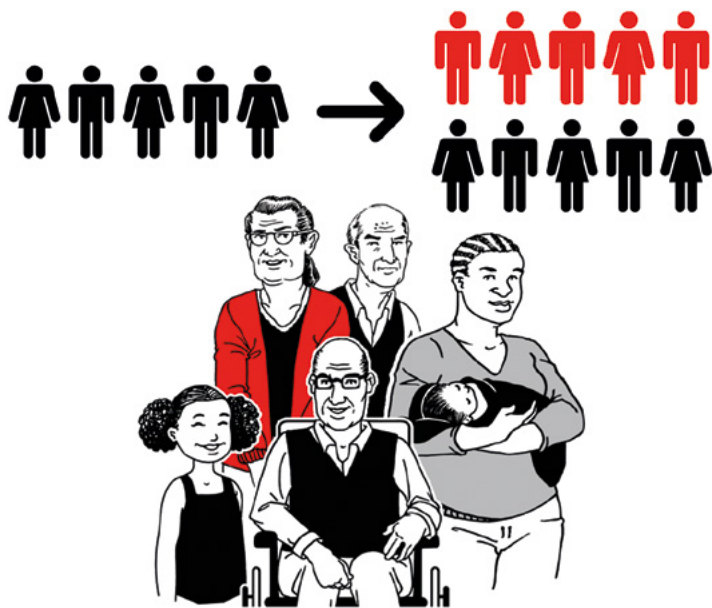
The Isle of Man has the same problems finding enough money for health and social care that other countries do.



People are living longer and that is a good thing.



But many problems get more common with age, like heart disease, stroke, cancer, lung disease, social loneliness and dementia.



The population of the Isle of Man is growing too, especially the numbers of older people and children.

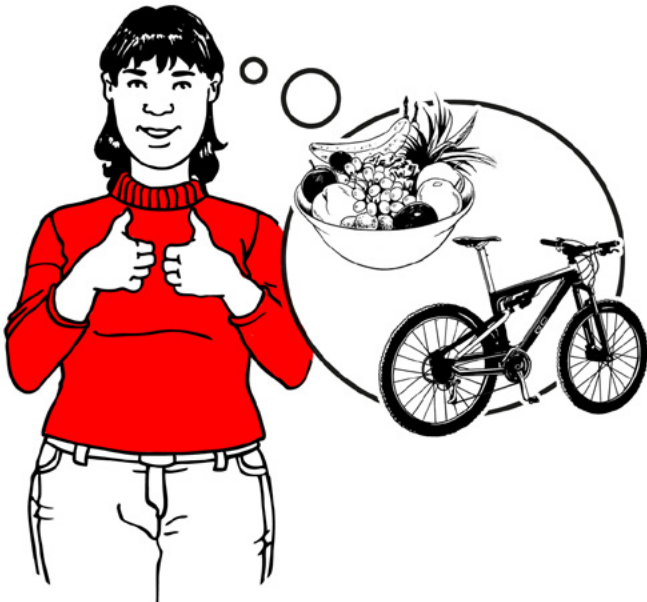


We want to improve the health and wellbeing of the people of the Isle of Man and deal with difficulties caused by money and the changing population by becoming more organised and better at what we do.

To help us do this we have set five goals.



**1** People should be in charge of their own health.

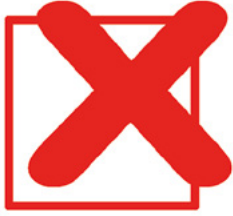


Helping people to make good lifestyle choices helps them and helps society because stopping illness from happening is a lot cheaper than treating it.



**The main areas where lifestyle changes can help people live longer and be healthier are:**

◇ being overweight and having a poor diet.



◇ lack of exercise.



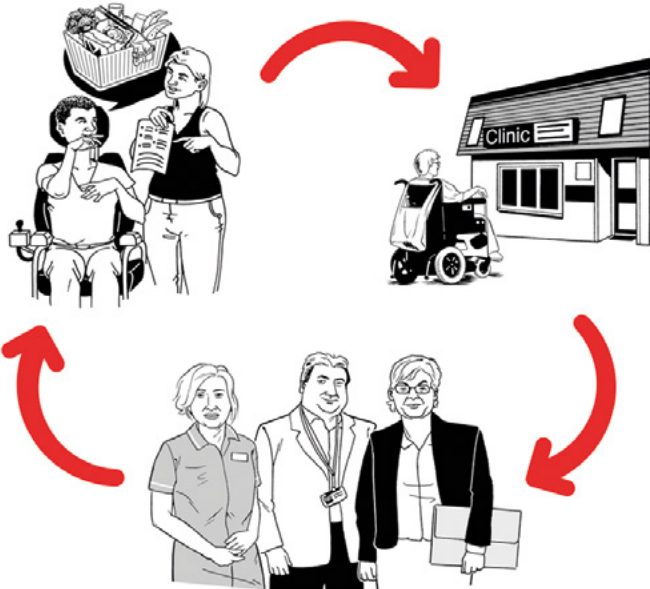
◇ smoking.



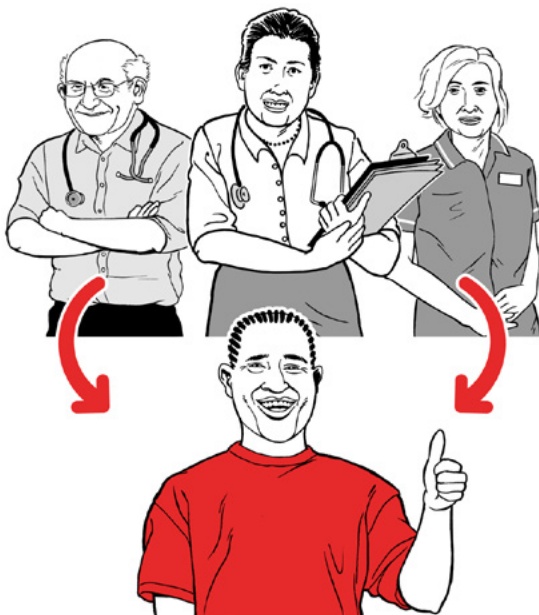
◇ drinking too much alcohol.



**2** We need to help people stay well in their own homes and communities, avoiding hospital or residential care when possible.



We want to get all of the services in the community working together. This will let us provide the best possible care.



We need primary healthcare, mental health and social care services to work together to meet all of each person's needs.





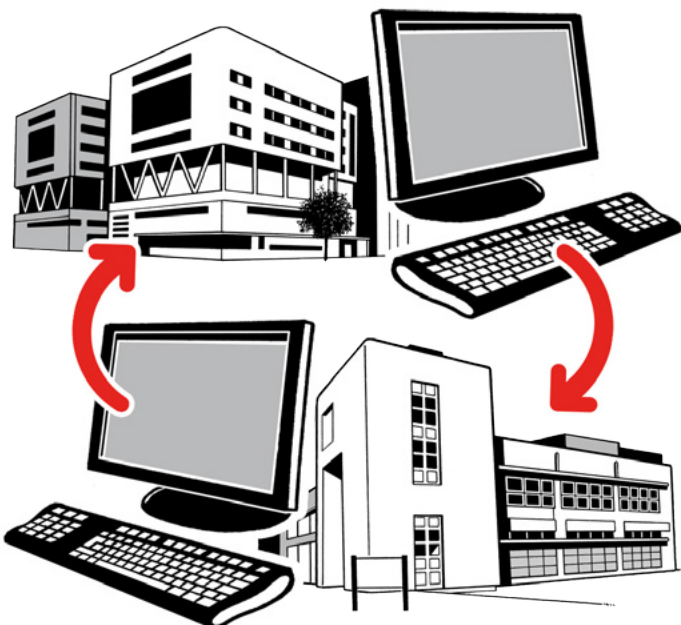
We will also continue to work together with voluntary organisations, faith communities and other organisations that support people.



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**3** We want to make services better for people who really do need care in hospital.

We will update ways of working in Noble's Hospital and improve how it runs. This will make the quality of services better.



We will also create links to other medical centres in the UK using computers.



More people staying in the community instead of in hospital will mean that hospital staff will have fewer patients and more time to do the work that only they can do.



We will use telemedicine and other technology to give people really good care.



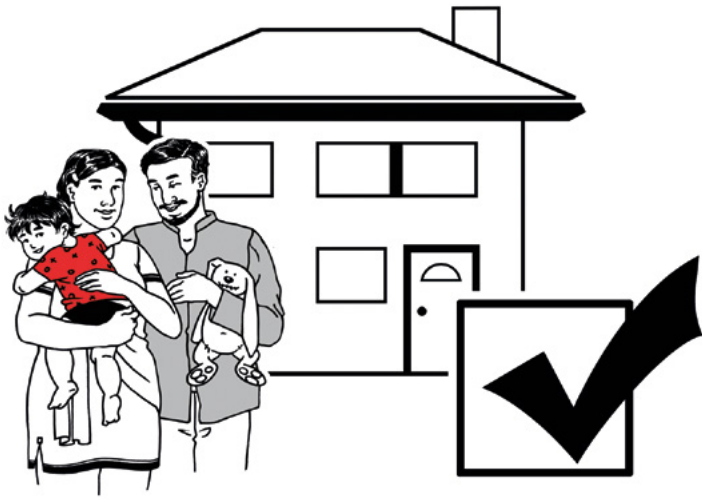
We will make sure patients can get special care from UK medical centres when it is not available on-Island.

4

We want to arrange for safeguards for people who cannot protect themselves.



There will be good services that can be trusted to make sure that children and adults are kept safe and supported to have good lives.



We want to create more foster care so that residential care is used only when it is the best thing for that child.



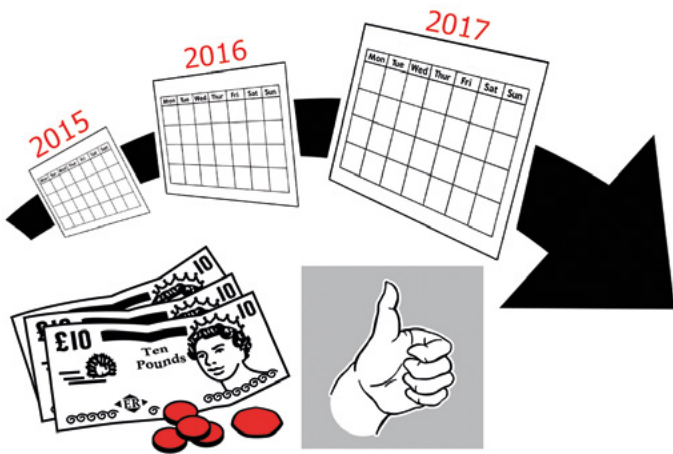
Most adults will not need special safeguarding (keeping safe), But there is a small number who may need us to take action to keep them safe and be able to live where they want to live.

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**5** We want to make sure people get good value health and social care.

The total Government spending on health and social care services in 2014/15 was about £234 million.





Being more organised and working in better ways will save money so that we have enough to carry on giving care for a long time.



We will do this by making the most of our staff and their skills and using new ideas and technology.



We have to get better at managing how we spend our money and make sure that our community knows what we do with it.



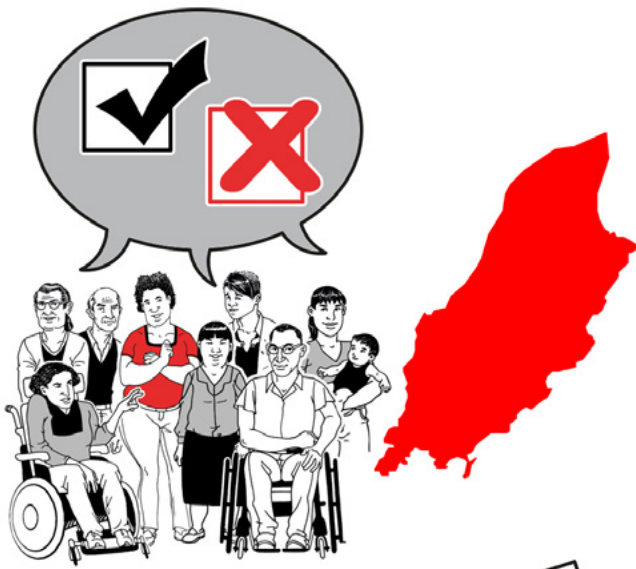
Almost half of the people getting social care support pay some money towards the cost of their support, and we will make sure that they keep getting the best value for their money.



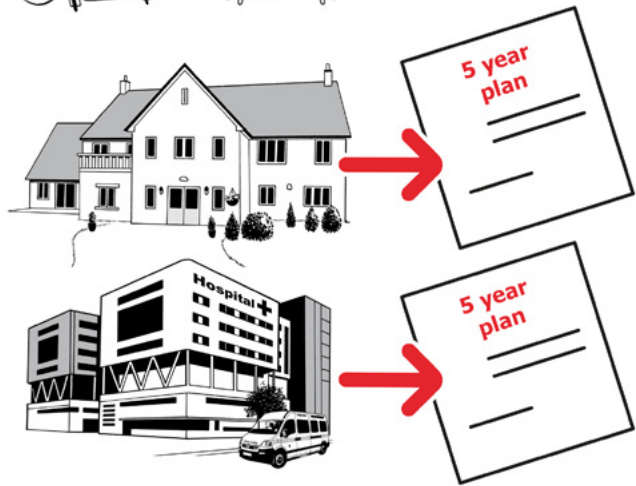
This plan is big and we need to work together with others to get it right.



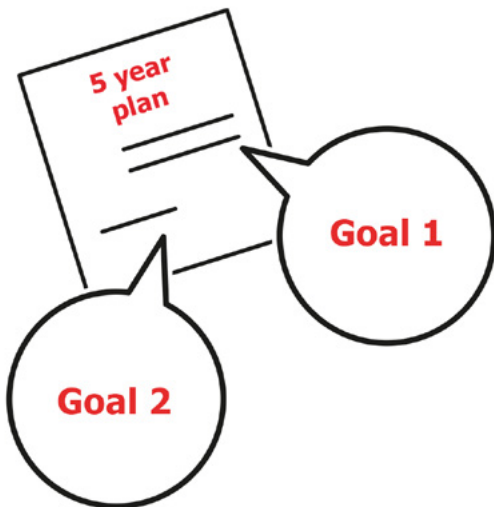
We know that we all need to work together with clinicians, health and social care professionals, patients, service users, clients and carers to make properly joined-up care for each individual.



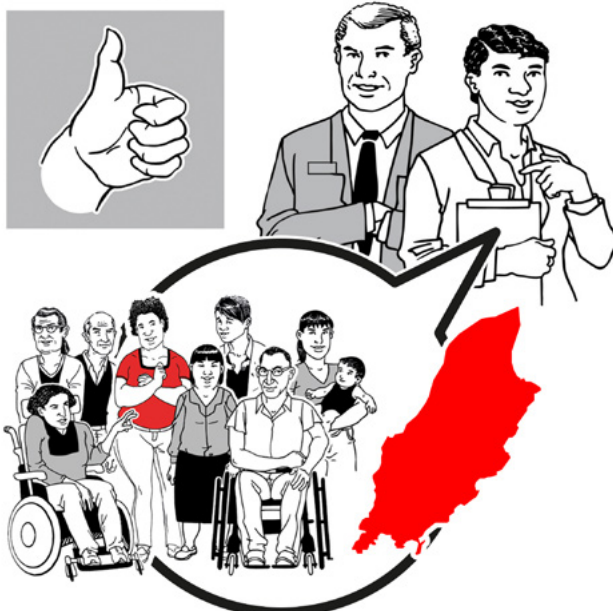
Everyone in the Isle of Man will have the chance to get involved and give their view.



The next stage will be for each group in the Department of Health and Social Care to make its own plan, saying how they will work towards these goals.



We want these 5 year plans to show what goals will be achieved and how they will be delivered.



Service managers will have these goals written into the plans of what they must do. They will work hard to make sure we keep our promises to the people of the Isle of Man.